



FAMILY ACADEMY

Family Empowerment for 21st-Century Learners

THURS, NOVEMBER 2 | 6-7:30 PM



FEDERAL WAY
PUBLIC SCHOOLS



Ready...Set... Kindergarten!

FWPS Parent Academy
11/2/2023

Kim Erickson & McKenna Nicholson

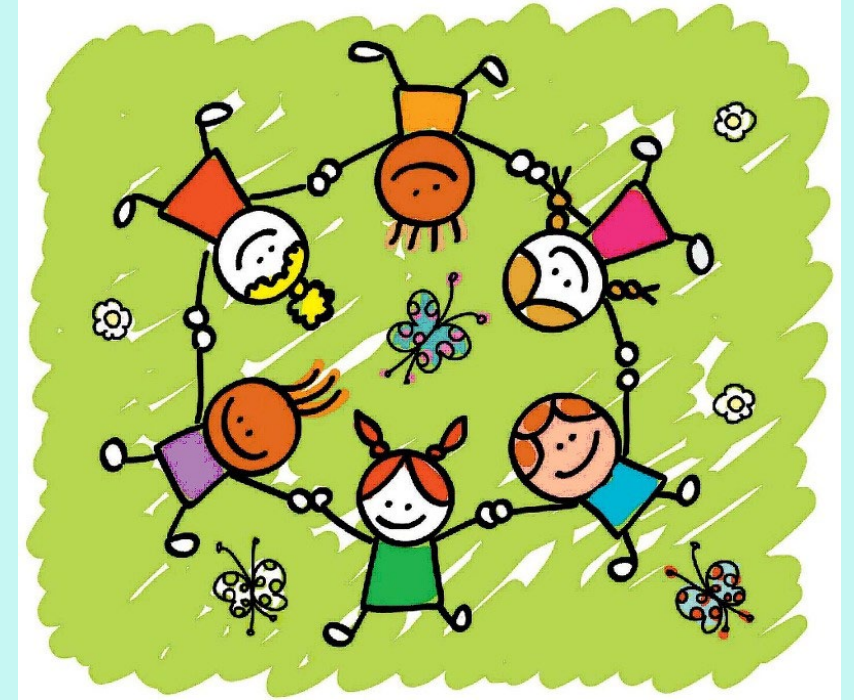


Parents are
a child's
FIRST
and most
important teachers.

Agenda



- Welcome & Introductions
- FWPS Kindergarten basics
- What do WE think a ready kindergartner looks like?
- Kindergarten readiness “targets” & ways to encourage these “targets” at home
- Tips & tricks
- Q & A
- GIVEAWAYS!!!



Goal 1- FWPS Strategic Plan



Goal 1 - The Early Years: Building the Foundation



Every student scholar will enter kindergarten ready to learn with the social/emotional skills that will propel each student to meet or exceed grade level standards in English Language Arts (ELA) and Mathematics by the end of third grade.

STUDENT LEARNING

goals

measures of progress

equity means

1 The Early Years: BUILDING THE FOUNDATION

Every student scholar will enter kindergarten ready to learn with the social-emotional skills that will propel each student to meet or exceed grade level standards in English Language Arts (ELA) and Mathematics by the end of 3rd grade.

By 2024 80% of 3rd grade scholars will be meeting or exceeding grade-level standards in ELA.

- Percent of scholars enrolled in high-quality preschool programs
- Percent of scholars meeting state PreK standards in literacy and math
- **Percent of scholars ready for kindergarten, as measured by WAKIDS assessments**
- Percent of scholars meeting Social Emotional Learning (SEL) standards for the early learning years
- **Percent of scholars meeting or exceeding grade-level standards in English Language Arts (ELA) and Mathematics by the end of 3rd grade**

Each scholar acquires the academic and social-emotional skills to be successful beyond 3rd grade.



FWPS Kindergarten Basics



- FWPS has 23 elementary schools
- Child must be 5 years old by 8/31/2023
- All kindergarten in FWPS is full-day
- Online enrollment can be found on our district's website
- Families can also register in-person during school hours
- Please bring: birth certificate, proof of address & child's immunization records

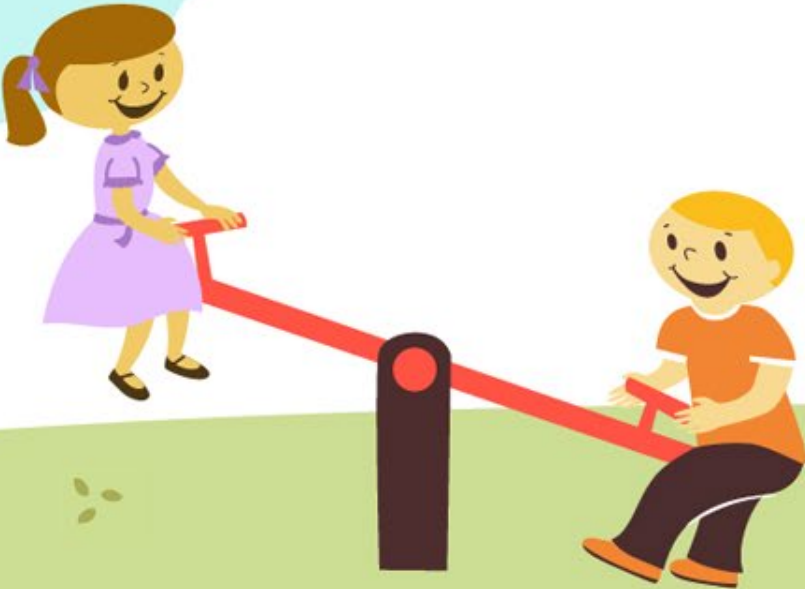
Please let us know if you need support with kindergarten registration!

Dates:

- Kindergarten Registration-opened January 17, 2023
- Kindergarten Jump Start- dates in May-June (please see handout)
- Kindergarten K- Camp
- WaKIDS Family Connections Conferences, first 3 days of the school calendar
- First Full-Day of Kindergarten



What does a "READY KINDERGARTNER" look like?









- . . . Can
- . . . Does
- . . . Says



PreK-3 Cross District
Coalition

Kindergarten Readiness Guidelines

Parents and families have a very important role as their child's first teacher. Children learn in different ways and at different rates. They come to school with varying skills. These guidelines highlight some of the skills children need to be prepared for kindergarten. The list below suggests ways to work with your child to help him/her be more ready for school.

Social/ Emotional		We are working on this.	Yes, my child can do this.
1	My child can follow 2-step directions consistently and is beginning to follow 3-step directions.		
2	My child can remember and follow routines (ex: dinner, bath, brush teeth, read bedtime story, go to bed).		
3	My child can tell about his/her own feelings (ex: I feel happy, I feel sad, I feel excited).		
4	My child can calm him/herself when frustrated or upset.		
5	My child can put on his/her own coat.		
6	My child can use the bathroom independently.		
7	My child can wash his/her hands.		
8	My child can put away toys, clean up small spills and pick up after him/herself.		
9	My child shares, takes turns and helps others.		
10	My child adjusts to new situations and/or people.		

Social Emotional & Behavioral Targets:



- **Manages feelings:** my child can calm themselves when upset or frustrated
- **Follows limits & expectations:** my child can remember & follow routines at home. My child can follow 2-step directions consistently
- **Takes care of own needs:** my child can be confident in meeting own needs (washing hands, bathroom use, puts away jacket, etc.)
- **Attends and engages:** sustains attention on tasks or interests; can ignore most distractions and interruptions
- **Persists:** plans, pursues and sustains difficult tasks
- **Solves problems:** solves problems with independence or with minimal adult support



Ways to Encourage Social Emotional and Behavioral Targets at Home:



- Read books that solve problems, ask questions during story
- Play games as a family
- Play together & have fun!
- Create opportunities for your child to play with peers
- Develop and follow routines at home: routines at home transfer into the school setting!
- Say positive things to your child
- Be patient and responsive to questions
- Encourage independence



Literacy Targets:



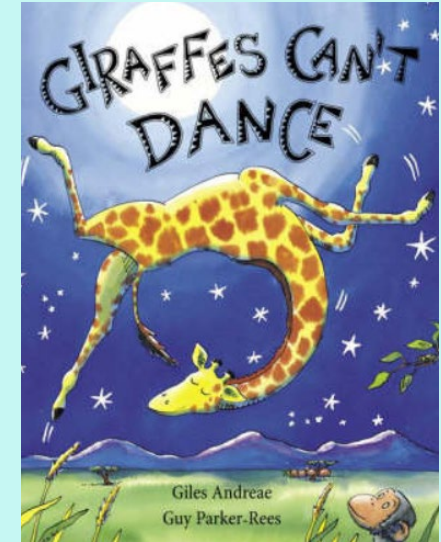
- **Rhyming:** my child can describe words that rhyme (cat, mat, sat)
- **Hears sounds:** my child is able to hear sounds in words (big, brown, bear) & hears parts of words (hap-py is 2 parts)
- **Letter names:** my child can name 10 letters, especially in their own name
- **Letter sounds:** my child can identify some letter sounds
- **Book behaviors:** my child holds a book, know where to start reading, cover, etc.
- **Reading skills:** my child pretends to read some language from a book & can “picture walk” through stories
- **Writes name:** my child can write first name



Ways to Encourage Literacy Targets at Home:



- Have conversations with your child and build oral language skills
- Read books that have rhyming words and sing nursely rhymes
- Encourage play with words, and make up their own
- Use playdoh to make letters
- Use foam letters in the bathtub or magnetic letters on the fridge
- Read books and visit the local library!
- Use flour or shaving cream to practice writing letters and first name
- Go on a letter hunt



Mathematics Targets:



- **Counts:** my child can count out loud to 20, in order
- **Quantifies:** my child is beginning to understand concepts of more, less and the same when comparing sets of items
- **Connects #'s to quantities:** my child can connect numbers 1-10 with matching sets of objects
- **Understands shapes:** my child can identify common shapes (circle, square, triangle, rectangle)



Ways to Encourage Math Targets at Home:

- Practice counting frequently- during meal times, while walking to the bus stop, jumping up and down....count all the time!
- Number/counting books & games and songs with numbers and counting
- Build something together with your child
- Bake or cook with your child
- Talk about shapes in your home or in the environment
- Go on a shape hunt while outside
- Use shaving cream or flour to write numbers and shapes
- Have fun with playdoh making shapes



Ways to encourage physical development at home:



Gross or large motor skills:

- Provide time everyday for outside play or gross motor activities
- Play music during everyday activities
- Encourage your child to jump, skip, run and be active
- Play "Simon Says" with your child



Fine motor skills:

- Offer experiences that build hand muscles- cooking, playdoh, scissors, ripping paper, etc.
- Take advantage of self-care routines to develop fine-motor skills- zipping, tying shoes, etc.
- Squirt bottles, medicine droppers, hole punches, using clothespins and play dough



Tips to support kindergarten readiness at home- *NAEYC: Ready or Not Kindergarten, Here We Come!*



- Help your child develop independence at home
- Focus on self-help skills
- Teach responsibility
- Develop and follow routines
- Read aloud to your child
- Engage your child in meaningful literacy activities
- Acknowledge your child's feelings



naeyc

**National Association for the
Education of Young Children**



Websites/Resources for Families:

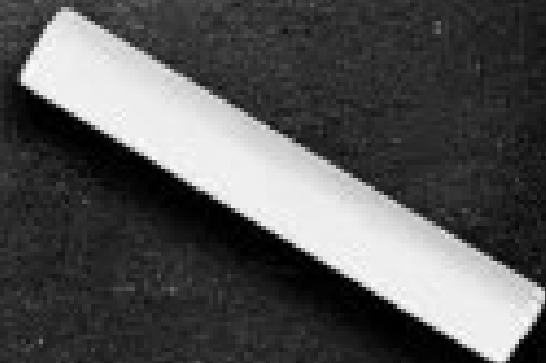
- www.zerotothree.org resources for parents for ages & stages of development and how to support kindergarten readiness
- www.readyatfive.org: downloaded activity cards & other resources
- www.readingrockets.org: community resources, and resources for early learning professionals and teachers
- www.helpmegrowmn.org
- www.vroom.org
- Visit the KCLS library!



Q

&

A



Thank you for attending!

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