



Downingtown Middle school menu

Week of November 6th 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

feature

pizza max sticks

School Closed
On

penne & marina w/ meatballs or broccoli

oven fried chicken w/ a biscuit

french toast & sausage

grill

burger melt

November 7th 2023

spicy chicken sandwich

grilled cheese

vegetable fried rice

sandwich / wrap

ham & cheese sandwich
(ham & american cheese on pullman bread)
hummus pack
(hummus, bell peppers, cucumbers, carrots & flatbread)

Salad

veggie baja salad
(romaine salad mix, grape tomatoes, black beans, corn & cheddar cheese)

daily options

Grill Station: Hamburger, Cheeseburger, Chicken Patty, Chicken Nuggets w/ Soft Pretzel Rod, or Veggie Burger & Veggie Nuggets
Pizza Station: Cheese Pizza or Pepperoni Pizza
Grab & Go: Uncrustable
Fruit: Fresh Apple, Orange Slices, Fruit of the Day, or 100% Fruit Juice
Vegetable: Baked Fries, Fresh Broccoli, Cucumber Slices, Baby Carrots, & Vegetable of the Day
Milk: 1% White Milk, Skim Chocolate

more info

Pricing:
Lunch - \$2.80
A la Carte items – Additional charge

Lunch Meals:
Lunch meals include ½ cup fruit and/or vegetable, and choice of Chocolate or 1% Milk. Daily Fruit & Veggie options include Apples, Oranges, Baby Carrots, Cucumbers, and many more!

Additional options may be offered on a school-by-school basis

Scan here for Nutritional Info!



[Link to Meal Benefits](#)

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Menus are subject to change, as supply chain disruptions continue to disrupt the





Downingtown Middle school menu

Week of November 13th , 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

feature

pizza crunchers

beef or black bean walking tacos

popcorn chicken parm sandwich
(vegetarian option available)

turkey mashed potato bowl

boneless chicken wings

grill

buffalo chicken quesadilla

mini corn dogs

mac & cheese

bacon cheeseburger

egg & cheese on bagel

sandwich / wrap

turkey & cheese wrap
(turkey & american cheese with lettuce & tomato in a wrap)
hummus pack
(hummus, hb egg, celery sticks, carrots & flatbread)

Salad

egg chef salad
(hard boiled eggs, mozzarella and cheddar cheese on a bed of romaine mix)

daily options

Grill Station: Hamburger, Cheeseburger, Chicken Patty, Chicken Nuggets w/ Soft Pretzel Rod, or Veggie Burger & Veggie nuggets
Pizza Station: Cheese Pizza or Pepperoni Pizza
Grab & Go: Uncrustable
Fruit: Fresh Apple, Orange Slices, Fruit of the Day, or 100% Fruit Juice
Vegetable: Baked Fries, Fresh Broccoli, Cucumber Slices, Baby Carrots, & Vegetable of the Day
Milk: 1% White Milk, Skim Chocolate

more info

Pricing:

Lunch - \$2.80

A la Carte items – Additional charge

Lunch Meals:

Lunch meals include ½ cup fruit and/or vegetable, and choice of Chocolate or 1% Milk. Daily Fruit & Veggie options include Apples, Oranges, Baby Carrots, Cucumbers, and many more!

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Downingtown Middle school menu

Week of November 20th , 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

feature

pizza max sticks

School Closed

November 21st through November 24th 2023

grill

corn dog

sandwich / wrap

cheese hoagie
(american & cheddar cheese, lettuce tomato on a club roll)

Salad

buffalo chic pea salad
(romaine mix garbanzo beans tossed in hot sauce, mozzarella cheese & tomatoes)

daily options

Grill Station: Hamburger, Cheeseburger, Chicken Patty, Chicken Nuggets w/ Soft Pretzel Rod, or Veggie Burger & Veggie Nuggets
Pizza Station: Cheese Pizza or Pepperoni Pizza
Grab & Go: Uncrustable
Fruit: Fresh Apple, Orange Slices, Fruit of the Day, or 100% Fruit Juice
Vegetable: Baked Fries, Fresh Broccoli, Cucumber Slices, Baby Carrots, & Vegetable of the Day
Milk: 1% White Milk, Skim Chocolate

more info

Pricing:

Lunch - \$2.80

A la Carte items – Additional charge

Lunch Meals:

Lunch meals include ½ cup fruit and/or vegetable, and choice of Chocolate or 1% Milk. Daily Fruit & Veggie options include Apples, Oranges, Baby Carrots, Cucumbers, and many more!

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Downingtown Middle school menu

Week of November 27th, 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
feature	pizza burger	beef or black bean walking tacos	chicken mashed potato bowl	penne & sauce w/ vegetables	grilled cheese
grill	chicken dumpling & fried rice	buffalo veggie quesadilla	spicy popcorn chicken	bbq chicken on steak roll	french toast & sausage
sandwich / wrap	<u>bbq chicken wrap</u> (diced chicken tossed in bbq sauce with cheddar cheese lettuce & tomato in a tortilla wrap) <u>hummus pack</u> (hummus, bell peppers, hb egg, celery sticks & flatbread)				
Salad	garbanzo bean caesar salad (garbanzo beans, romaine lettuce, shredded mozzarella & croutons)				
daily options	<u>Grill Station:</u> Hamburger, Cheeseburger, Chicken Patty, Chicken Nuggets w/ Soft Pretzel Rod, or Veggie Burger & Veggie Nuggets <u>Pizza Station:</u> Cheese Pizza or Pepperoni Pizza <u>Grab & Go:</u> Uncrustable <u>Fruit:</u> Fresh Apple, Orange Slices, Fruit of the Day, or 100% Fruit Juice <u>Vegetable:</u> Baked Fries, Fresh Broccoli, Cucumber Slices, Baby Carrots, & Vegetable of the Day <u>Milk:</u> 1% White Milk, Skim Chocolate				
more info	Pricing: <u>Lunch - \$2.80</u> <u>A la Carte items – Additional charge</u>			Scan here for Nutritional Info!	
	Lunch Meals: Lunch meals include ½ cup fruit and/or vegetable, and choice of Chocolate or 1% Milk. Daily Fruit & Veggie options include Apples, Oranges, Baby Carrots, Cucumbers, and many more!				
	Additional options may be offered on a school-by-school basis				

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Downingtown Middle school menu

Week of December 4th, 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
feature	pizza crunchers	beef soft tacos	teriyaki chicken & rice bowl (vegetarian option available)	buffalo chicken stromboli	bbq chicken tenders
grill	chicken parm. melt (vegetarian option available)	black bean & cheese burrito	spicy chicken sandwich	hot dog	egg & cheese on bagel
sandwich / wrap	<u>club wrap</u> (ham, turkey & cheese w/ lettuce tomato in a wrap) <u>hummus pack</u> (hummus, flatbread, apples, cucumbers, carrots)				
Salad	egg chef salad (romaine salad mix, hard boiled egg, mozzarella cheese, tomato & cucumbers)				
daily options	<p>Grill Station: Hamburger, Cheeseburger, Chicken Patty, Chicken Nuggets w/ Soft Pretzel Rod, or Veggie Burger & Veggie Nuggets</p> <p>Pizza Station: Cheese Pizza or Pepperoni Pizza</p> <p>Grab & Go: Uncrustable</p> <p>Fruit: Fresh Apple, Orange Slices, Fruit of the Day, or 100% Fruit Juice</p> <p>Vegetable: Baked Fries, Fresh Broccoli, Cucumber Slices, Baby Carrots, & Vegetable of the Day</p> <p>Milk: 1% White Milk, Skim Chocolate</p>				
more info	<p>Pricing: Lunch - \$2.80</p> <p><u>A la Carte items – Additional charge</u></p> <p>Lunch Meals: Lunch meals include ½ cup fruit and/or vegetable, and choice of Chocolate or 1% Milk. Daily Fruit & Veggie options include Apples, Oranges, Baby Carrots, Cucumbers, and many more!</p> <p>Additional options may be offered on a school-by-school basis</p>			<p>Scan here for Nutritional Info!</p> 	

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