WELLNESS TEAM MEETING
WINTON WOODS CITY SCHOOLS
TUESDAY, SEPTEMBER 24, 2019
4:30 – 6:00 PM
WW INTERMEDIATE SCHOOL MEDIA CENTER

MINUTES

⇨ Purpose of the **WWCS Wellness Team**
Consider and study aspects of the overall health, nutrition and wellness realities for Winton Woods City Schools students, staff, polices & practices and make recommendations to the administration and district leadership that align current conditions to best-practice, research-based model wellness outcomes such as the Action for Healthy Kids Standards.

⇨ Team reviewed Wellness Priorities Document – Priorities 1 – 3
… Safe Routes to School Active Transportation (Physical Activity – #38)
… "Nutrition Is The Mission" Wellness Bus (Other School Food – #19)
… Staff Programs for Wellness & Physical Activity/Fitness (Staff Involvement – #46)

⇨ Team revisited Wellness Priorities Document – Priorities 4 – 6
… Create a Family Field Day experience involving families & communities (Physical Activity – #53)
… Explore The NFL's Play 60 Physical Activity Program (Physical Activity – #39)
… Increase community involvement in school decision making and activities around health & wellness (Family & Community Engagement – #56)

⇨ Informational presentation about NFL Play 60 Presentation (Priority 5) by Guest Speaker, Mitzi Gerber, American Dairy Association

⇨ Committee self-selected subcommittees for Priorities 4 – 6 & work session time

⇨ Priority 6 Subcommittee discussed changing to another initiative to generate more involvement

⇨ Subcommittees reported out work/discussion (+/Δ & team problem-solving items)

⇨ Subcommittees selected their next meeting dates (below), will meet & report out:

- ☑ Wellness Priority 4 ~ Family Field Day ~ Wednesday, October 23, 2019 at Noon at WW Central Office
- ☑ Wellness Priority 5 ~ NFL Fuel Up & Play 60 ~ Tuesday, October 22, 2019 at 4:30 PM at the Intermediate School
- ☑ Wellness Priority 6 ~ Parent & Family Involvement in Health & Wellness ~ Wednesday, October 23, 2019 at 4:30 PM at WW Central Office

NOTES: