

# Wellness Report Card

Boone County Schools

2023-2024



# Meal Programs Offered

Boone County Schools Child Nutrition program is administered through the United States Department of Agriculture (USDA), Kentucky Department of Education (KDE), the Kentucky Department of Agriculture (KDA) and the Boone County Board of Education. Comprehensive regulations must be followed in order to receive federal funding to operate the program.



The following USDA programs are provided in Boone County:  
**School Breakfast Program Lunch (SBP) = school meals at breakfast**  
**National School Lunch Program (NSLP) = schools meals at lunch**  
**Summer Food Service Program (SFSP) = summer meals**

# **CEP Schools**

**Community Eligibility Provision (CEP) - All students enrolled in a CEP school site will receive breakfast and lunch at no cost throughout the school year. However, it is still important for families to complete a Household Income Form (HIF) for non-meal related benefits associated with student free/reduced data. This provides a benefit for both the student's family and the school.**

## **Boone County has 11 CEP sites**

**Collins Elementary  
RA Jones Middle School  
Boone County High School  
Ockerman Elementary  
Yealey Elementary  
Steeplechase Elementary  
Burlington Elementary  
Kelly Elementary  
Goodridge Elementary  
Stephens Elementary  
Florence Elementary**

# Competitive Food Sales

**The sale of competitive foods and beverages to students during the school day shall be in compliance with current federal and state regulations. No school may sell competitive foods or beverages, whether from vending machines, school stores or canteens, classrooms, teacher or parent groups, from midnight before until thirty (30) minutes after the last school lunch period of the school day. From thirty (30) minutes after the last lunch period closes until thirty (30) minutes after the school day, food and beverages sold must conform to nutritional standards specified in state and federal regulations. Fund-raising activities held off of the school campus or not during the school day are not subject to regulatory requirements of 702 KAR 006:090 or federal competitive food limitations. The statute does not prohibit using food and beverage items as rewards for classroom/school-wide behavior or performance.**



# Vending Machines

Vending machine use by students shall be in compliance with current federal and state regulations. At the elementary school and middle school levels during the school day, only school-day approved beverages shall be sold in vending machines, e.g. (water, one hundred percent [100%] fruit/vegetable juice, low-fat milk (unflavored), non fat milk (unflavored or flavored) as permitted by the school meal requirements).

For students at the high school level, only school-day-approved beverages may be sold in vending machines during the school day, e.g. (water, one hundred percent [100%] fruit/vegetable juice, low-fat milk (unflavored), non-fat milk (unflavored or flavored) as permitted by the school meal requirements. In addition to the beverages listed above, other beverages as allowed in 7 C.F.R. Parts 210 and 220 may be available in vending machines at the high school level.

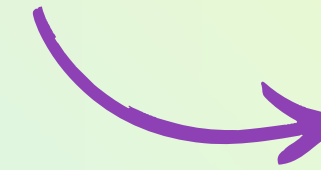
# 2023-2024 goals met

**Minimize menu changes as much as possible and work with vendors and suppliers to provide our needed products for the whole year at a reasonable cost.**

We are working with minimal food suppliers who have been able to meet at 96% fill rate on our orders to minimize menu changes and supply shortages.

**Maintain a strong social media presence for our students and families to stay up to date on everything happening in the foodservice department at their schools.**

We have very active social media accounts with positive feedback from the public on facebook and instagram. Please check us out!



**Reduce the rate of employee turn-over by providing competitive pay rates in the NKY area and providing continuing education opportunities for career growth.**

We were able to provide our staff with a 4% pay increase in the 22-23 school year and another 2% increase for the 23-24 school year. This year we also provided work apparel such as shirts, jackets, and shoes for all employees.

# 2024-2025 goals

Create more nutrition education opportunities for our staff to collaborate with school staff throughout the year.

Maintain a strong social media presence for our students and families to stay up to date on everything happening in the foodservice department at their schools.

Increase participation at breakfast so our students can be prepared to learn and with a healthy and nutritious breakfast at the start of their school day.





After school activities such as:

Intermural Basketball

Throwing and Fitness Club

Girls on the Run

Jump Rope for the Heart

Heart Maze

Cheerleading

Jump Rope Team

Fitnessgram

Wellness 5k

Active Bobcats

During school activities such as:

Field Days

UA Day Performances

Regular PE classes

Recess

Yoga / Fitness Classes

BMI Checks

Healthy Challenge Week

Outdoor Walking GAP

Mindfulness Videos

# Physical Activity



# DISTRICT WIDE WELLNESS

**MOVE IT  
MONDAY!**



**wellness  
wednesdays**



*Living* >> **Well**

# **Thank You**

**Stephanie Steele, FSD, SNS**  
**Boone County Food Service Department**