



LUNCH MENU Week 1

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|---|---|--|--|---|---|
| Tomato & Basil Soup Herby Croutons | Creamy Mushroom & Tarragon Soup Crème Fraiche | Spiced Carrot & Lentil Soup Carrot Crisps | Leek, Bacon & Potato Soup Thyme Croutons | Miso & Butternut Squash Crispy Soya Beans | | BRUNCH |
| Rich Beef Stew | Baked Chicken with Tomato & basil sauce | Garlic & Herb Crusted Pork Steak | Rosemary & Lemon Rubbed Chicken Legs with Gravy | Battered Cod with Tartare Sauce & Lemons Catch Of The Day | Creamy Chicken Pesto Pasta | Traditional Pork Sausage Bacon Baked Beans |
| Prawn & Chorizo Paella with Smoky Paprika Oil | Spiced Pork Soft Taco with Avocado & Tomato Salsa | Teriyaki Chicken & Noodles | Beef Rendang Curry | Chicken & Pancetta Pasta With Herb Crumb | Crispy Gnocchi with Vegan Tomato & Basil Pesto | Hash Browns Sauté Mushrooms Grilled Tomato Scrambled Egg |
| Creamy Garlic Tagliatelle Topped with roasted Squash & Pumpkin Seeds | Plant Protein Smoky Taco | Crispy Sweet Chilli Quorn with Noodles | Lentil Dhal with Charred Cauliflower & a Coriander Salsa | Spinach & Ricotta Pinwheel | Garlic Bread | |
| Garlic & Rosemary Roasted New Potatoes Sautéed Leeks & Cabbage | Wedges Sugar Snap Peas Sweetcorn | Steamed New Potatoes Charred Cauliflower Green Beans & Peas | Roasted Potatoes Orange Glazed Carrots Parsnips & Onion Rice | Fries Garden Peas Steamed Broccoli | Roasted Peppers & Red Onion | Selection of Continental Pastries |
| Jacket & Sweet Potatoes | Jacket & Sweet Potatoes | Jacket & Sweet Potatoes | Jacket & Sweet Potatoes | Jacket & Sweet Potatoes | | |
| Pasta Bar with Sauces | Pasta Bar with Sauces | Pasta Bar with Sauces | Pasta Bar with Sauces | Pasta Bar with Sauces | | |
| Hot Dessert Autumn Crumble & Custard | Hot Dessert Vanilla Traybake | Hot Dessert Lemon Curd Sponge & Cream | Hot Dessert Sticky Toffee & Custard | Hot Dessert Cranberry & White Chocolate Flapjack | Hot Dessert Churros & Chocolate Sauce | |
| Cold Pot Jelly | Cold Pot Bischof Cheesecake | Cold Pot Blueberry PannaCotta | Cold Pot Jelly | Cold Pot Yogurt Bar & Toppers | Cold Pot Fruity Sponge | Fresh Fruit & Yogurt |
| Fresh Fruit Selection | Fresh Fruit Selection | Fresh Fruit Selection | Fresh Fruit Selection | Fresh Fruit Selection | Fresh Fruit Selection | Fresh Fruit Selection |