WELLNESS TEAM MEETING
WINTON WOODS CITY SCHOOLS
TUESDAY, FEBRUARY 21, 2023
4:15 – 5:15 PM
LOCATION - GREENHILLS COMMUNITY BUILDING
ROOM 105 (8 ENFIELD, CINCINNATI, OH 45218)

MINUTES

⇨ Purpose of the **WWCS Wellness Team**
Consider and study aspects of the overall health, nutrition and wellness realities for Winton Woods City Schools students, staff, policies & practices and make recommendations to the administration and district leadership that align current conditions to best-practice, research-based model wellness outcomes such as the Action for Healthy Kids Standards.

⇨ Team Membership Listing:
https://docs.google.com/spreadsheets/d/1iW4cgqQb0xeYdz-uJAmPo9Wv6TTfTWYyWNTQmdNYJJw/edit?usp=sharing

Present: A. Bourgeois, S. Denny, J. Jordan, E. King & C. Wilson. Several team members who were not present expressed their regrets that they could not attend and several others cited other meeting conflicts at the same time that precluded their attendance.

⇨ Review minutes from last meeting: Link:
https://drive.google.com/file/d/1URMj9OQ9QlIrgcLJz6Mh_mA5z_0O_HqP/view?usp=sharing

Minutes reviewed, no changes noted

⇨ Wellness Priorities Document:
https://drive.google.com/file/d/1JY76FY80x4iWKjLWMfO76Fm75gjyDSfZ/view?usp=sharing

⇨ Priorities Updates: Courtney (4), Mark (2), Nancy (3), Tonya (5) & Steve (1)

Updates provided Steve for wellness priorities 1 (Safe Routes to School), 2 (Wellness Nutrition Is the Mission Bus) & 3 (Employee Health & Wellness Support)

⇨ Develop action steps and detail for Priorities 4 & 5

Discussed various options for staff wellness & emotional and mental health support that the grant could fund. Particular rooms at the three campuses were discussed as well as the use of cubicles but due to overall room & space availability, consensus eventually coalesced around the use of mobile wellness carts. At least two other local WeThrive! school districts have adopted this approach as well for their staff.

⇨ Discuss WeThrive! EO22 Grant Opportunity - Updates
https://drive.google.com/file/d/1UV7c96QBMg1ehLkUqlgsC_skr7apFQim/view?usp=sharing

The written plan needs to be developed and approved by May. Funds need to be spent by the end of June, 2023. Andrea offered to complete the grant plan template for the district to authorize the use of the EO22 wellness funds.

⇨ 2022 – 2023 Meetings – Quarterly:

☑	QTR 1	10-25-2022	4:15 to 5:15PM
☑	QTR 2	11-29-2022	4:15 to 5:15PM
☑	QTR 3	02-21-2023	4:15 to 5:15PM
☐	QTR 4	04-25-2023	4:15 to 5:15PM