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# COLORADO SPRINGS SCHOOL DISTRICT II MIDDLE SCHOOL ICAP

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HOLMES MIDDLE SCHOOL

OCTOBER 21, 2022

# ICAP

## INDIVIDUAL CAREER AND ACADEMIC PLAN

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ICAP is a multi-year process that guides students and families in the exploration of career, academic, and postsecondary opportunities. Required activities start in 6<sup>th</sup> grade and end senior year. Completion of an ICAP is a DII graduation requirement.



# TIMELINE

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Explore careers using Naviance.

6<sup>th</sup> Grade

Create a career goal.

7<sup>th</sup> Grade

Complete career cluster finder and write a post secondary goal.

8<sup>th</sup> Grade

# 6<sup>TH</sup> GRADE

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In 6<sup>th</sup> grade, students will explore careers using Naviance. ICAP helps students see the connections between what they learn in school and what they want to do in the future.

During the ICAP lesson, Counselors will discuss the differences between a career and job, share examples of various careers, and allow students time to explore and research careers. Students are then able to identify careers they may be interested in and notate them in Naviance to complete the 6<sup>th</sup> grade ICAP requirement.

# 7<sup>TH</sup> GRADE

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In 7<sup>th</sup> grade, students will delve deeper into career research by investigating the connections between characteristics and careers.

During the ICAP lesson, students will complete a characteristic inventory that allows them to identify characteristics that align with their personality and research potential careers. A career goal will be written to complete the 7<sup>th</sup> grade ICAP requirement. The goal will be revisited during 8<sup>th</sup> grade year.



# 8<sup>TH</sup> GRADE

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In 8<sup>th</sup> grade, students will continue to explore careers using Naviance. Through the Career Cluster Finder, students will match their interests to career clusters.

During the ICAP lesson, Counselors will discuss interests, careers, jobs, and talents, and how they relate to finding a career. Students will complete the Career Cluster Finder to determine careers to research and then write a post secondary goal to fulfill the final Middle School ICAP requirement.