

7th Grade Fall Student-Led Conferences & High School & Beyond Plan (HSBP)



In the 7th grade, the HSBP is focused on **exploration!** The signature experience is based on **careers** so keep an eye out for resources specific to inviting students to “try on” different careers and reflect upon those experiences

Conversation Prompts:

- If you could learn about anything, what topic would you want to learn about and why?
- If you could create a new class at our school, what would it be?
- How do you think you will use what you are learning in our school when you begin a career?
- Think about going to school and having a career. Are they the same thing? Are they different, and if so, how?

Related to HSBP, 7th grade students should:

- Continue to cultivate a positive attitude towards work and learning
- Begin to explore values as it relates to careers and world of work
- Understand how habits lead to success
- Identify career clusters of interest
- Explore/“try on” different careers
- Cultivate creativity, critical thinking, communication, and collaboration

[Full questions](#)

Family Involvement in Middle School

Middle school is a time of emotional, physical, social and academic changes. Your child is learning and developing skills that will make it easier to adjust to the challenges of high school and beyond.

Research shows that teens do better in school when their families are involved in their lives in and out of school. Here are some things you can consider if your student...

- Has good study habits?
- Reads what is necessary to complete an assignment?
- Hands in assignments on time?
- Prepares ahead of time for assignments and tests instead of cramming at the last minute?
- Has the resources needed to complete assignments or knows where to find what is needed? If not, ask a teacher or counselor for help.

The High School & Beyond Plan (HSBP) is a Washington State graduation requirement. In Highline Public Schools, the High School & Beyond Plan is a sequence of lessons and experiences delivered by dedicated, knowledgeable staff. The HSBP is a meaningful, individualized plan that is grounded in students’ interests, strengths, and hopes for their future. Through deeper, structured conversations with caring adults and real world experiences, students stay engaged, on-track toward graduation, and are prepared for success after high school.

Things you can do as a parent/guardian:

Family Discussion Ideas

- Share your story. How did you decide what you would do after high school? What did you appreciate about your process? What would you have liked to be different?
- Talk about goals and aspirations. What dreams do you have for your child? What do you see as their strengths?
- Invite students to share their interest inventory results with you. If they have not done this yet, try [CareerOneStop.org](https://www.careeronestop.org) for:
 - Interest assessment
 - Skills assessment
 - Values assessment

Family Checklist

- Talk about extracurricular activities.** Getting involved in clubs and other groups is a great way for your child to identify interests and feel more engaged in school.
- Explore options.** Suggest making a list of interests, talents and favorite activities and start matching them with occupations.
- Identify Career Options.** Talk about different jobs you see while you are out and about; when you see a construction site, go to the pharmacy, library, a play, etc.
- Encourage reflection.** Encourage your student to keep a journal to collect their experiences and learnings as they think about their future and to support with writing essays for scholarships, college applications and cover letters.



Scan the QR code to view this document electronically to access the linked resources or visit:

<https://www.highlineschools.org/departments/college-career-readiness/getting-to-graduation/high-school-and-beyond-plan/student-led-conference-family-resources>

¿Necesita apoyo de interpretación o traducción?

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Bạn có cần phiên dịch hoặc hỗ trợ dịch thuật không?