

# **CSD Reproductive Health Update Overview**

**Feb/March 2022**

## **The Process**

- **November 9, 2021:** Committee met to identify goals for this year. Established goal to update materials & resources for our currently approved curriculum.
- **December/January:** District reproductive health teachers met to identify and review materials and resources that address our currently approved content in order to make recommendations to the larger committee.
- **February 2, 2022:** Committee met to review recommended updates. All materials were shared with committee members in advance to allow for full preview. All recommendations passed unanimously to move forward in the process.
- **February 23/March 2:** Public hearings on recommended updates
- **March 14/April 11:** Recommendations go to Board of Education for review and approval

## **The Updates**

- New resources (on back) were recommended in 4th-8th grade. Many of our resources (videos, film strips, etc.) at these grade levels were 20+ years old and the dated visuals detracted from the overall message. Recommended resources address our currently approved curriculum with no additions of topics or concepts but were produced more recently.
- Recommendation to add spring maturation lesson for 4th grade boys - addresses same standards as girls
- 6th-8th grade scope & sequence revised to reflect new resources, streamline instruction, and eliminate redundancy
- No updates or changes are being recommended at the high school level.

**Family Opt Out Option:** Once materials are approved as part of the CSD Reproductive Health curriculum, families still have a choice in whether their students participate in the lessons. Below is the process followed before the teaching of any lessons in the reproductive health curriculum:

- **Reproductive Health Grade Level Notification and Opt Out Process**
  - Families notified at least 2 weeks prior to instruction with guidelines for preview and opting out
  - Full materials available for preview upon request
  - Families may opt out of individual lesson or entire units

Questions or Comments? Heather Conklin- [hconklin@chelsea.k12.mi.us](mailto:hconklin@chelsea.k12.mi.us)

## Reproductive Health Updates

### Recommendations 2022

**Note: If a grade level or lesson is not listed, there are no updated materials being recommended.**

Grade Level	Lesson	Recommended Update	Resource
4		<b>Add</b> Maturation lesson for boys	<u>Presentation with video</u> (15 min)
4	Maturation for Girls	Update video	<u>Presentation with video</u> (21 min)
5	Maturation Fall	Update video	<u>Presentation with video</u> (11 min and 13 min)
5	Maturation Spring	Update video	<u>Presentation with video</u> (26 min)
6	Lesson 1 - Puberty	Update video	<u>Puberty: The Great Adventure for Guys &amp; Girls, 7th edition, 2018</u> (32:35)
6	Lesson 2 - Male & Female Reproductive System	Update from current diagrams to Visible Body Learning Site 3D models & labs	Visible Body Learning 3D Model Site - Requires login <u>Male Reproductive Lab</u> <u>Female Reproductive Lab</u>
6	Lesson 4 - HIV/AIDS	Update video & pre/post test	<u>The Puberty Workshop - HIV &amp; AIDS</u> (10 min) <u>HIV &amp; AIDS pre/post test</u>
8	Lesson 3 - Difficult Decision, Refusal & the Law	Update video	<u>How to Say No and Really Mean It</u> (20 min)
8	Lesson 4 - Teen Pregnancy	Update video	<u>Straight Talk: The Truth About Teen Pregnancy</u> (16 min)
8	Lesson 5 - STIs & Unit Wrap Up	Update video	<u>The ABCs of STIs</u> (19 min)

Proposed updated lesson sequences & topics:

- 6th grade
- 7th grade
- 8th grade