WELLNESS TEAM MEETING
WINTON WOODS CITY SCHOOLS
THURSDAY, APRIL 11, 2019
4:30 – 5:30 PM
WW INTERMEDIATE SCHOOL MEDIA CENTER

Present: Tiara Benton, Kim Chelf (HCDPH), Wayne Chinn, Corina Denny, Mark Docter, Steve Denny, Jermaine Hill, Andrea Liptack (HCDPH), Nancy Starkey.

MINUTES

⇨ Purpose of the **WWCS Wellness Team**
Consider and study aspects of the overall health, nutrition and wellness realities for Winton Woods City Schools students, staff, polices & practices and make recommendations to the administration and district leadership that align current conditions to best-practice, research-based model wellness outcomes.

⇨ Briefly reviewed Action for Healthy Kids School Health Index Survey results

⇨ Reviewed A.H.K.S. Health Index Survey-generated recommendations

⇨ Reviewed & discussed the Wellness Team-identified District Wellness Priorities:
- … Safe Routes to School Active Transportation (Physical Activity – #37)
- … "Nutrition Is The Mission" Wellness Bus (Other School Food)
- … Staff Programs for Wellness & Physical Activity/Fitness (Staff Involvement – #46)
- … Team selected: Create a Family Field Day experience involving families & communities (Saturday?)
- … Team selected: Explore The NFL's Play 60 Physical Activity Program
- … Team selected: Increase community involvement in school decision making and activities around health & wellness (#55 in Action for Healthy Kids survey instrument)

⇨ Reviewed School Health & Wellness Priorities document – 2-year timeframe

⇨ Discussion of Wellness Team Work Groups and Priority ownership

⇨ Broke into Work Groups to discuss & better populate action steps, then reported out

⇨ 2018 – 2019 Meetings – Quarterly:

☑	QTR 1	9-20-2018	4:30 to 6:30 PM
☑	QTR 2	10-18-2018	4:30 to 6:00PM
☑	QTR 3	2-14-2019	4:30 to 5:30 PM
☑	QTR 4	4-11-2019	4:30 to 6:00 PM

NOTES: