

## **Community Resources**

### **Mental Health**

Lorenz Clinic (counseling/therapy - Locations in Victoria and Chaska)	952-443-4600
The Jonas center (counseling/therapy - Location in Cologne)	952-361-9700
Lighthouse Counseling (Waconia)	844-613-7270
Clinical and Developmental Services (Waconia)	952-955-4714
First Street Center (crisis services, mental health assessments, therapy and psychiatry to adults, adolescents, and Children in Carver County, case management services, and chemical health services)	952-442-4437
Child and Family Services (Michelle Selinger - Child and Family Manager)	952-361-1600
Crisis Line (24/7 -- carver county)	952-442-7601
David Hoy and Associates (Behavioral therapist, skills worker, etc.)	952-361-3360
PrairieCare (day treatment, partial hospitalization, mental health services - Chaska)	952-903-1350
PrairieCare (residential treatment - Maple Grove)	952-826-8400
Anicca Day Treatment (can make referral for carver county intake for 7th-12th grade)	952-361-1600
Fraser (mental health services - various locations)	952-767-7222
MnChoices Assessment Referral	952-361-1999
Program that provides long-term assistance and resources for children and adults with disabilities	
Children's Mental Health Case Management	952-361-1999

### **Basic Needs**

Bridge to Benefits (website to help you determine what benefits/supports that you qualify for)	<a href="http://bridgetobenefits.org">bridgetobenefits.org</a>
Carver County Community Social Services (general questions)	952-361-1600
Scott County Community Social Services (general questions)	952-445-7750
Bountiful Baskets (serves residents of Carver, Chaska, Chanhassen, and Victoria)	952-556-0244
Southwest Carver County Food Shelf (serves residents of Cologne, Hamburg, and Norwood)	952-467-1870
Waconia United Food Shelf (serves residents of Waconia)	952-442-3878
Belle Plaine Food Shelf	612-751-9923
Jordan Food Shelf	952-292-8759
CAP Agency Food Shelf (serves residents of Carver and Scott counties)	952-496-2125
Fare For All (food and resource exchange - nutritional food at below-retail cost - no income restriction)	763-450-3880
St. John's Gathering Place (free dinner on Mondays from 5:15pm-6:15pm)	
WIC (nutrition/food program for Women, Infants, and Children in Carver and Scott county)	952-567-8229
PROP (food and support programs - summer months - serves those in E.P. and Chanhassen)	952-937-9120
Child Care Assistance (assistance with childcare cost)	952-361-1721

### **Housing/Shelter**

Families Moving Forward (emergency family shelter services- chaska)	952-230-2930
Housing Link (affordable housing information and resources) <a href="http://www.housinglink.org">www.housinglink.org</a>	612-522-2500
CAP Agency Housing Services- Scott & Carver Counties	952-496-2125
Mental Health Crisis Team (provides emergency shelter vouchers for after-hours)	952-442-7601
United Way 211 (can help determine if Minneapolis shelters have availability)	651-291-0211
Carver County Community Development Agency (offers subsidized housing programs/services for those facing foreclosures)	952-448-7715
Salvation Army (may be able to provide emergency funds as funding allows)	952-898-2736
Bridge for Youth (crisis shelter for youth ages 10-17 located in Minneapolis)	612-377-8800
Launch Ministry (drop-in center located in Chaska)	952-856-0195
Southern Valley Alliance for Battered Women (emergency shelter for battered women and children)	952-873-4214
Veterans Services (emergency shelter and housing services for veterans)	952-442-2323
Hope House (youth shelter - chanhassen)	612-900-2077

## **Utilities**

CAP (community Action Partnership -energy services)	952-496-2125
Energy Assistance Program Hotline	1-800-657-3710
Cold Weather Emergency Assistance (provides assistance if you have no heat and it is a weekend or not between the hours of 8:00am-4:30pm on a weekday.	612-803-8149
Assurance Wireless (free cell phones) <a href="http://www.assurancewireless.com">www.assurancewireless.com</a>	1-888-898-4888
Free Phone MN <a href="http://www.freephonemn.org">www.freephonemn.org</a>	612-293-8859
Life Wireless (free cell phone) <a href="http://www.lifewireless.com">www.lifewireless.com</a>	763-755-6873
Minnesota Energy Assistance Program <a href="http://www.energy.mn.gov">www.energy.mn.gov</a>	763-783-4712
Telephone Assistance (monthly discounts) <a href="http://www.puc.state.mn.us">www.puc.state.mn.us</a>	651-296-0406

## **Employment/Education**

Workforce Services (support and resources for job seekers)	952-361-1711
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## **Medical**

Scott County Public Health (check-ups, immunizations, etc.)	952-496-8555
MyHealth (formerly West Suburban Teen Clinic) medical and reproductive health care, mental health counseling for teens and young adults	952-474-3251
River Valley Nursing Center (medical care in the community for underinsured/uninsured)	952-496-8669
Child and Teen checkups (ages birth to 20 years and enrolled in Medical Assistance)	952-361-1329
Immunization services (English and Spanish assistance/services provided)	952-361-1329
Portico Healthnet (assistance with health care eligibility/application/additional health care resources)	651-489-2273
Help Me Grow (intervention services for children birth to 5 years of age)	952-567-8210

## **Transportation**

SmartLink Transit (affordable transportation)	952-496-8341
MNET (for those on medical assistance - can use for rides to medical appointments)	1-866-467-1724
Cars for neighbors (care repair and donation)	763-717-7755

## **Parent/Guardian Support & Resources**

Parent Support Outreach Program (PSOP) in Carver County	952-361-1600
NAMI Family Support Group (Family support group offered to family and friends of individuals living with a mental illness. Group meets 6:30-8pm the 2nd and 4th Mondays of each month at Chaska Moravian Church. Meeting is free of charge).	Jan, 612-554-0825 Sara, 612-770-7466
MN Association for Children's Mental Health (information and referral services, parent coaching, etc.)	1-800-528-4511

## **Need more resources?**

Contact me:

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