



Monday November 6, 2023			Dining Hall Hours
<b>Breakfast Grill</b>	Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon, Sausage	\$4.95	Breakfast - 7:00-8:00 am Snack - 9:25-9:40 am Lunch - Both Lunches After School Treats - 2:40-3:00 pm
<b>Meatless Monday!!</b>	Four Cheese Marinara Pasta Bake w/ Roasted Seasonal Vegetables and Fresh Herb Focaccia Bread	\$7.95	
<b>Kitchen Table</b>	Herb Roasted Free Range Chicken w/ Gilroy Garlic Roasted Potatoes and Roasted Seasonal Vegetables	\$7.95	
<b>Market Grill</b>	Grass-fed Burgers with Chips	\$7.95	
<b>Stone Hearth Oven</b>	Assorted Pizza: Cheese, Pepperoni, Combination	\$7.95	
	<b>Take Away</b> Assorted Gourmet Sandwiches and Salads	6.50 - 6.95	
	<b>After School Treats</b> Fresh Fruit Smoothies	4.50-4.95	
Tuesday November 7, 2023			Breakfast Boosters
<b>Breakfast Grill</b>	Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon, Sausage	\$4.95	<b>Organic yogurt, house made granola and assorted organic fruits</b> 
<b>Platillos Latinos</b>	Taco Tuesday!!! Carne Asada Street Tacos w/ Slow Cooked Refried Beans, Spanish Rice and Housemade Salsa	\$7.95	
<b>Platillos Latinos</b>	Free Range Chicken Street Tacos w/ Slow Cooked Refried Beans, Spanish Rice and Housemade Salsa	\$7.95	
<b>Market Grill</b>	Grass-fed Burgers with Chips	\$6.95	
<b>Stone Hearth Oven</b>	Assorted Pizza: Cheese, Pepperoni, Combination	\$6.95	
	<b>Take Away</b> Assorted Gourmet Sandwiches and Salads	6.50 - 6.95	
	<b>After School Treats</b> Housemade Macaroni and Cheese	4.50 - 4.95	
Wednesday November 8, 2023			Offered Daily
<b>Breakfast Grill</b>	Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon, Sausage	\$4.95	<b>Fresh Garden Salad Bar with organic vegetables, assorted toppings and house made dressing!</b> 
<b>American BBQ Series</b>	BBQ Pulled Pork Sandwich, Ratto Coleslaw and Housemade Chips	\$7.95	
<b>Global Adventure</b>	Sweet and Sour Chicken w/ Jasmine Rice and Stir Fry Seasonal Vegetables	\$7.95	
<b>Market Grill</b>	Grass-fed Burgers with Chips	\$6.95	
<b>Stone Hearth Oven</b>	Assorted Pizza: Cheese, Pepperoni, Combination	\$6.95	
	<b>Take Away</b> Assorted Gourmet Sandwiches and Salads	6.50 - 6.95	
	<b>After School Treats</b> Carne Asada Nachos	4.50 - 4.95	
Thursday November 9, 2023			
<b>Breakfast Grill</b>	Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon, Sausage	\$4.95	
<b>Market Grill</b>	Northern Indian Butter Chicken w/ Saffron Basmati Rice, Curried Broccoli and Dwelley Farms Cauliflower	\$7.95	
<b>Kitchen Table</b>	Grass-fed Meatloaf w/ Wild Mushroom Gravy, Garlic Mashed Potatoes and Green Beans	\$7.95	
<b>Market Grill</b>	Grass-fed Burgers with Chips	\$6.95	
<b>Stone Hearth Oven</b>	Assorted Pizza: Cheese, Pepperoni, Combination	\$6.95	
	<b>Take Away</b> Assorted Gourmet Sandwiches and Salads	6.50 - 6.95	
	<b>After School Treats</b> Free Range Buffalo Chicken Wraps w/ Housemade Chips	4.50 - 4.95	
Friday November 10, 2023			
<b>Breakfast Grill</b>	Closed for Veteran's Day!	\$4.95	
<b>American BBQ Series</b>		\$7.95	
<b>American BBQ Series</b>		\$7.95	
<b>Market Grill</b>		\$6.95	
<b>Stone Hearth Oven</b>		\$6.95	
	<b>Take Away</b>	6.50 - 6.95	
	<b>After School Treats</b>	4.50 - 4.95	

Menu Key



It is important that an athlete's diet provide the right amount of energy, nutrients and fluids that the body needs. No single supplement can do this. It takes a variety of foods every day! Epicurean Group strives to provide student athlete's with the most nutrient dense and delicious food possible every single day!

Epicurean Group at Moreau Catholic High School

**Chef / Manager:**  
Shirnea Grant

**Sous Chef:**  
Tom Huxley