

*Robbie Siefker on **Comfort Zones** (shortened)*

We often forget to spend the time needed to understand ourselves. You need to be introspective, looking into your own heart to see where you stand with yourself. Have you been pushing yourself? Have you been making decisions that have kept you from stepping outside of your comfort zone? I challenge you to continue this and to make a conscious effort at stretching yourselves outside of you current comfort zones. Try new things even though there is a chance of failure. Camp is a great place to practice stepping outside your comfort zone. Here we have a small community in which each person supports the others in their pursuits. This support helps give us the confidence to make those larger decisions that shift us out of our comfort zone and force us to make adjustments. So please keep supporting each other, keep encouraging each other, and keep challenging each other so that we can become our best selves and be comfortable with what we strive to accomplish.