Wellness Team Meeting Minutes
Winton Woods City Schools
Wednesday April 20, 2022
4:15 – 5:15 pm
Winton Woods Intermediate School - Media Center

Attendees

Steve Denny, Mark Doctor, Jermaine Hill, Toni Patterson, Kim Chelf, Wayne Chinn

Minutes

Meeting is started by a review of the purpose of the team (see below)

⇨ Purpose of the **WWCS Wellness Team**

Consider and study aspects of the overall health, nutrition and wellness realities for Winton Woods City Schools students, staf , policies & practices and make recommendations to the administration and district leadership that align current conditions to best-practice, research-based model wellness outcomes such as the Action for Healthy Kids Standards.

Steve states that today's goal is to identify what Priorities we are going to focus on for the next few years.

Steve asked us to revisit the priorities to develop a NEW Wellness Priorities Document.

We hope to choose 4 or 5 priorities (at most) to focus on for the next three years as a Wellness Team.

We looked at the existing Priorities Document (developed about two years ago)

PRIORITY 1 : Implement Safe Routes to School (SRTS) Active Transportation
Action for Healthy Kids Standards Alignment: Physical Activity

PRIORITY 2 : Operate "Nutrition Is The Mission" Wellness Bus
Action for Healthy Kids Standards Alignment: Other School Food

PRIORITY 3 : Build School Staff Programs for Wellness & Physical Activity/Fitness
Action for Healthy Kids Standards Alignment: Staff Involvement

PRIORITY 4 : Implement the NFL's Play 60 Physical Activity Program
Action for Healthy Kids Standards Alignment: Physical Activity

For the Wellness Priorities Document (2022 - 2025), the team selected:

PRIORITY 1:	Advance Safe Routes to School (SRTS) Active Transportation	Action for Healthy Kids Standards Alignment: Physical Activity – #38
PRIORITY 2:	Operate "Nutrition Is The Mission" Wellness Bus	Action for Healthy Kids Standards Alignment: Other School Food – #19
PRIORITY 3:	Build Programs that Promote Health & Wellness for School Staff	CDC's School Health Index Alignment: Employee Wellness & Health Promotion – Module 9
PRIORITY 4:	Develop Partnerships with Community Healthcare Providers	CDC's School Health Index Alignment: Community Involvement – Module 11 (CC.8)
PRIORITY 5:	Connect Students with Community Organizations to Promote Health & Wellness	CDC's School Health Index Alignment: Community Involvement – Module 11 (CC.7)

OTHER RELATED WELLNESS NOTES:

An OSBO article stated that 37% of students reported experiencing poor mental health. The article also reported that 31% of students were feeling like they were "in that state" in the last 30 days.

Steve states that we can increase opportunities for community members to engage with the addition of our new clinic (Community Learning Center or CLC) at the South Campus. A CLC is also programmed for the future Early Childhood Central Campus after completion of the planned renovations.

An article from the Greenhills Journal was shared: Bike trail now goes through Glenwood Gardens and stops at the Golf Course. This is our chance to get the trail on Winton Road for our students to use to/from school.

*Safe Routes Grant #2 was applied for by the City of Forest Park & Great Parks. This would be to create a pathway from Waycross Road down to Sharon Road (with purchase the right of way).

Next Meeting: Tuesday, Oct. 25th, 2022 - Winton Woods Community Building, Room 105