

November

Breakfast

Lunch

Wednesday 1st	long john gogurt	hamburger casserole-corn-bun
Thursday 2nd	french toast and sausage	soft shell taco
Friday 3rd	hard boiled egg- rice crispy bar-mozzarella stk	ham - au gratin potato - bun

Monday 6th	pancakes sausage	Chicken sandwich - ff
Tuesday 7th	breakfast sandwich	tater tot casserole-green bean-bun
Wednesday 8th	long john gogurt	Pizza
Thursday 9th	pop tart rice crispy	super nacho
Friday 10th	biscuits & gravy	CB - FF

Monday 13th	pb&j and gogurt	corn dog - potato
Tuesday 14th	french toast and sausage	lasagna casserole
Wednesday 15th	breakfast sandwich	hamburger gravy - potato - bun
Thursday 16th	oven omelet bagel	hot dogs - baked beans
Friday 17th	hard boiled egg- rice crispy bar-mozzarella stk	alfredo casserole corn bun

Monday 20th	cinnamon roll mozzarella stick	ham & scalloped potato- bun
Tuesday 21st	pop tart rice crispy	thanksgiving dinner
Monday 27th	biscuits & gravy	Chicken strips - ff
Tuesday 28th	breakfast sandwich	goulash - corn - bun
Wednesday 29th	long john gogurt	pulled pork sandwich - chips
Thursday 30th	pb&j and gogurt	potato ole' - cookie

Breakfast - All breakfasts will have choice of milk, juice, and 1 cup of fruit

Lunch - All lunches will have a choice of 1% milk or skim chocolate milk and 1 cup of fruit and vegetables

Fresh Fruit and Vegetable snack is provided to grades prk-6th every afternoon

An afterschool snack is provided to kids who participate in the afterschool program and activities
Monday through Thursday