Revere Preschool presents:

Supporting Preschool Success

Preschool Parent & Caregiver Workshop







Part 1: Friday, April 12th 2019 - Informational Session
Part 2: Friday, April 26th 2019 - Practice & Coaching Session

9:30AM - 10:30AM

Bath Elementary - Preschool Classroom

Information Session Overview

- Social, Emotional & Academic Expectations
- Importance of Early Skill Development
- Interpreting Children's Perspectives & Reactions to Situations
- At-home Activities to Support Development



FREE DOWNLOAD

40 Developmental Assets

The Developmental Assets® are 40 research-based, positive experiences and qualities that influence young people's development, helping them become caring, responsible, and productive adults.

Over time, studies of more than 5 million young people consistently show that the more assets that young people have, the less likely they are to engage in a wide range of high-risk behaviors and the more likely they are to thrive.

Research shows that youth with the most assets are *more* likely to:

- Do well in school
- Be civically engaged
- Value diversity

Research shows that youth with the most assets are *least* likely to have problems with:

- Alcohol use
- Violence
- Illicit drug use
- Sexual activity

Search

40 Developmental **Assets for Early** Childhood (ages 3 - 5)



Search > 40 Developmental Assets® for Early Childhood (ages 3 to 5)

Search Institute* has identified the following building blocks of healthy development-known as Developmental Assets*—that help young children grow up healthy, caring, and responsible.

	Support	1.	Family support—Parent(s) and/or primary caregiver(s) provide the child with high levels of consistent and predictable love, physical care, and positive attention in ways that are responsive to the child's individuality.
		2.	Positive family communication—Parent(s) and/or primary caregiver(s) express themselves positively and respectfully, engaging young children in conversations that invite their input.
			Other adult relationships - With the family's support, the child experiences consistent, caring relationships with adults outside the family.
			Caring neighbors—The child's network of relationships includes neighbors who provide emotional support and a sense of belonging. Caring climate in child-care and educational settings—Caregivers and teachers create environments that are nurturing, accepting.
			encouraging, and secure.
		6.	Parent involvement in child care and education—Parent(s), caregivers, and teachers together create a consistent and supportive approach to fostering the child's successful growth.
	Empowerment		Community cherishes and values young children—Children are welcomed and included throughout community life.
External Assets		8.	Children seen as resources—The community demonstrates that children are valuable resources by investing in a child-rearing system of family support and high-quality activities and resources to meet children's physical, social, and emotional needs.
			Service to others—The child has opportunities to perform simple but meaningful and caring actions for others. Safety—Parent(s), caregivers, teachers, neighbors, and the community take action to ensure children's health and safety.
	Boundaries &		
	Expectations		Family boundaries—The family provides consistent supervision for the child and maintains reasonable guidelines for behavior that the child can understand and achieve.
		12	Boundaries in child-care and educational settings—Caregivers and educators use positive approaches to discipline and natural consequences to encourage self-regulation and acceptable behaviors.
E		13	Neighborhood boundaries—Neighbors encourage the child in positive, acceptable behavior, as well as intervene in negative behavior,
1		14	in a supportive, nonthreatening way. Adult role models—Parent(s), caregivers, and other adults model self-control, social skills, engagement in learning, and healthy lifestyles.
			Positive peer relationships - Parent(s) and caregivers seek to provide opportunities for the child to interact positively with other children.
		16	Positive expectations—Parent(s), caregivers, and teachers encourage and support the child in behaving appropriately, undertaking challenging tasks, and performing activities to the best of her or his abilities.
	Constructive Use of Time	17	Play and creative activities—The child has daily opportunities to play in ways that allow self-expression, physical activity, and interaction with others.
	ose of fillie	18	Out-of-home and community programs—The child experiences well-designed programs led by competent, caring adults in well-maintained settings.
		19	Religious community—The child participates in age-appropriate religious activities and caring relationships that nurture her or his spiritual development.
		20	spannan development. Time at home — The child spends most of her or his time at home participating in family activities and playing constructively, with parent(s) guiding TV and electronic game use.
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	Commitment to Learning	21. Motivation to mastery—The child responds to new experiences with curiosity and energy, resulting in the pleasure of mastering new learning and skills. 22. Engagement in learning experiences—The child fully participates in a variety of activities that offer opportunities for learning. 23. Home-program connection—The child experiences security, consistency, and connections between home and out-of-home care programs and learning activities. 24. Bonding to programs—The child forms meaningful connections with out-of-home care and educational programs. 25. Early literacy—The child enjoys a variety of pre-reading activities, including adults reading to her or him daily, looking at and handling books, playing with a variety of media, and showing interest in pictures, letters, and numbers.
Internal Assets	Positive Values	 26. Caring—The child begins to show empathy, understanding, and awareness of others' feelings. 27. Equality and social justice—The child begins to show concern for people who are excluded from play and other activities or not treated fairly because they are different. 28. Integrity—The child begins to express her or his views appropriately and to stand up for a growing sense of what is fair and right. 29. Honesty—The child begins to understand the difference between truth and lies, and is truthful to the extent of her or his understanding. 30. Responsibility—The child begins to follow through on simple tasks to take care of her- or himself and to help others. 31. Self-regulation—The child increasingly can identify, regulate, and control her or his behaviors in healthy ways, using adult support constructively in particularly stressful situations.
	Social Competencies	 Planning and decision making—The child begins to plan for the immediate future, choosing from among several options and trying to solve problems. Interpersonal skills—The child cooperates, shares, plays harmoniously, and comforts others in distress. Cultural awareness and sensitivity—The child begins to learn about her or his own cultural identity and to show acceptance of people who are racially, physically, culturally, or ethnically different from her or him. Resistance skills—The child begins to sense danger accurately, to seek help from trusted adults, and to resist pressure from peers to participate in unacceptable or risky behavior. Peaceful conflict resolution—The child begins to compromise and resolve conflicts without using physical aggression or hurtful language.
	Positive Identity	37. Personal power—The child can make choices that give a sense of having some influence over things that happen in her or his life. 38. Self-esteem—The child likes her- or himself and has a growing sense of being valued by others. 39. Sense of purpose—The child anticipates new opportunities, experiences, and milestones in growing up. 40. Positive view of personal future—The child finds the world interesting and enjoyable, and feels that he or she has a positive place in it.

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Students Need Support to Flourish

Parents
Play
A
Critical
Role



The Developmental Relationships Framework

Young people are more likely to grow up successfully when they experience developmental relationships with important people in their lives. Developmental relationships are close connections through which young people discover who they are, cultivate abilities to shape their own lives, and learn how to engage with and contribute to the world around them. Search Institute has identified five elements—expressed in 20 specific actions—that make relationships powerful in young people's lives.

	Elements	Actions	Definitions
& *	Express Care Show me that I matter to you.	Listen Believe in me Be warm	.Be someone I can trustReally pay attention when we are togetherMake me feel known and valuedShow me you enjoy being with mePraise me for my efforts and achievements.
	Challenge Growth Push me to keep getting better.	Stretch	Expect me to live up to my potentialPush me to go furtherInsist I take responsibility for my actionsHelp me learn from mistakes and setbacks.
	Provide Support Help me complete tasks' and achieve goals.	EmpowerAdvocate	Guide me through hard situations and systemsBuild my confidence to take charge of my lifeStand up for me when I need itPut limits in place that keep me on track.
348	Share Power Treat me with respect and give me a say.	Include me Collaborate	Take me seriously and treat me fairlyInvolve me in decisions that affect meWork with me to solve problems and reach goalsCreate opportunities for me to take action and lead.
	Expand Possibilities Connect me with people and places that broaden my world.	Broaden horizons	Inspire me to see possibilities for my futureExpose me to new ideas, experiences, and placesIntroduce me to people who can help me grow.

NOTE: Relationships are, by definition, bidirectional, with each person giving and receiving. So each person in a strong relationship both engages in and experiences each of these actions. However, for the purpose of clarity, this framework is expressed from the perspective of one young person.

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DRDP (2015)

PS Fundamental View Rating Record

A Developmental Continuum from Early Infancy to Kindergarten Entry

For use with preschool-age children

Child's Name (First and Last):						
Statewide Student Identifier (10-digit SSID):						
Assessment Period (e.g., Fall 2015):						
Date DRDP (2015) was completed (e.g., 09/07/2015):	month	/_	day	_/ _	vear	

Note: The Rating Record is meant to be used together with the DRDP (2015) Instrument for keeping track of each child's developmental levels as you complete the assessment.

Instructions: Write the child's name, student identification number, and the date this Rating Record was completed. Mark the developmental level the child has mastered for each Measure. Check EM (emerging) if the child is "emerging" to the next level (optional). In the rare circumstance that you are unable to rate a Measure, mark UR. If you are not rating a child on a Conditional Measure, mark Conditional Measure.

			Responding		Exploring		Building		Integrating		Conditional Measure			
Measure	Measure Name	Earlier	Later	Earlier	Middle	Later	Earlier	Middle	Later	Earlier	Not yet	(Not rated)	EM	UR
ATL-REG 1	Attention Maintenance*													
ATL-REG 2	Self-Comforting*													
ATL-REG 3	Imitation*													
ATL-REG 4	Curiosity and Initiative in Learning													
ATL-REG 5	Self-Control of Feelings and Behavior													
ATL-REG 6	Engagement and Persistence													
ATL-REG 7	Shared Use of Space and Materials													
SED 1	Identity of Self in Relation to Others													
SED 2	Social and Emotional Understanding													
SED 3	Relationships and Social Interactions with Familiar Adults													
SED 4	Relationships and Social Interactions with Peers													
SED 5	Symbolic and Sociodramatic Play													
LLD 1	Understanding of Language (Receptive)													
LLD 2	Responsiveness to Language													
LLD 3	Communication and Use of Language (Expressive)													
LLD 4	Reciprocal Communication and Conversation													
LLD 5	Interest in Literacy													
LLD 6	Comprehension of Age-Appropriate Text													
LLD 7	Concepts about Print													
LLD 8	Phonological Awareness													
LLD 9	Letter and Word Knowledge													
LLD 10	Emergent Writing													

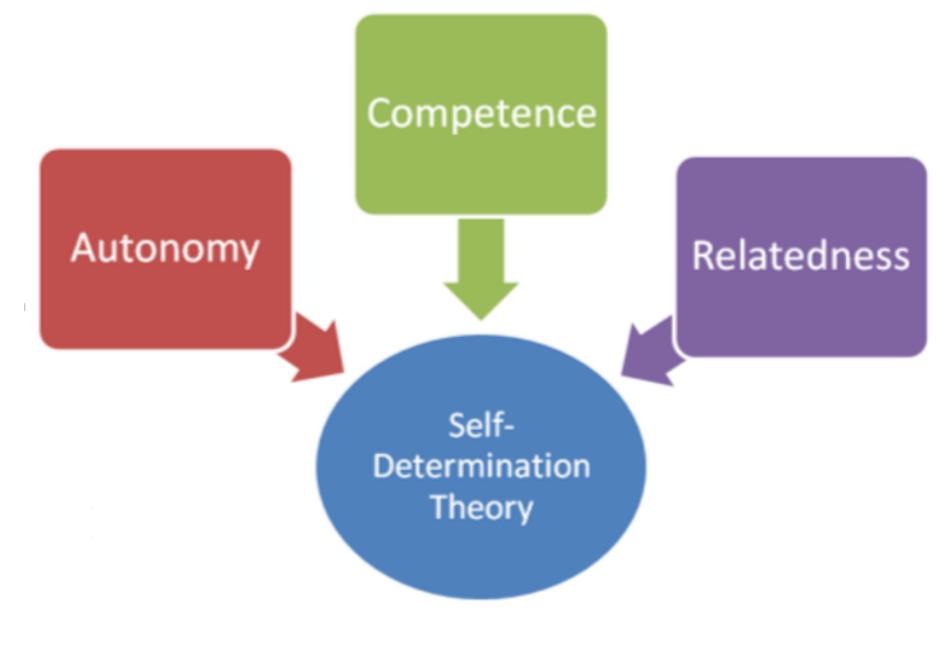
^{*}These measures required for children with IEPs.

MODELING

Infants Can
Learn the
Value of
Perseverance
by Watching
Adults



After observing grown-ups struggling with tasks, 1-year-old babies make more effort themselves.



Self-determination Theory





Understanding preschooler behaviour



Suitable for 1-8 years

Teaching skills to children: different approaches



Key points

- Sometimes difficult behaviour happens because children can't do what you expect. This means that new skills can help with difficult behaviour.
- You can use verbal instructions, modelling and step-by-step guidance to teach physical and social skills.
- Practice, repetition, praise and encouragement are key to learning new skills.

On this page:

- ↓ Parents teaching skills to children
- ↓ Instructions: teaching skills by telling.
- ↓ Modelling: teaching skills by showing
- ↓ Step by step: teaching skills by breaking down tasks
- ↓ Teaching skills: making the methods work for you.

Parents teaching skills to children

You are your child's first and most important teacher. Every day you're helping your child learn new information, skills and ways of behaving.

Teaching skills to children can be an important first step in managing their behaviour. For example, if your child doesn't know how to set the table, she might refuse to do it - because she can't do it. The solution? Teaching her how.



Found this helpful

You might also like



Praise. encouragement and rewards



Changing the environment: behaviour management tool



Teaching your child how to get dressed



Everyday skills for children with autism spectrum



Home • Resources & Services

Parent Favorites

A collection of our highest trending resources for parents.

There is no such thing as a perfect parent. Parenting is an ongoing process of learning who your individual child is and what he needs to thrive.



Our resources are designed to help you tune in to what makes your child tick, and to guide you in thinking about the best way to meet your child's individual needs.

Sign-up for our Parenting Newsletter!

Our newsletter, From Baby to Big Kid, offers science-based information on how child learn and grow. Receive information monthly that is matched to your child's age, from 0 to 36 months.

REGISTER FOR FROM BABY TO BIG KID

IN THIS SERIES

- 1. Ages and Stages
- 2. Social-Emotional Development

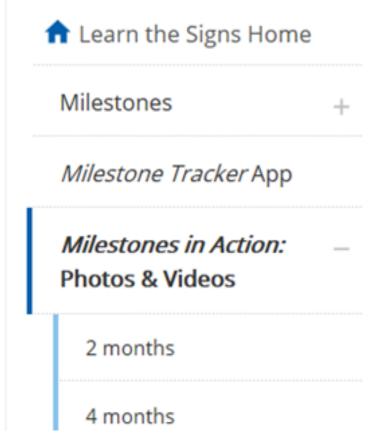
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- 3. Early Learning
- 4. Play
- 5. Challenging Behavior
- 6. Sleep
- 7. Positive Parenting Approaches
- 8. Brain Development
- 9. Temperament
- 10. Fatherhood
- 11. Discipline

Search

Learn the Signs. Act Early.

Learn the Signs Home > Milestones in Action: Photos & Videos



Milestones In Action : By Five Years

Español (Spanish)

Milestones Photo and Video Library

Social/Emotional

Language/Communication

Cognitive

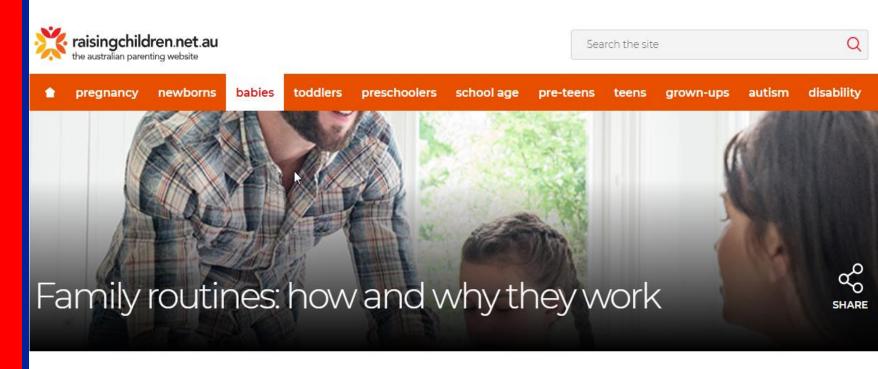
Movement/Physical Development

Parenting Guidance

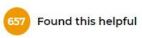
Routines for families: how & why they work

Raising Children Network

The Australian Parenting Website



Daily routines help all families get through everyday tasks. Routines can also build family bonds. A good routine caters for the needs of all family members.



You might also like



Adapting family rituals



Family rules

On this page:

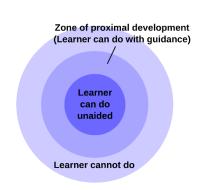
- ↓ Routines: the basics
- Children: why routines are good for them
- ↓ What makes a good daily routine?
- ↓ Toddlers and preschoolers: ideas for daily routines
- ↓ School-age children: ideas for daily routines.
- ↓ Routines for the whole family: ideas

A Growth Mindset Drives Motivation and Achievement



GROWTH MINDSET Resources

SCAFFOLDING LEARNING



Back-and-forth exchanges boost children's brain response to language: Study Finds engaging children in conversation is more important for brain development than "dumping words" on them.

Anne Trafton | MIT News Office February 13, 2018

The zone of proximal development, often abbreviated as ZPD, is the difference between what a learner can do without help, and what they can't do. Vygotsky stated that a child follows an adult's example and gradually develops the ability to do certain tasks without help.

Zone of Proximal Development Lev Vygotsky (1896–1934) Wikipedia

A New Framework for Understanding Parental Involvement: Setting the Stage for Academic Success **Angel L. Harris & Keith Robinson**

Figure 1. The Learning Environment and Parents' Message About the Value of Schooling: Stage-Setting

I. High-Low II. High-High Parents convey importance of education Parents unable to adequately convey importance of education, but have resources well and have resources to create "good" to create "good" environment and counteract environment and counteract negative and High negative and counterproductive environments counterproductive environments Outcome: Average Achievers Outcome: Solid High Achievers Conducive-to-III. Low-Low IV. Low-High Environment Moderate Parents unable to adequately convey Parents convey importance well, but lack importance of education and lack resources resources to create "good" environment or to create "good" environment or counteract counteract negative or counterproductive negative or counterproductive environments environments Low Outcome: Low Achievers Outcome: Mediocre or Average Achievers Moderate Low High

> Quality (Internalization) of the Message About the Importance of Schooling

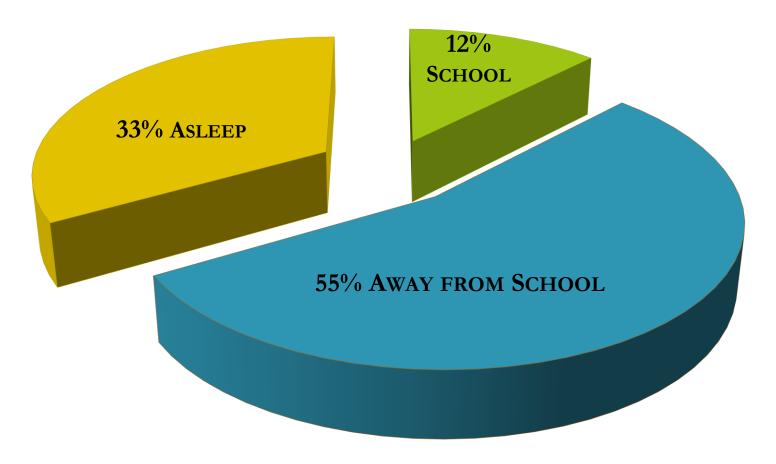
Source: Authors' calculations.

3

Quality or

Learning

It's a Matter of Time



Based on 6 hours of instruction, 180 days per year, and 8 hours of sleep time. (School = 1,080 Hours) (Sleep = 2,920 Hours) (Away from school = 4,760 Hours)





When your child isn't QUITE understanding or accepting your message regarding expectations...

SHOW THEM ESTABLISHED STANDARDS

- Share teacher feedback with your child to explain how you established your expectations
- Show them what a student in his/her grade should know and be able to do: Ohio Depart. of Ed.: Student and Parent State Tests Resource Portal

AS THEY GET OLDER:

- Show them what college entrance requirements look like
- Search together for examples of employers' expectations regarding required employment skills

Remind your child that improvement is a result of **CONSISTENT EFFORT** and that your job is not only to expect that he/she will be prepared for adulthood but to also ensure he/she gets there. It is also important to let your child know that you WANT to help him/her succeed!

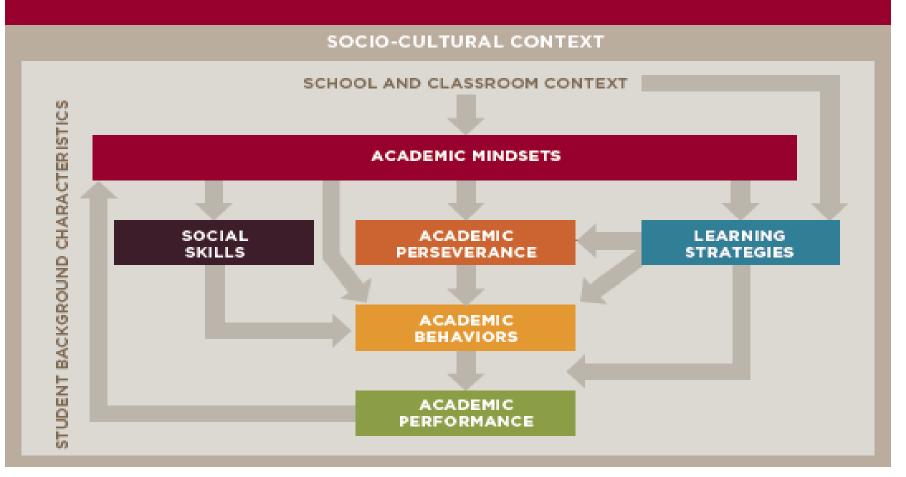
Studies across the fields of education, economics, and psychology indicate that non-cognitive skills predict a variety of adult outcomes, including academic achievement, employment, financial stability, criminal behavior, and health (Gabrieli, Ansel & Krachman, 2015).

THE IMPORTANCE OF NONCOGNITIVE SKILLS

Creating an Environment to Support and Encourage the Development of Self-Discipline is Your Most Important Discipline Strategy

Teaching Adolescents To Become Learners

The Role of Noncognitive Factors in Shaping School Performance: A Critical Literature Review



ACADEMIC MINDSET

- I belong in this academic community.
- My ability and competence grow with my effort.
- I can succeed at this.
- This work has value for me.

ACADEMIC PERSERVERANCE

- Grit and Tenacity
- Delayed Gratification
- Self-Discipline
- Self-Control

ACADEMIC BEHAVIORS

- Attendance
- Doing Homework
- Organizing Materials
- Participating, Studying

Verbalize What You Think About When Making Decisions

Things We May Consider When Buying Milk

Supports: Mental Math/Reasoning Development

- How much milk do we already have? When is the expiration date?
- How much milk will we need until we have time to go shopping again?
- Is it better to figure out how much milk we use in a day or a week?
- Should we buy more milk than we normally do because we want to make a recipe that requires it or because our family is working on drinking the recommended amount of milk each day?
- Is there enough room in the refrigerator for the milk we need? If not what can we do about it?
- What should we do if we find that the milk in the store is expected to expire before we can get back to the store to buy more milk?

LEARNING STRATEGIES

- Study Skills
- Metacognitive Skills
- Self-Regulated Learning
- Time Management
- Goal Setting

SOCIAL SKILLS

- Interpersonal Skills
- Empathy and Cooperation
- Assertion
- Responsibility



What can parents do to help their children succeed in school?

- Fifteen-year-old students whose parents often read books with them during their first year
 of primary school show markedly higher scores in PISA 2009 than students whose parents
 read with them infrequently or not at all.
- The performance advantage among students whose parents read to them in their early school years is evident regardless of the family's socio-economic background.
- Parents' engagement with their 15-year-olds is strongly associated with better performance in PISA.

Do Early Adolescents Want Family Involvement in Their Education? Hearing Voices from Those Who Matter Most





Family **Emotional** Support is an **Important** Factor to College Retention and Completion

College Student Inventory™

CSI Form B Sample Report

Shane Doe Student Report

Instructions

Shane, this is an interpretive report of your responses to the College Student Inventory. Its purpose is to help you identify your special interests and needs. The percentile ranks show how you compare to a larger sample of college students from across the country. Specifically, they indicate the percentage of students whose scores are equal to or less than yours. Since they are based on questionnaire information alone, they may give only a rough indication of your true attitudes. Your advisor or counselor will help you understand your scores and find the services you desire.

Motivational Assessment

Academic Motivation	Perc. Rank	Very Low	Very High
Study Habits Intellectual Interests Verbal and Writing Confidence Math and Science Confidence Desire to Finish College Attitude Toward Educators	10 4 33 90 31 72		
General Coping			
Sociability Family Emotional Support Opinion Tolerance Career Closure Sense of Financial Security	26 70 92 40 18		

Recentivity to Support Services

coopering to cappoin continuous		
Academic Assistance Personal Counseling Social Enrichment Career Counseling Financial Guidance	76 29 24 61 81	=_

Internal Validity

Excellent

Specific Recommendations

The strength of your recommendations is indicated by its priority score(0 to 3.3 = 10w, 3.4 to 6.6 = medium, 6.7 to 10.0 = high):

Get help with study habits	8.8
Get help with exam skills	8.3
Get help in finding a part-time job	8.2
Get help in obtaining a scholarship	8.2
Get help with writing skills	8.0
Get tutoring in selected areas	8.0
Get help in selecting an academic program	7.9
Get help in selecting an occupation	7.9
Get help with reading skills	7.9
Get help in finding a summer job	7.8

Student Background Information

	Academ	

Senior Year GPA B Average

Family Background

Racial/Ethnic Origin	White/Caucasia
Mother's Education	Some College
Father's Education	Professional

College Experience

and a manage	
Decision to Enroll	Many Months Befor
Degree Sought	Bachelor's
Plans to Work	11-20 Hours per We

Students may request that their report be removed from your file at anytime.

Preschool Parent Resources

Center of the Developing Child at Harvard University – "Early experiences affect the development of brain architecture, which provides the foundation for all future learning, behavior, and health." Milestone Tracker App – The CDC created a milestone tracker mobile app to help parents track children's developmental progress starting at 2 months and continuing through age five. Strive for Five! - Example educator resource translated into parent resource BabyCenter – Website, email and app providing advice and support on pregnancy, child development and parenting

<u>Vroom</u> – App designed to help parents and caregivers nurture their young children's growing minds <u>Ready4K</u> – Text messages to help parents prepare children for kindergarten

Mind in the Making – Sharing the science of children's learning with the general public, families and professionals who work with them

Search Institute: The Developmental Relationships Framework

Parent Toolkit – Early learning to college parent resource website

40 Developmental Assets (Ages 3 – 5) – Developmental Assets are 40 research-based, positive experiences and qualities that influence young people's development, helping them become caring, responsible, and productive adults

Family Support Services community-based services to assist and support parents in their role as

caregivers.

Zero to Three – Early Connections Last a Lifetime Resources and Services Parenting Science -- The authoritative parenting style: Warmth, rationality, and high standards