



EAP and Mental Health Support with Care Solace

Care Solace can help you access **mental health and substance use support** using your EAP and Insurance benefit in the following ways:

1. Connect you with a mental health provider covered by your EAP benefit.
2. Connect you with a mental health provider covered by your insurance benefit.
3. Connect you with a mental health provider covered by both your EAP and insurance.
4. Connect you with a mental health provider covered by your insurance after completing sessions covered by your EAP benefit.

To connect with a mental health or substance use treatment provider through Care Solace, please visit caresolace.com/laurel or call **888-515-0595**.

