WELLNESS TEAM MEETING
WINTON WOODS CITY SCHOOLS
TUESDAY, SEPTEMBER 24, 2019
4:30 – 6:00 PM
WW INTERMEDIATE SCHOOL MEDIA CENTER

AGENDA

⇨ Purpose of the **WWCS Wellness Team**
Consider and study aspects of the overall health, nutrition and wellness realities for Winton Woods City Schools students, staff, polices & practices and make recommendations to the administration and district leadership that align current conditions to best-practice, research-based model wellness outcomes such as the Action for Healthy Kids Standards.

⇨ (Re-)Introductions

⇨ Review Wellness Priorities Document – update on Priorities 1 – 3
… Safe Routes to School Active Transportation (Physical Activity – #38)
… "Nutrition Is The Mission" Wellness Bus (Other School Food – #19)
… Staff Programs for Wellness & Physical Activity/Fitness (Staff Involvement – #46)

⇨ Revisit Wellness Priorities Document – Priorities 4 – 6
… Create a Family Field Day experience involving families & communities (Physical Activity – #53)
… Explore The NFL's Play 60 Physical Activity Program (Physical Activity – #39)
… Increase community involvement in school decision making and activities around health & wellness (Family & Community Engagement – #56)

⇨ NFL Play 60 Presentation (Priority 5) – Mitzi Gerber, American Dairy Association

⇨ Create subcommittees for Priorities 4 – 6

⇨ Work session time for subcommittees

⇨ Report-out subcommittee work/discussion (+/Δ & team problem-solving items)

⇨ Full team meeting / Subcommittee meeting structure – *submit subcommittee dates to me*

⇨ 2019 – 2020 Meetings – Quarterly:

☑	QTR 1	9-24-2019	4:30 to 6:00 PM
☑	QTR 2	11-19-2019	4:30 to 5:30PM
☑	QTR 3	1-28-2020	4:30 to 5:30 PM
☑	QTR 4	3-31-2020	4:30 to 5:30 PM

NOTES: