WELLNESS TEAM MEETING
WINTON WOODS CITY SCHOOLS
TUESDAY, OCTOBER 25, 2022
4:15 – 5:15 PM
LOCATION: GREENHILLS COMMUNITY BUILDING
ROOM 105 (8 ENFIELD, CINCINNATI, OH 45218)

MINUTES

⇨ Purpose of the **WWCS Wellness Team**
Consider and study aspects of the overall health, nutrition and wellness realities for Winton Woods City Schools students, staff, policies & practices and make recommendations to the administration and district leadership that align current conditions to best-practice, research-based model wellness outcomes such as the Action for Healthy Kids Standards.

… Steve reviews the purpose of the Wellness Team - state law requirement.

⇨ Team Membership Listing:
https://docs.google.com/spreadsheets/d/1iW4cgqQb0xeYdz-uJAmPo9Wv6TTfTWYyWNTQmdNYJJw/edit?usp=sharing

⇨ Team Introductions

… Present: Steve Denny, Nancy Starkey, Andrea B. , Kim Chelf, Tonya Bray, Jaquil Hargrove, Elyssa King, Jermaine Hill, Courtney Wilson

⇨ Review minutes from last meeting (April 2022)
https://drive.google.com/file/d/1M7vrwmVTLikzQMCmUfTPxe2PRy5fTrRA/view?usp=sharing

… Minutes: Review of last meeting held in April 2022.

⇨ Primer 1: Article from ASBOI, September 9, 2022: "Nutrition Task Force Recommends Universal School Meal Program"
https://docs.google.com/document/d/19_uGOlU9J_3o8rjJtTLc91EKrQFznjueXoqC4XR61K4/edit?usp=sharing

… School Business Daily - 9/28/22 (article)

… Steve talked about student meals - food service back to applying for free/reduced lunches

⇨ Primer 2: "Vaping & Sports," Nicole Key, CHES, HCDPH
https://docs.google.com/presentation/d/1aH5385LVqPIZVhEX84Aa1AYvRoie_NcbWiZnhA6ATb0/edit?usp=sharing

… Article - Vaping & Sports, discussion about Vape store across from North Campus Educate - Age 21 to purchase, further discussion about possibly students and staff presenting to the City of Forest Park Council regarding Vape Shop

⇨ Review Final Draft Wellness Priorities Document and discuss implementation
https://drive.google.com/file/d/1JY76FY80x4iWKjLWMfO76Fm75gjyDSfZ/view?usp=sharing

… Food Service Bus - under renovation, being converted to a working food truck also.

… Staff Wellness - Review goals

… Partnerships with community Health Care providers.

… Try to connect all district students

… WeThrive! Wellness Priorities

… Wellness Bus/Freestore Food Bank

… "Mind Peace" Rooms - Finneytown schools currently have this for staff.
… Student Sensory Rooms at NC & SC now
… Talbert House is available to support staff for emotional issues.
… Create a space at each building for staff: Music, Plants, EAP, Information, Coloring Activity (Team for above: Tonya, Nancy, Andrrea) - make an action plan.

… Talbert House - Student Counseling support for staff

… HEAT - Conflict Resolution Training offered for next meeting as an option and received well by Wellness Team, Holistically Empowering Teams, Andrea can schedule a speaker for us if we're interested. The team indicated they were interested.

… Health Clinics in new campus' - pushed to a later date.

⇨ Discuss WeThrive! EO22 Grant Opportunity
https://drive.google.com/file/d/1UV7c96QBMg1ehLkUqlgsC_skr7apFQim/view?usp=sharing

… E052 Grant Opportunity from the Hamilton County Health Department - We Thrive received funding after the pandemic funds were used to reward We Thrive Schools.
$3,750. - Wellness Fund from WeThrive! to WWCSD -
Discussed the need for some ideas for the use of this donation
e.g., Glow in the Dark Sticks - Race/Walk

FP - North Campus
GH - South Campus (Both should apply for grants in Jan. 2024 - IDEAS?)

… Next Meeting: 12/6/22

⇨ 2022 – 2023 Meetings – Quarterly:

☑	QTR 1	10-25-2022	4:15 to 5:15PM
☐	QTR 2	11-29-2022	4:15 to 5:15PM
☐	QTR 3	02-21-2023	4:15 to 5:15PM
☐	QTR 4	04-25-2023	4:15 to 5:15PM