

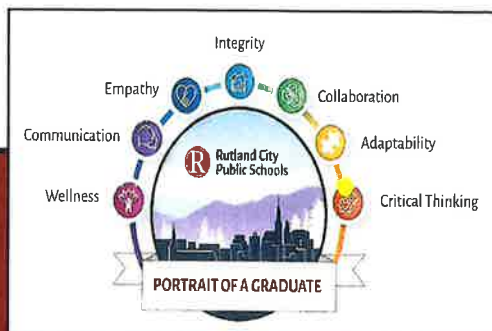


**Rutland Northwest
Primary School**

November 1, 2023 Vol. 1

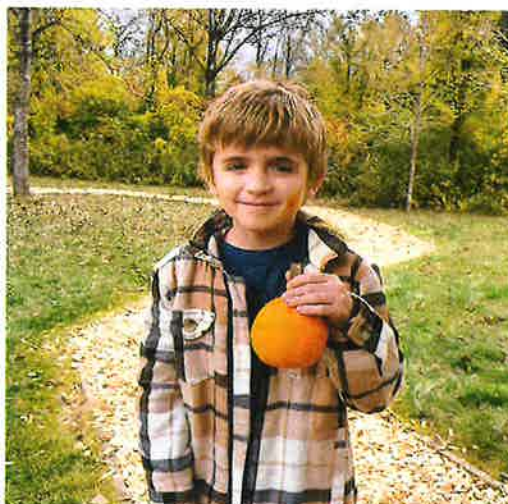
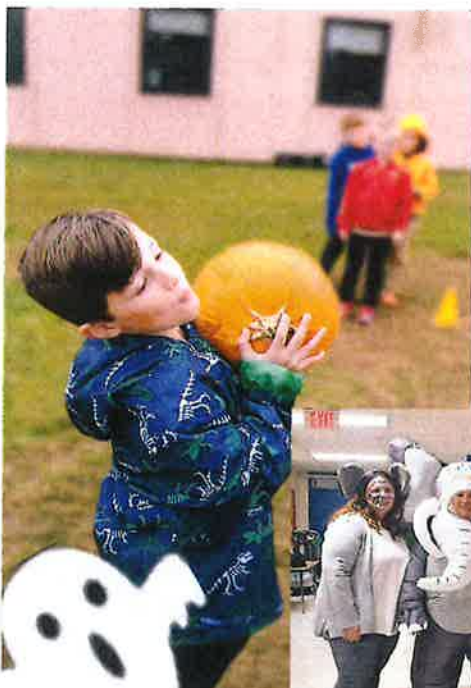
Every Student, Every Day

Parents, Families, Friends and Educators Working Together on Behalf of our Children!



Welcome to Northwest!

We had so much fun this month at Northwest School! Our students were very focused on learning but left time for some new, exciting things too. Here you can see some pictures from our Halloween parade, Fall Festival celebration and many other fun activities!

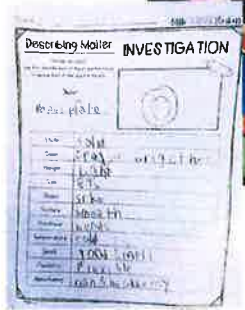
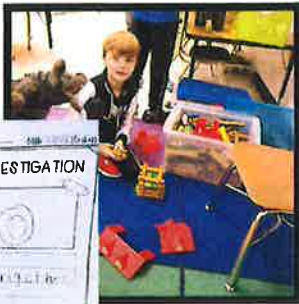




Mrs. Campise's Second Grade

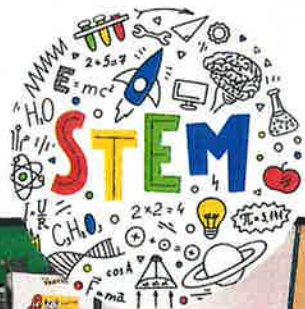
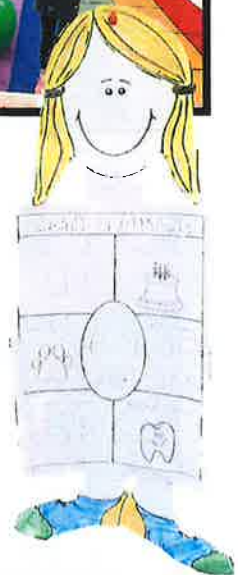
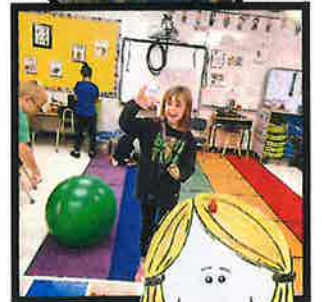


Every month during the school year, a class (or sometimes two!) will be featured in our newsletter. We will share the exciting things each class has been learning about and get to see our friends hard at work and play! This month's class is Mrs. Campiano's.



This has been such a fantastic month for our second graders in Mrs. Campise's class! They were very busy working on their writing pieces "If My Teacher Turned Into A Witch" and writing letters to their new pen pals at Proctor Elementary. They have been working hard in math learning about graphing, and their Science focus this month was on *Properties of Matter*. So many cool things to learn about but of course there was time for some fun in the STREAM room!!

Way to go Mrs. Campise's class!



NURSE CRYSTAL'S COOKBOOK!

New this year, our wonderful nurse, Miss Crystal, will share some healthy recipes and helpful tips to keep us all in tip top shape! Here's an idea to use up some of those great Thanksgiving day leftovers. For the full recipe check out www.superhealthykids.com.



This Cranberry Turkey Sandwich is topped with an herby cream cheese spread and a sweet and tangy cranberry sauce- it's a delicious twist on the classic sandwich and a great way to use up leftover Thanksgiving turkey!



NW students and staff are so excited to once again be participating in **STUFF-A-BUS!!** We will be collecting non perishable food items until November 8th!



JOIN THE PTC

The Northwest Parent Teacher Collaborative is currently looking for family members who are excited to help support NW Staff and assist with student projects. Please call the school at 786-1776 or email Veronica.carrier@rcpsvt.org if you'd like more information about joining the PTC!

COUNSELOR



L-R: Mrs. M, Mrs. Gurney, Mrs. Lubaszewski

How to Reach your Child's Counselor

Kindergarten

Aubrey McLaughlin - (802) 786-1742
aubrey.mclaughlin@rcpsvt.org

First Grade

Louise Lubaszewski - (802) 786-1778
louise.lubaszewski@rcpsvt.org

Second Grade

Amanda Gurney - (802) 786-1779
amanda.gurney@rcpsvt.org

corner



Fun with friends in the STAR Room



NATURE PATH WALK WITH MRS. M



Kindergarten News

Hello, Parents and caregivers of our Northwest kindergartners.

We had a fantastic month during our star lessons. We began the month by practicing self-control as we strolled along the nature path and observed the nature around us. The students loved walking outside, and the fresh air was an absolute delight. The following week, we discussed run, hide, and fight and then moved into social-emotional vocabulary. You may find your student has learned some new words. Vocabulary is essential as students develop a sense of personal identity as they recognize the characteristics that make them unique. Students start identifying feelings in themselves and others.

Kindergarten is off to a great start, and I genuinely enjoy working with every student; they are all wonderful. As always, feel free to reach out with any questions or concerns.

Aubrey McLaughlin

but the students call me, *Mrs. M*

First Grade

Hello to my First Grade Families!

The month of October went by super fast! I have enjoyed my time with your student in our star lessons as well as going with them on their field trip to Billings Farms.

During our star lessons, we have been focusing on ways to stay safe at school.

Students practiced and reviewed our safety drills, specifically Run, Hide, Fight. A letter came home regarding this specific drill. Additionally, we have focused on self-control and how to identify their own personal space comfort bubbles. We discussed situations where personal space might change, reading the body language of others, strategies to help them stay in their space, and what to do when someone "pops our bubble." All these things help students feel more comfortable and safe.

Ms. White, our counseling intern, has been leading more portions of our star lessons and lunch groups along with my support.

You may begin to hear her name more if you have not already!

Coming soon! Kids Groups!

Please look for a separate letter and *optional* sign-up form coming home regarding first grade social emotional learning groups.

Please don't hesitate to reach out should you have any questions, concerns or just want to meet me!

Mrs. Lubaszewski



STAR STUDENT
CLASSROOM



Second Grade

Hello 2nd Grade Families!

It has been a wonderful month of STAR Student learning. We have put a lot of focus on self-control as that is our character trait for the month of October. To begin the month, your students practiced safety drills in our Run, Hide, Fight lesson. As outlined in the letter that came home, listening to the teacher and staying calm were the main strategies in keeping ourselves safe in all different emergency situations at school. In addition to this, students learned about self control using bubbles and breathing strategies, as well as learning about personal space for ourselves and others. We also practiced using self-control and advocacy skills when someone is bothering us by saying "Stop it, I don't like it," walking away, and/or telling a trusted adult if more help is needed.

It has been such a joy working with all the 2nd Graders and I look forward to each and every day with them!



Mrs. Gurney

*Community
outreach!*

Veggie Van Go!

A FREE monthly produce distribution event open to ALL members of the Greater Rutland Community!

Upcoming Event Pick-up Date:

Friday, November 3, 10-11 a.m.

Where? Diamond Run Mall
46 Diamond Run Mall Pl.

Rutland, VT

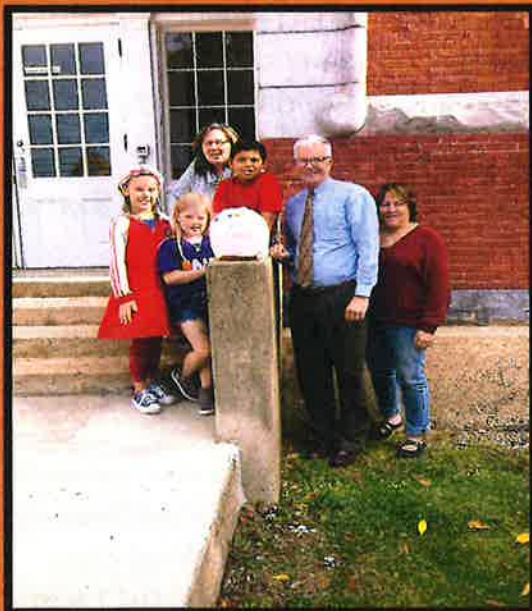
Event occurs the 1st Friday of every month, 10-11 a.m.
Event sponsored by the Rutland Regional Medical Center

Red Ribbon Week!

Northwest School is committed to being drug free and promoting healthy habits!! Check out some of the awesome ways we celebrated *Red Ribbon spirit week!*



Here you can see a few of our Second Grade Star Students helping Mrs.Coloutti and Mrs. Henderson deliver pumpkins (that our students decorated), as part of a Community Engagement project.



OCTOBER'S STAR STUDENTS & HERO ASSEMBLY

As part of our PBIS (Positive Behavior Interventions & Supports) program, everyone at Northwest works together to Show respect, Treat others with kindness, Always be safe, and Reach for the stars!

At Northwest Primary School we value Every Student, Every Day! Our staff and students work together to implement our Positive Behavior Interventions and Supports (PBIS) program of being "Star Students". Each week our students explicitly learn about how to be a "Star Student" in their social skills lessons with counselors. Everyday our students strive to Show respect, Treat others with kindness, Always be safe & Reach for the stars! On Fridays, a student displaying these traits is selected from each classroom, recognized during our morning announcements, and given a small memento. Classrooms collectively work together each week on Star Student classroom goals, and once our classes earn enough stars, we enjoy school wide celebrations!



What's for Lunch??

Go to Northwest Primary's website and look for Rutland menus or go to:
<https://www.schoolnutritionandfitness.com/webmenus2/#/view?id=63d172d6e96f1e316aa748bc&siteCode=19799>

Important Upcoming Dates to Remember:

- 11/3- Family Movie night @ NW 6pm (1 non-perishable food item per person for admission)
- 11/3-11/9 - Stuff-A-Bus!
- 11/8 - Second Grade concert @ RIS front doors open at 6:10pm
- 11/10 - **NO SCHOOL** - Veterans' Day
- 11/15 - VIBE picture retakes
- 11/22-11/24 - **NO SCHOOL** - Thanksgiving Break

October Star Student character trait:



Self-Control: We make good choices by practicing,
"stop, think, and make a good choice."

At Northwest School we value a safe, nurturing environment that fosters independence as students develop a lifelong love of learning.

Every student, Every Day!

