

Lunch Menu

Killingly Good Year ECC

November
2023

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

1 Homemade Mac & Cheese
Cauliflower Popcorn
Fresh Apple

2 Homemade French Toast
Syrup
Strawberries
Hash Brown Potatoes

3 Classic Cheese Pizza
Garden Salad
Organic Applesauce

Alternate Lunch: Bagel Fun Lunch

6 Cheesy Stuffed Bread Sticks
Tomato Sauce Dip
Baked Beans
Mixed Fruit

SCHOOL CLOSED TODAY

8 Homemade Pasta & Meat Sauce
Steamed Broccolini
Homemade Garlic Bread

9 Ham & Cheese Bagel Melt
Sliced Peaches
Sautéed Potatoes, Peppers & Onions

10 **IT'S VETERANS DAY**



Alternate Lunch: Nacho Fun Lunch

13 Baked Chicken Tenders
Spiced Sweet Potatoes
Fresh Orange

14 Crispy Tacos
Rice & Beans
Salsa
Sour Cream

15 Mac & Cheese with Ham
Broccoli Bites
Diced Pear Cup

16 Whole Grain Pancakes with Sausage
Syrup
Crispy Potato Puffs
Strawberry Cup

17 Roasted Turkey with Gravy
Mashed Potatoes
Corn Bread Stuffing
Green Beans



Alternate Lunch: Sunbutter and Jelly

20 Chicken Nugget & Mozzarella Stick Combo
Cauliflower
Pineapple Cup

21 Crispy Chicken Sandwich
Potato Salad
Mixed Fruit

22 Classic Cheese Pizza
Carrot Dippers
Fresh Apple

23 **THANKSGIVING DAY**

24 **SCHOOL CLOSED TODAY**

Early Release Day

Alternate Lunch: Simply Boxed Yogurt Fun Lunch

27 General Tso's Chicken
Fresh Apple

28 Tot Spot's Loaded Tater Tots
Berry Cup

29 Mac & Cheese with Spicy Beef
Garden Salad

30 Ham, Egg and Cheese Sandwich
Crispy Potato Puffs
NY Strawberry Banana Yogurt Cup

HARVEST of the month kale

Alternate Lunch: Nacho Fun Lunch

Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA)

civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Lunch Prices

Free & Reduced Status Students are Free
Paid Students \$2.75
Ala Carte Milk \$.50
Manage your Child's Account Online!

www.myschoolbucks.com

ALL STUDENT LUNCH INCLUDE CHOICE OF

1% Milk or Low-Fat Chocolate Milk with a Vegetable Choice and or Fruit Choice Daily Fruits offerings: Apples, Bananas, Oranges, half cup of assorted canned fruit.
Assorted Condiments Available

