



Medical Provider Recommendation for Physical Activity at School Mobility Assistive Devices – Physician Order

Student Name: _____ Diagnosis: _____

Date of Birth: _____ School Site: _____

MEDICAL PROVIDER RECOMMENDATION FOR PHYSICAL ACITIVITY AT SCHOOL:

Due to the above health diagnosis, the school requires a medical recommendation for physical activity. Please complete the form based on the student’s current medical condition. This form is good for up to one school year. If you have any questions regarding this form, you can call Health Services at (209) 858-0782.

_____ No restrictions.

_____ Modified physical activity. Please **CHECK** the activities below in which this child is **able to participate in**:

- | | | | |
|-------------------------|------------------------|-----------------------|------------------|
| _____ Running | _____ Running the mile | _____ Jumping | _____ Climbing |
| _____ Baseball | _____ Football | _____ Golf | _____ Gymnastics |
| _____ Wrestling | _____ Soccer | _____ Bending | _____ Stooping |
| _____ Crawling | _____ Weightlifting | _____ Volleyball | _____ Swimming |
| _____ Water Polo | _____ Basketball | _____ Fitness Testing | _____ Jog/Walk |
| _____ Kickball | _____ Tetherball | _____ Calisthenics | _____ Badminton |
| _____ Body Conditioning | Other _____ | | |

_____ Child may participate in physical activity, including physical education; however, the child may select his or her own comfort level of involvement. The child will determine the need to rest or discontinuation of the activity on an as needed basis.

_____ No PE or physical activities recommended until cleared by physician listed below. (New form needed to remove restrictions).

_____ Environmental temperature or hydration concerns (please list): _____

_____ Duration of recommendations: _____

MOBILITY ASSISTIVE DEVICE: PHYSICAN ORDER FOR CURRENT ACADEMIC SCHOOL YEAR

1. Student needs: Crutches _____ Wheelchair _____ Walker _____ Motorized scooter _____ Other assistive device: _____

2. Reason/Diagnosis: _____

3. Physician initials indicate student has been shown how to use assistive device safely (this includes steps, stairs, door transitions, etc.)

_____ Initials of ordering physician.

Additional comments: _____

Signatures: (Provider Stamp may be used in addition to signature for name, address, phone number in the space below.)

Medical Provide Name: _____

Phone Number: _____

Medical Provider Signature: _____

Date: _____

Parent/Guardian Signature: _____

Date: _____

School Nurse Signature: _____

Date: _____

Principal Administrator Signature: _____

Date: _____

Provider Stamp (optional)