

SOCIAL SERVICES

Social Security	800-772-1213 ssa.gov
ACCESS - San Diego Family Resources Center, CalFresh (*Food), Cash Assistance, Health Care	866-262-9881 sandiegocounty.gov
NCTD-Transportation	760-966-6500
Vista Branch Library	760-643-5100
Feeding America	858-452-3663 feedingamericasd.org
VUSD Foster Youth Services	Cheree McKean and Rhonda Marriott Spencer, Coordinators 760-726-2170 ext. 92184/ext. 92186 chereemckean@vistausd.org rhondamarriottspen@vistausd.org
Interfaith Community Services	760-721-2117 760-480-6380
Salvation Army (*Senior Nutrition)	760-631-8279 760-631-8212
SDG&E (Care Program)	800-411-7343

LEGAL SERVICES

Legal Assistance	California Indian Legal Services 800-743-8941
Immigration	800-375-5283 uscis.gov
Legal Clinic (Domestic Violence, Sexual Assault, and Stalking only)	858-272-1574
North County Regional Center (Courthouse Information)	760-201-8600
Department for Child Support Services	866-901-3212 childsupport.ca.gov
Legal Aid	877-LEGAL-AID (877-534-2524) 760-722-1935
211 San Diego	211 800-227-0997 (toll-free, out of area)

FOOD

The Jacobs and Cushman San Diego Food Bank: Good Start for Women + Children	Shelly Hahne 858-863-5132 shahne@sandiegofoodbank.org
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SHELTER

Brother Benno Foundation	760-437-1244 brotherbenno.org
Salvation Army (Family Services)	760-631-4712 salvationarmyusa.org/usn/provide-shelter/
Women, Infant, and Children (Oceanside)	800-500-6400 wicprograms.org
Lifeline Community Services	760-726-0118 nclifeline.org
North County Community Service	760-757-7011 sdnccs.org
Operation Hope	760-536-3880 OperationHopeShelter.org
Catholic Charities	760-631-2819 (Vista) 619-231-2828 (San Diego)
Community Housing Works	619-282-6647 (Main Office) 760-432-6878 (Escondido) chworks.org
Vista Home Ownership Program	760-772-6191 (*waitlist)

HOUSING

Public Housing	HUD 619-557-5305 hud.gov
Center for Community Solutions	760-798-2835 (San Marcos) 858-272-5777 (San Diego)
Domestic Violence	760-633-1111
Women's Resource Center (Oceanside)	760-757-3500 wrcsd.org
Center for Community Solutions	888-385-4657 ccssd.org
Section 8 - San Diego Housing Commission	619-231-9400

HEALTH SERVICES

Medical and Dental Needs	Maternal, Child, & Family Health Services 800-675-2229
North Coastal Services	760-967-4475 (Mental Health)

San Diego Regional Center	858-496-4318
211 San Diego	211 800-227-0997 (toll-free, out of area)
Vista Community Clinic	760-631-5000 vistacommunityclinic.org

DOMESTIC/VIOLENCE/CHILD ABUSE/NEGLIGENCE

Women's Resource Center	760-757-3500
Child Protective Services	858-560-2191 800-344-6000
Battered Women Counseling & Referral	800-799-7233
Rape Crisis Center	619-697-7477 888-385-4657
Child Abuse Hotline	800-422-4453 858-560-2191
County Crisis Team (Crisis & Suicide Prevention)	888-724-7240
Narcotics Anonymous	866-331-1958
San Diego Regional Poison Center	800-222-1222 800-876-4766
Seekers Suicide Prevention Corps	760-585-7770 ssic.iseekers.org

GED/HIGH SCHOOL DIPLOMA

MiraCosta College	760-757-2121 ext. 8710
MMC Community Learning Center	760-795-8710 miracosta.edu
Palomar Community College	760-744-1150 ext. 2434 palomar.edu

JOB TRAINING/JOB OPPORTUNITIES/EMPLOYMENT

North County Coastal Career Center	760-631-6150 sandiegocatwork.com
R.O.P. *ESL/Citizenship (Oceanside)	760-966-4444 oside.k12.ca.us
Vista Adult Education-ROP	760-758-7122
SER, Jobs for Progress (*seniors job placement)	951-296-2929 ser-national.org

