



A Tree Talk by Bill Sanford in 1993

My challenge to you is to learn to look at life in a more positive way. Don't get caught up in minor disappointments or find yourself sulking over past mistakes. Try to remember my three tips: don't dwell on the past, have many facets of your life to fall back on in case of disappointment, and be thankful for the glorious gifts you already have ... Keep your everyday challenges in perspective and live life to its fullest.