WELLNESS TEAM MEETING
WINTON WOODS CITY SCHOOLS
WEDNESDAY, FEBRUARY 2, 2022
4:15 – 5:15 PM
LOCATION: WW INTERMEDIATE SCHOOL MEDIA CENTER

AGENDA

⇨ Purpose of the **WWCS Wellness Team**
Consider and study aspects of the overall health, nutrition and wellness realities for Winton Woods City Schools students, staff, policies & practices and make recommendations to the administration and district leadership that align current conditions to best-practice, research-based model wellness outcomes such as the Action for Healthy Kids Standards.

⇨ Guest Speaker: Julia Saldanha, Director of Programs for NAMI (National Alliance on Mental Illness) - email: julia.saldanha@namiswoh.org

⇨ Team Membership Listing:
https://docs.google.com/spreadsheets/d/1iW4cgqQb0xeYdz-uJAmPo9Wv6TTfTWYyWNTQmdNYJJw/edit?usp=sharing

⇨ Review minutes from last meeting
https://drive.google.com/file/d/1Jk4QoloDArE9gnK9x2FYUX9v0UJZEHMX/view?usp=sharing

⇨ Wellness Policy Revisions approved by Board of Education
https://drive.google.com/file/d/1CB48XHAMYqpRXLC7Y0P7jr4VLi0hdtxf/view?usp=sharing

⇨ Develop suggested alternatives to exercise & food-based incentives/consequences; from Rebecca with Talbert House, PBIS for Middle-grades students:
https://www.classcraft.com/blog/pbis-incentives-for-middle-school-students/ ,
More resources for PBIS for students:
https://www.pbisrewards.com/pbis-incentives/

⇨ Review CDC School Health Index (SHI) expert survey findings (ref. #: **Wint109424**)
https://nccd.cdc.gov/DASH_SHI/default/SHIHome.aspx?NoSHI=0

⇨ WW Staff Wellness Team Survey Results (see below)

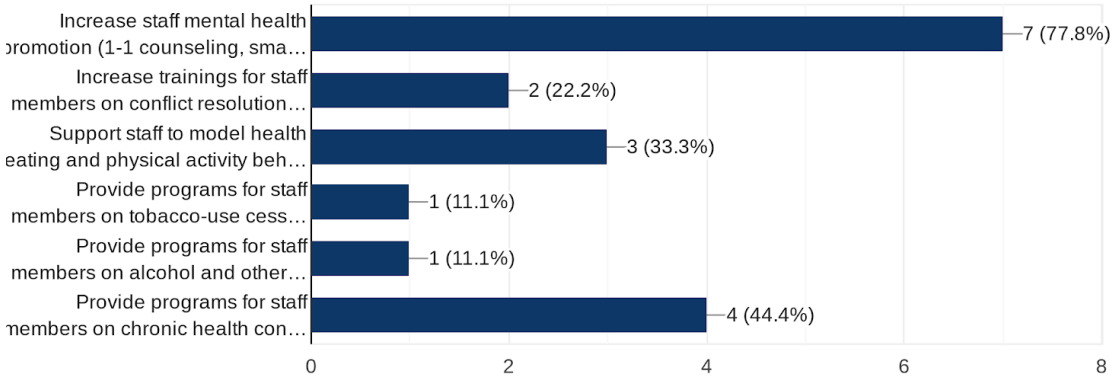
⇨ 2021 – 2022 Meetings – Quarterly:

☑	QTR 1	10-13-2021	4:15 to 5:15PM
☑	QTR 2	12-01-2021	4:15 to 5:15PM
☐	QTR 3	02-02-2022	4:15 to 5:15PM

☐ QTR 4 04-06-2022 4:15 to 5:15PM

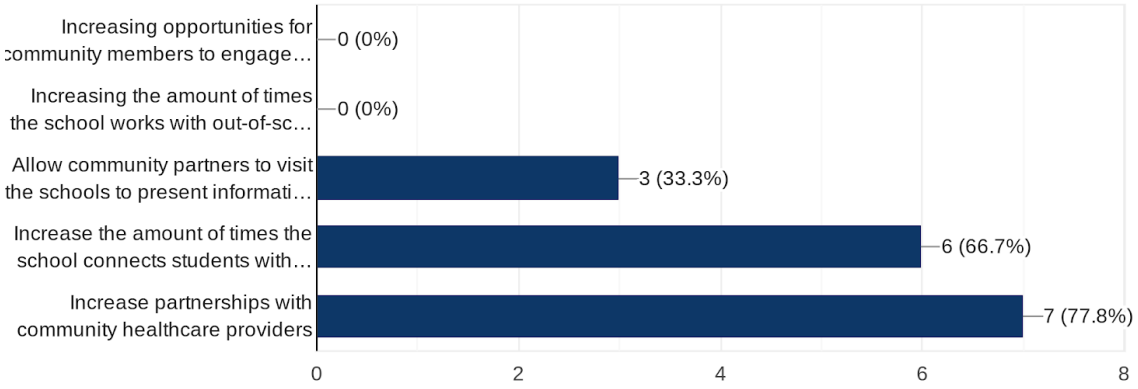
Check UP TO TWO (2) INITIATIVES you'd be interested in working on for Employee Wellness and Health Promotion

9 responses



Check UP TO TWO (2) INITIATIVES you'd be interested in working on for Community Involvement

9 responses



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