



BREAKFAST

K-12

NOVEMBER 2023

Copiah County School District

Monday

Tuesday

Wednesday

Thursday

Friday



6
 Pop Tarts
 Assorted Cereals
 Cheese Omelet
 Assorted Fruit Juices
 Fruit
 Milk

7
 French Toast Sticks
 Chicken Biscuit
 Assorted Fruit Juices
 Fruit
 Milk

1
 Cinnamon Rolls
 Breakfast Burrito
 Assorted Fruit Juices
 Fruit
 Milk

2
 Breakfast Pizza
 Waffles
 Assorted Fruit Juices
 Fruit
 Milk

3
 Muffins
 Assorted Cereals
 Apple Frudel
 Assorted Fruit Juices
 Fruit
 Milk

13
 Muffins
 Assorted Cereals
 Apple Frudel
 Assorted Fruit Juices
 Fruit
 Milk

14
 Cereal Bar
 Assorted Cereals
 Cheese Omelet
 Fruit
 Assorted Fruit Juices
 Milk

15
 Breakfast Pizza
 Bagel with Sausage
 Assorted Fruit Juices
 Fruit
 Milk

16
 French Toast Sticks
 Toast
 Bacon
 Assorted Cereals
 Assorted Fruit Juices
 Fruit
 Milk

17
 Cinnamon Rolls
 Breakfast Burrito
 Assorted Fruit Juices
 Fruit
 Milk

20
Holiday

21
Holiday

22
Holiday

23
Holiday

24
Holiday

27
 Muffins
 Assorted Cereals
 Apple Frudel
 Assorted Fruit Juices
 Fruit
 Milk

28
 Pop Tarts
 Assorted Cereals
 Cheese Omelet
 Assorted Fruit Juices
 Fruit
 Milk

29
 Bagel with Sausage
 Chicken Biscuit
 Assorted Fruit Juices
 Fruit
 Milk

30
 Sausage Biscuit
 Pancake on a Stick
 Assorted Fruit Juices
 Fruit
 Milk

