

ISSUE 1 | OCTOBER 2023

Fall/Halloween Issue

HAMDEN MIDDLE SCHOOL

Happy Fall!

Issue 1: Table of Contents

Page 1 – QR Code:

View our Online Newspaper

Page 2 — Best Halloween Decor of the Year

Page 3 – Around Town: Spooky Decorations

Page 4 – NJHS Field Trip to Yale!

Page 5 - Halloween Comic

Page 6-7 – Here's How to Cheer Someone Up

Page 8 – Traditional Art

Page 9-10 – Fun Stuff

Page 11- Review Crew

Page 12- Spooky Recipes

Page 13- DIY Halloween Decor

Contributors (October Issue)

Staff Writers

Chloe Butts, Maia Detrani, Klaus Jung, Kelsey Diaz-Roman, Annabelle Jefferson, Evana Pais, Riona Pais, Sadie Rocha, Wesley Rogerson, Penny Smith

Photography

Lia Dunford, Donovan Kirkpatrick

Comics

Hannah Barrett

Traditional Art

Maia Detrani, Zariya Elahee, Sadie Rocha

Digital Art

Tanael Ngomanseke

Website Design

Riona Pais, Evana Pais & Chloe Butts

Fun Stuff Compilation

Desmond Bohan Tanael Ngomanseke

Club Advisor

Mrs. McCulley



Read The Dragon's Post... Now Online!!

The Dragon's Post is available to our readers online! Scan the QR code (left) to access our online newspaper.

A HUGE shout out to our web designers: Riona Pais, Evana Pais & Chloe

Butts

Best Halloween Decor of the Year

Annabelle Jefferson & Sadie Rocha Report

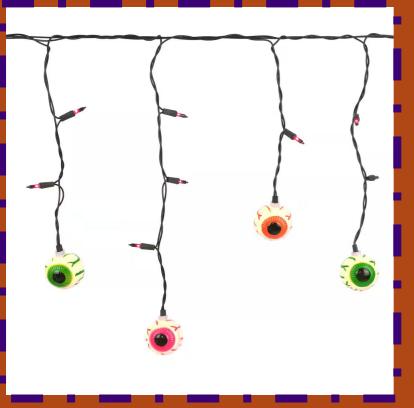
When hinges creak in doorless chambers, when strange and frightening sounds echo through the hall, you know it's time for Halloween! And decorations are all the rage this year. Here are my picks for the cheapest Halloween decor to make your yard

spooky.



Want to have outside decor to scare the neighborhood? Well only at Target, this graveyard set is perfect for your macabre vibes!

14pc Pumpkin scene setter kit Hyde and Eek boutique \$14-\$20



Both indoor and outdoor, these eyeball lights are sure to catch everyone's eyes. 23ct eyeballs incandescent icicle lights Michaels \$8-\$20











These ghosts will make your front yard look un-BOO- lievable. Hang them up or put them in ground, either way will make all the other haunted houses shriek.

18pc ghost scene setter kit
Hyde and Eek boutique \$14-\$20



Arachnophobes, WATCH OUT! This spider candy bowl is sure to make your skin crawl.

9" halloween metal spider bowl Joann's fabrics \$9-\$29

AROUND TOWN: SPOOKY DECORATIONS

The Dragon's Post photographer Lia Dunford showcases pictures of some spooky decorations around Hamden.









NJHS Field Trip To Yale!

Chloe Butts, Evana Pais, and Riona Pais Report

Check Out More Pictures



On The Way To Yale

This month, our fellow NJHS members went on a field trip to the Yale University campus in New Haven. We toured the whole campus and saw many unique things that shaped it into the place it is today. We learned about the exciting history of Yale, like how the "Yalies" believed that if you rubbed Theodore Dwight's foot it would bring you good luck (and we all rubbed his foot!). His foot is golden colored at the tip because of how many generations of students rubbed it.



Trophy Room

We later got a tour of the sports wing of Yale. When we went to the basketball court, we saw Yale's girls basketball team practicing! We also saw the trophy room that was filled with awards and learned about Yale's sports history. At the ending of the tour, we went to the pool and learned about their sports levels and programs.



York Side's Pizza Shop

Afterwards, we ordered pizza and salad at York Side's Pizza Shop. To end off our trip, we bought normal and crazy donuts from Donut Crazy. This trip made us think about our futures and the many possibilities to come. The possibility of going to Yale and becoming a "Yalie" will always be ingrained in the back of our minds. We will never forget this inspiring trip!



Here's How To Cheer Someone Up!

Staff Writer Wesley Rogerson shares how YOU can make someone's day. Article Reviewed by Klaus Jung.

Step 1: Identify if they are in a bad mood.

If your friend seems to be having a bad day, first make sure that it's not just their usual mood or way of looking at things. Take into account what might be going wrong in their day, this will help you get a grasp of what they're dealing with.

Step 2: Think of a way to make them smile.

If this is your friend, you should know them well. Talk about something they like to talk about: you could bring up something funny that happened a day ago, and— if you believe your friend is worried about something else and you don't really know what could cheer them up— try showing them the positives in the situation.

Step 3: The Resolution

If your friend cracks a smile: there, you did it! If not, try to repeat these steps, and if it's still a no, go full one on one with them. Ask them if everything's all right, and tell them you're there for them.

Fun Fact!

Studies show that if you give someone a gift, parts of the brain will trigger a response and let out dopamine. This means giving someone a gift is almost guaranteed to make someone happy, even if just for a second, no matter if it's a big gift or not!

Works Cited

Elflein, John. "Share of the U.S. Population with Depression 2019." *Statista*, 9 Feb. 2022, www.statista.com/statistics/979880/percentage-of-people-with-depression-us/.

Liu, Changlieng, et al. "Mechanisms and Regulation of Dopamine Release." *Current Opinion in Neurobiology*, Elsevier Current Trends, 12 Feb. 2019, www.sciencedirect.com/science/article/abs/pii/S0959438818302587.

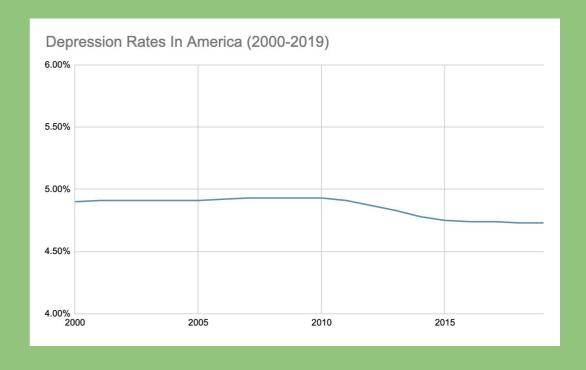
professional, Cleveland Clinic medical. "Depression: Causes, Symptoms, Types & Treatment." *Cleveland Clinic*, 13 Jan. 2023, my.clevelandclinic.org/health/diseases/9290-depression.

professional, Cleveland Clinic medical. "Dopamine Deficiency: Symptoms, Causes & Treatment." *Cleveland Clinic*, 23 Mar. 2022, my.clevelandclinic.org/health/articles/22588-dopamine-deficiency.

Here's How To Cheer Someone Up (cont'd): Some (Friendly) Advice to Remember...

Staff Writer Wesley Rogerson Reports

If a friend is acting differently than normal, not coming to events or other things, and/or just seems to be in a general bad state, this could be sign that they need help. You should talk to a parent or guardian, school counselor or a trusted adult to get more advice. It is important to remember that depression isn't just a feeling, it's a real disorder.



Works Cited

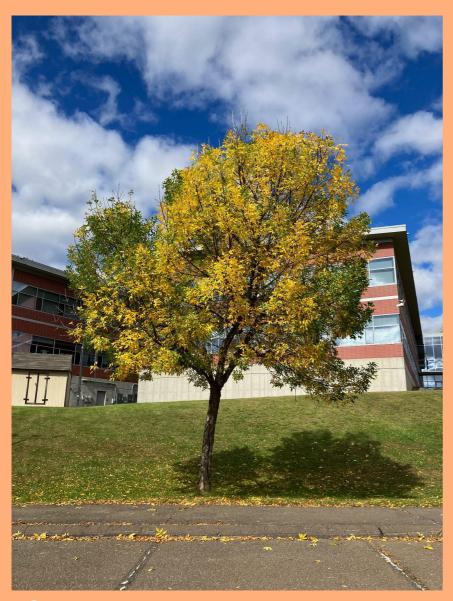
Elflein, John. "Share of the U.S. Population with Depression 2019." *Statista*, 9 Feb. 2022,

www.statista.com/statistics/979880/percentage-of-people-with-depression-us/.

Liu, Changlieng, et al. "Mechanisms and Regulation of Dopamine Release." *Current Opinion in Neurobiology*, Elsevier Current Trends, 12 Feb. 2019, www.sciencedirect.com/science/article/abs/pii/S0959438818302587.

professional, Cleveland Clinic medical. "Depression: Causes, Symptoms, Types & Treatment." *Cleveland Clinic*, 13 Jan. 2023, my.clevelandclinic.org/health/diseases/9290-depression.

professional, Cleveland Clinic medical. "Dopamine Deficiency: Symptoms, Causes & Treatment." *Cleveland Clinic*, 23 Mar. 2022, my.clevelandclinic.org/health/articles/22588-dopamine-deficiency.



Photography by: Donovan Kirkpatrick





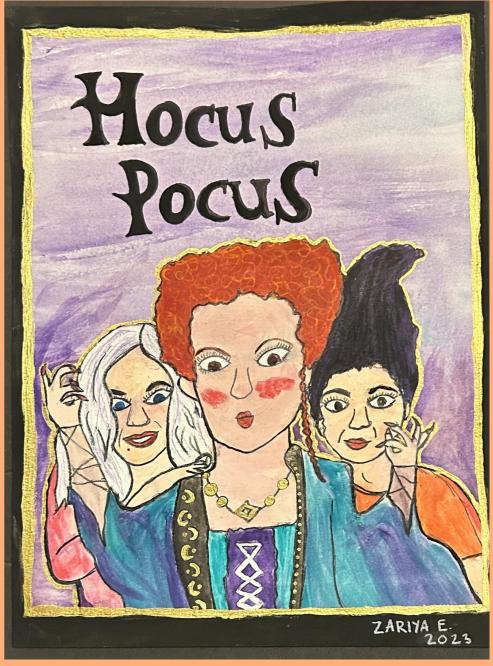
TRADITIONAL ART

MAIA DETRANI, SADIE ROCHA AND ZARIYA ELAHEE



Sadie R





 \bigwedge

Maia D



Fun Stuff

Word Search & Crossword!

Compiled by Staff Writers

Desmond Bohan &

Tannael Ngomanseke

Fall Word Search

Т	D	L	0	Н	Р	U	M	Р	K	I	N	Н	I
Н	I	Н	L	S	K	Е	L	E	Т	0	N	0	K
G	N	I	٧	R	Α	С	٧	С	E	0	Α	N	Ε
U	D	Ε	С	0	R	Α	T	I	0	N	S	F	W
D	D	Н	Α	L	L	0	W	E	E	N	Α	С	U
Ε	D	L	E	F	Ε	0	Р	F	F	L	S	L	R
Н	K	K	0	L	С	Α	С	Р	L	С	U	C	0
L	U	V	R	L	С	Α	V	I	D	Е	W	S	F
Ε	M	U	Т	S	0	С	N	E	N	0	Ε	Н	L
I	Υ	С	0	Υ	Р	S	Н	D	S	0	Α	Α	Α
N	N	D	S	0	R	E	T	L	Υ	Α	S	E	Ε
٧	I	Α	L	N	С	N	V	Υ	K	0	0	Р	S
Ε	M	Ε	0	Α	P	K	Ε	P	Н	P	С	Ε	0
Ε	0	K	L	0	Υ	Ε	С	Н	I	L	L	Υ	Υ

SPOOKY
PIE
CANDY
COSTUME
CARVING
HALLOWEEN
LEAVES
CHILLY
PUMPKIN
DECORATIONS
FALL
SKELETON

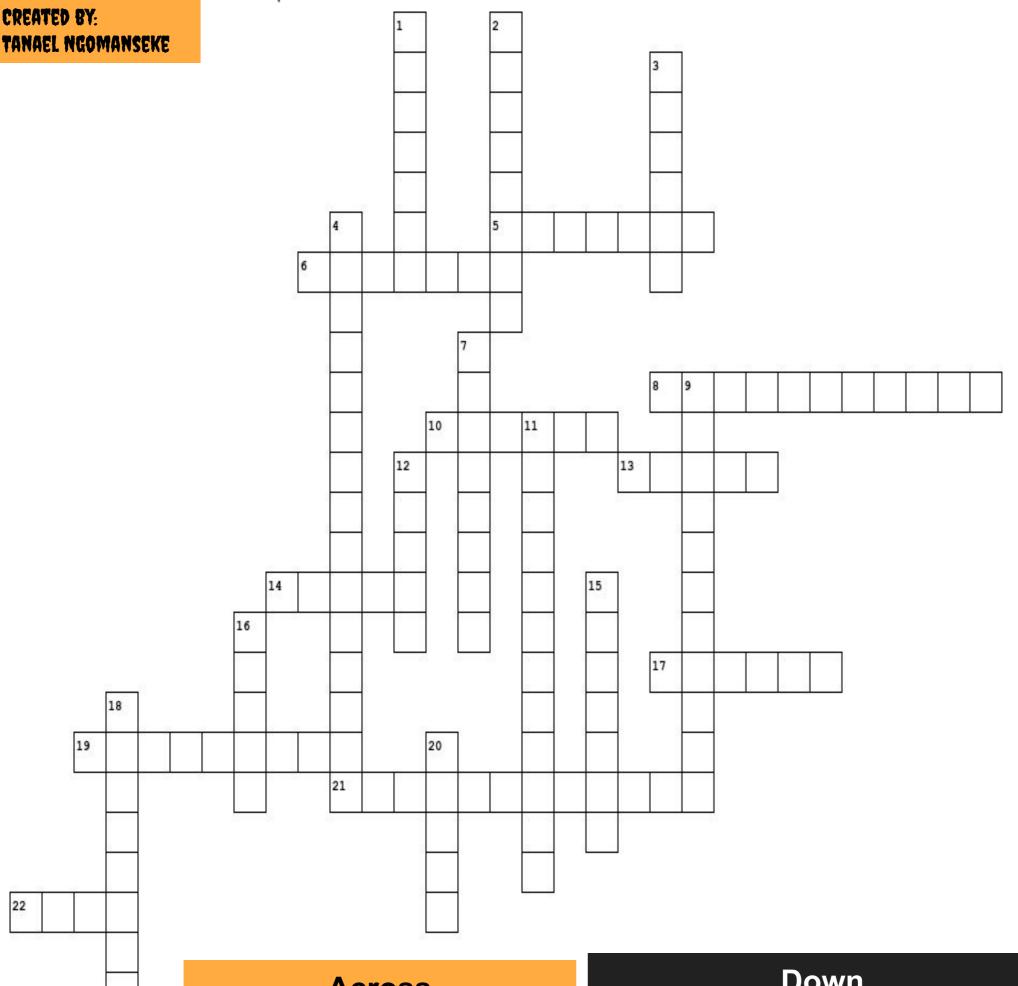
Play this puzzle online at : https://thewordsearch.com/puzzle/6203703/







Spooky grossword buzzle



Across

- 13. Monster wrapped in bandages.
- **14.** Scary ride on Halloween.
- **15.** Very friendly ghost.
- 16. Receive on Halloween.
- 17. Skeletons are made of...
- 18. Bug with eight legs.
- **19.** Popular candy on Halloween.
- **21.** Told around Halloween time.
- **22.** Scary obstacle course.

Down

- Month when Halloween is celebrated.
- 2. Worn on Halloween.
- 3. Howl in the night.
- Carved pumpkins. 4.
- **5**. Unlucky animal.
- Sweet treat made with apples. 6.
- Where you go to get Pumpkins. **7.**
- Scary non-living person. 8.
- Drinks blood. 9.
- 10. Older woman with a broom.
- People go here to get scared. 11.
- or Treat!" **12.**

REVIEW CREW

Written By: Chloe Butts, Evana Pais, Riona Pais & Kelsey Diaz Roman

The Scare-o-meter is a rating system that determines (IN OUR OPINION) how scary the movies, books, video games and music we are rating in this edition of "The Dragon's Post."

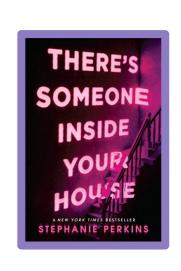


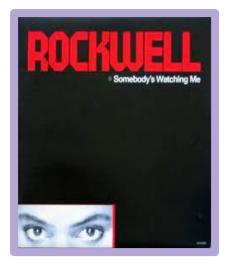
Movie Name: Ghostbusters (3/10) PG

This is yet another Halloween classic. This movie is about four scientists who, after moving from New York, become "ghostbusters" to make money. It's while they are on the job that they stumble on a gateway to a new realm. It's now up to them to save the world. I rate this a 3 out of 10 on the scare-o-meter (Watch at your own risk)

Book Title: There's Someone Inside Your House Author: Stephanie Perkins

This story is about a girl named Makani Young who was born and raised in Hawaii. She moves to Nebraska with her grandmother and is trying to adjust to her new life. But suddenly one of her classmates gets brutally murdered. Read this book to find out what happens next. This book is rated a 10 out of 10 on the Scare-o-meter. If this book sounds interesting, but you don't like reading, you can watch the movie.





Song Two - "Somebody's Watching Me"

By: Rockwell Ft. Michael Jackson (3/10)

"Somebody's Watching Me" is a song made in 1984. Rockwell was inspired to write this song because the paparazzi would always follow him, and he got so used to it that he always felt like somebody was watching him all the time. That's how he was inspired to write this song. I rated this a 3 out of 10 because this song isn't really scary, it's just about how someone feels like they're getting stalked. Also Michael Jackson is featured in this song!

(This song includes the "h" word so listen with caution!)

Video Game - Phasmophobia (2020)

Personal Rating: 7/10
Developer: Kinetic Games

Phasmophobia is a paranormal horror game created by British indie game studio, Kinetic Games. The game is about ghost hunting.



Some deliciously spooky recipes for all ghouls to enjoy.

Compiled by: Sadie Rocha

spooky recipes

gluten free:



dirt & worms

CLICK HERE TO VIEW RECIPE

halloween bark click here to view recipe



vegan recipes:

spider web brownies



CLICK HERE TO VIEW RECIPE

sugar skull

CLICK HERE TO VIEW RECIPE



RECIPES FOR THOSE WITHOUT FOOD ALLERGIES:

spooky halloween nachos

scary monster



D.I.Y. HALLOWEEN DECOR!

By Penny Smith and Maia Detrani



Step 1

Roll a piece of tin foil into a long snake, like this:



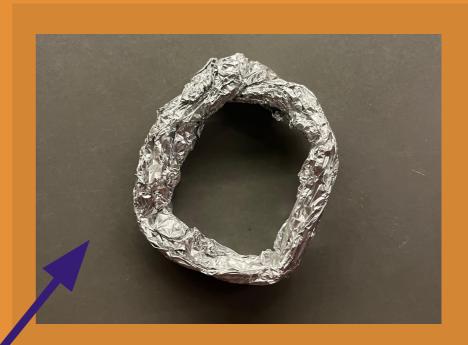
Step 2

Cross the ends and twist them together to form a loop, like this:

How to:

Make tinfoil chains!

Materials:
-Lots and lots of tin foil
-Your hands!



Step 3

Connect your loops together and keep going until you have a chain!!