



A Tree Talk by Latane Frank in 1992

One night my father came up to me while I was doing my homework, and said, “I would like a word with you, Latane.” Of course, I immediately began thinking about what I did wrong and how did he find out anyway. Thank goodness that was not what he wanted to talk about. All he wanted to do was share some of his wisdom with me. He said, “I have found that the best way to get everything you have to do done is to pick a task and give it 110% of your energy, effort and ability. It does not matter what it is – school sports, thank you notes, friendships, whatever. You give 110% of your best for each thing you do and you will always be successful.