



November 2023

Middle School Lunch Menu
Attea and Springman



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>Daily Cold Lunch: PB&J Uncrustable Sandwiches & Wraps</p> <p>Produce bar offered daily with a variety of fruits and vegetables.</p>	<p>All lunch entrees offered with choice of fruit(s), vegetable(s), and milk</p> <p>Complete Lunch \$3.50</p>	<p>Beef Nachos or Taco Salad ¹</p> <p>Cheese or Buffalo Chicken Pizza Slice</p> <p>BLT Salad with Chicken</p> <p>Refried Beans with Cheese Elote Corn</p>	<p>BBQ or Buffalo Chicken Drumsticks ²</p> <p>Hamburger / Cheeseburger Black Bean Burger</p> <p>Southwest BBQ Chicken Salad</p> <p>Garlic Potatoes Biscuit</p>	<p>Orange Chicken & Rice or Vegan Orange Chicken & Rice ³</p> <p>Bosco Sicks with Marinara Sauce</p> <p>Yogurt Parfait</p> <p>Fortune Cookie Garlic Broccoli</p>
<p>Chicken Tater Bowl & Biscuit ⁶</p> <p>Tater Bowl with Vegan Chicken & Biscuit</p> <p>Cheese or Turkey Pepperoni Pizza Slice</p> <p>Yogurt Parfait</p> <p>Mashed Potatoes with Gravy</p>	<p>Pasta with Meat Sauce or Baked Mostaccioli ⁷</p> <p>Spicy or Plain Crispy Chicken Sandwich</p> <p>Chicken Caesar Salad</p> <p>Roasted Veggies Garlic Bread</p>	<p>Beef or Bean Cheesy Nachos ⁸</p> <p>Cheese or Turkey Pepperoni Pizza Slice</p> <p>Buffalo Chicken Salad</p> <p>Refried Beans with Cheese</p>	<p>Chicken, Bacon, & Cheddar Flatbread ⁹</p> <p>Falafel Pita</p> <p>Bosco Sticks & Marinara</p> <p>Southwest BBQ Chicken Salad</p> <p>Cucumber Tomato Salad</p>	<p>Buffalo Chicken Grilled Cheese ¹⁰</p> <p>All American Grilled Cheese</p> <p>Chicago Style Hot Dog</p> <p>Yogurt Parfait</p> <p>Tomato Soup</p>
<p>Meatball Sub ¹³</p> <p>Spicy Black Bean Burger</p> <p>Cheese or Pepperoni Pizza Slice</p> <p>Yogurt Parfait</p> <p>Waffle Fries</p>	<p>Alfredo Pasta with Cheesy Garlic Bread ¹⁴</p> <p>Spicy or Plain Crispy Chicken Sandwich</p> <p>Chicken Caesar Salad</p> <p>Parmesan Roasted Broccoli</p>	<p>Chicken Burrito Bowl with Cilantro Rice ¹⁵</p> <p>Cheese or Turkey Pepperoni Pizza Slice</p> <p>Chopped Chicken Salad</p> <p>Refried Beans Jalapeno Corn & Bean Salsa</p>	<p>Honey Sriracha Boneless Wings or Buffalo Vegan Nuggets ¹⁶</p> <p>Hamburger or Cheeseburger</p> <p>Southwest BBQ Chicken Salad</p> <p>Sweet Potato Fries Soft Pretzel</p>	<p>Szechuan Chicken Potstickers ¹⁷</p> <p>Bosco Sticks with Marinara Sauce</p> <p>Yogurt Parfait</p> <p>Stir Fry Veggies</p>
<p>Chicken Tenders ²⁰</p> <p>Homestyle Mac n' Cheese</p> <p>Cheese or Turkey Pepperoni Pizza Slice</p> <p>Yogurt Parfait</p> <p>Pumpkin Bread Tater Tots</p>	<p>Pasta with Meatballs or Pasta with Marinara Sauce and Cheese ²¹</p> <p>Spicy or Plain Crispy Chicken Sandwich</p> <p>Chicken Caesar Salad</p> <p>Roasted Veggies Garlic Bread</p>	<p>No School Thanksgiving Break ²²</p>	<p>No School Thanksgiving Break ²²</p>	<p>No School Thanksgiving Break ²²</p>
<p>Chicken Tater Bowl & Biscuit ²⁷</p> <p>Tater Bowl with Vegan Chicken & Biscuit</p> <p>Cheese or Turkey Pepperoni Pizza Slice</p> <p>Yogurt Parfait</p> <p>Mashed Potatoes with Gravy</p>	<p>Pasta with Meat Sauce or Baked Mostaccioli ²⁸</p> <p>Spicy or Plain Crispy Chicken Sandwich</p> <p>Chicken Caesar Salad</p> <p>Roasted Veggies Garlic Bread</p>	<p>Beef or Bean Cheesy Nachos ²⁹</p> <p>Cheese or Turkey Pepperoni Pizza Slice</p> <p>Buffalo Chicken Salad</p> <p>Refried Beans with Cheese</p>	<p>Chicken, Bacon, & Cheddar Flatbread ³⁰</p> <p>Falafel Pita</p> <p>Bosco Sticks & Marinara</p> <p>Southwest BBQ Chicken Salad</p> <p>Cucumber Tomato Salad</p>	 <p>www.GetChoosi.com</p>

MENU SUBJECT TO CHANGE

This institution is an equal opportunity provider