



50450 RICE, LONG GRAIN, BROWN, QUICK-COOKING, DRY

Category: Cereal Grains and Pasta

Serves: 1 (0.25 cup)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

PICKLIST
1 Bag of RICE, LONG GRAIN, BROWN, QUICK-COOKING, DRY

NUTRIENT	0.25 CUP
Calories	67.2307 kcals
Total Carbohydrate	14.1538 g
Dietary Fiber	0.5898 g
Sugars	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
0.25 cup	0.500 oz Grains, 0.500 oz Whole Grain-Rich (Grains)



REC190101 Salad Bar/ Salad Pack

Category: Vegetable

Serves: 3 1/2 (Serving - 1/2 cup)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

PICKLIST

1 Can 10# of Beans, Garbanzo, 2 Serving - 1/4 cups of Broccoli, Raw, 1 Bag of Carrots, Baby Bulk, 1 Bag - 5lb of Salad Mix, 1 Bag - 5lb of Spinach, 2 Serving - 3 tomatoes of Tomatos, Cherry/Grape

#	INGREDIENTS	INSTRUCTIONS
1	1 x Serving - 1/4 cup of Salad Mix 1 x Serving - 1/4 cup of Spinach 1 x Serving - 1/4 cup of Carrots, Baby Bulk 1 x Serving - 1/4 cup of Broccoli, Raw 1 x Serving - 3 tomatoes of Tomatos, Cherry/Grape 1 x Serving - 1/4 cup of Corn, Canned, Drained 1 x Serving - 1/4 cup of Beans, Garbanzo	

NUTRIENT	SERVING - 1/2 CUP
Calories	63.8031 kcals
Total Carbohydrate	12.6943 g
Dietary Fiber	3.3957 g
Sugars	2.9821 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving - 1/2 cup	1.750 cups Vegetables, 0.500 cups Red/Orange (Vegetables), 0.500 cups Dark Green (Vegetables), 0.250 cups Beans/Peas (Vegetables), 0.250 cups Starchy (Vegetables), 0.250 cups Other (Vegetables)



REC190103 1 Turkey & Cheese Sandwich on a Parisian Baguette

Category: Main Entree

Serves: 1 (Sandwich)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Wheat	None	None

PICKLIST
1 Baguette of Bread, Parisian Sourdough Baguette - Par baked, 1 Loaf of Cheese American Processed, 5 Serving (s)s of Turkey Breast Slice

#	INGREDIENTS	INSTRUCTIONS
1	2 x Slice(s) of Turkey Breast Slice 1 x Baguette of Bread, Parisian Sourdough Baguette - Par baked 1 x Serving - 1 oz of Cheese American Processed	

NUTRIENT	SANDWICH
Calories	479.0633 kcals
Total Carbohydrate	45.1712 g
Dietary Fiber ¹	4 g
Sugars	0.9877 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Sandwich	3.000 oz Meats/Meat Alternates, 2.750 oz Grains, 2.750 oz Whole Grain-Rich (Grains)



020599 Beans, Garbanzo

Category: Vegetable

Serves: 1 (Serving-1/2 cup), 1 (Serving - 1/4 cup), 1 (Serving - 1 oz)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

PICKLIST
1 Can 10# of Beans, Garbanzo

NUTRIENT	SERVING-1/2 CUP	SERVING - 1/4 CUP	SERVING - 1 OZ
Calories	99.2232 kcals	49.6116 kcals	24.8058 kcals
Total Carbohydrate	16.0572 g	8.0286 g	4.0143 g
Dietary Fiber	4.7174 g	2.3587 g	1.1793 g
Sugars	2.835 g	1.4175 g	0.7087 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving-1/2 cup	
Serving - 1/4 cup	
Serving - 1 oz	



REC0009 French Toast, Tater Tots & Turkey Sausages

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Soy, Wheat	None	None

PICKLIST

1 Serving of French Toast Sticks Bulk (3pc svg), 1 Bag of Potato, Tater Tots RS, 1 Serving of Sausage Turkey Link - Gluten Free

#	INGREDIENTS	INSTRUCTIONS
1	1 x Serving - 8pc / 1/2 cup of Potato, Tater Tots RS	Cook in oven to manufacturer specifications.
2		Use defrosted meat and drain water.
3		On an open tortilla, place cooked tater tots in a line down the center of the tortilla, place sliced egg patty next, then shredded cheddar cheese, then turkey taco meat.

NUTRIENT	SERVING
Calories	493.7995 kcals
Total Carbohydrate	55.6799 g
Dietary Fiber	5.12 g
Sugars	9.1199 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 0.500 cups Vegetables, 0.500 cups Starchy (Vegetables)



Copy of REC0013 Copy of Chicken Nuggets/FF and a cracker

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Soy, Wheat	None	None

PICKLIST

1 Serving of Chicken Breaded Bites/Chunks, 1 Bag of Cracker Cheez-Its, 2 Servings of Potato, Fries Crinkle - Gluten Free

#	INGREDIENTS	INSTRUCTIONS
1	4 x Ounce of Potato, Fries Crinkle - Gluten Free 1 x Serving of Chicken Breaded Bites/Chunks 1 x Bag of Cracker Cheez-Its	

NUTRIENT	SERVING
Calories	544.6802 kcals
Total Carbohydrate	66.5248 g
Dietary Fiber	4.0124 g
Sugars	1 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 0.500 cups Vegetables, 0.500 cups Starchy (Vegetables)



D031807 Cracker Cheez-Its

Category: Snack

Serves: 1 (Bag)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Soy, Wheat	None	None

NUTRIENT	BAG
Calories	100 kcals
Total Carbohydrate	14 g
Dietary Fiber	1 g
Sugars	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Bag	



REC0030 Teriyaki Veggie Nugget w/Veggie Fried Rice

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Sesame Seeds, Soy, Wheat	None	None

PICKLIST
1 Bag of Rice - WG Vegetable Fried - Minh, 1 Bottle of Sauce, Teriyaki, 1 Serving of Vegetarian Nuggets, Vegan Soy - Sub

#	INGREDIENTS	INSTRUCTIONS
1	1 x Ounce of Sauce, Teriyaki 1 x Serving - 1 cup of Rice - WG Vegetable Fried - Minh 1 x Serving of Vegetarian Nuggets, Vegan Soy - Sub	

NUTRIENT	SERVING
Calories	527.2489 kcals
Total Carbohydrate	78.0247 g
Dietary Fiber ¹	5.0001 g
Sugars	11.8749 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 0.250 cups Vegetables, 0.250 cups Other (Vegetables)



REC001901 Chef Salad with Cheez-its

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Soy, Wheat	None	None

PICKLIST
1 Loaf of Cheese American Processed, 1 Bag of Cracker Cheez-Its, 4 Slices of Cucumber, 1 2 lb Bag of Lettuce, Romaine, 1 Onion of Red Onion, 1 Serving - 3 tomato of Tomatos, Cherry/Grape, 1 Bag of Turkey Bacon, 2 Serving (s) of Turkey Ham Smked Slice

#	INGREDIENTS	INSTRUCTIONS
1	2 x Cup(s) of Lettuce, Romaine 2 x Piece(s) of Turkey Bacon 2 x Ounce of Turkey Ham Smked Slice 2 x Serving - 1 oz of Cheese American Processed 4 x Slivered Slice(s) of Red Onion 4 x Slice of Cucumber 1 x Serving - 3 tomatoes of Tomatos, Cherry/Grape 1 x Bag of Cracker Cheez-Its	

NUTRIENT	SERVING
Calories	532.9704 kcals
Total Carbohydrate	41.0442 g
Dietary Fiber ¹	11.7177 g
Sugars	12.1307 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	4.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 1.000 cups Vegetables, 1.000 cups Dark Green (Vegetables)



190103 Turkey and Cheese on a Croissant Sandwich

Category: Main Entree

Serves: 1 (Sandwich)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Soy, Wheat	None	None

PICKLIST
1 Loaf of Cheese American Processed, 1 Each of Croissants, RF Sliced, 5 Serving (s)s of Turkey Breast Slice

#	INGREDIENTS	INSTRUCTIONS
1	1 x Each of Croissants, RF Sliced 1 x Ounce of Cheese American Processed 2 x Slice(s) of Turkey Breast Slice	

NUTRIENT	SANDWICH
Calories	460.4193 kcals
Total Carbohydrate	35.1958 g
Dietary Fiber ¹	2 g
Sugars	4 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Sandwich	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



REC190103 2 Turkey & Garlic Chs Spread Sandwich on a Parisian Baguette

Category: Main Entree

Serves: 1 (Sandwich)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Wheat	None	None

PICKLIST
1 Baguette of Bread, Parisian Sourdough Baguette - Par baked, 1 Each of Cream Cheese IW, 1 1 Leaf of Lettuce, Green Leaf #10, 1 Pound of Tomatos, Roma, 5 Serving (s)s of Turkey Breast Slice

#	INGREDIENTS	INSTRUCTIONS
1	2 x Slice(s) of Turkey Breast Slice 1 x Baguette of Bread, Parisian Sourdough Baguette - Par baked 1 x Each of Cream Cheese IW 1 x 1 Leaf of Lettuce, Green Leaf #10 4 x Slice(s) of Tomatos, Roma	

NUTRIENT	SANDWICH
Calories	474.6785 kcals
Total Carbohydrate	46.1248 g
Dietary Fiber	4.0737 g
Sugars	1.8104 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Sandwich	3.000 oz Meats/Meat Alternates, 2.750 oz Grains, 2.750 oz Whole Grain-Rich (Grains), 0.500 cups Vegetables, 0.250 cups Red/Orange (Vegetables), 0.250 cups Dark Green (Vegetables)



D0116161205 1 Strawberry Applesauce Cups

Category: Fruit

Serves: 1 (Cup)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

PICKLIST
1 Cup of Strawberry Applesauce Cups

NUTRIENT	CUP
Calories	50 kcats
Total Carbohydrate	14 g
Dietary Fiber	1.0001 g
Sugars	12 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Cup	0.500 cups Fruits, 0.500 cups Whole Fruit (Fruits)



D0116161206 Strawberry Applesauce Cups - SUB

Category: Fruit

Serves: 1 (Cup)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

PICKLIST
1 Cup of Strawberry Applesauce Cups - SUB

NUTRIENT	CUP
Calories	50 kcals
Total Carbohydrate	13 g
Dietary Fiber	1 g
Sugars	11 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Cup	0.500 cups Fruits, 0.500 cups Whole Fruit (Fruits)



D020218 1 BBQ Sauce Packets

Category: Condiments

Serves: 1 (Packet)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

PICKLIST
1 Packet of BBQ Sauce Packets

NUTRIENT	PACKET
Calories	45 kcals
Total Carbohydrate	10 g
Dietary Fiber	0 g
Sugars	9 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Packet	



D031807 Cracker Cheez-Its

Category: Snack

Serves: 1 (Bag)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Soy, Wheat	None	None

PICKLIST
1 Bag of Cracker Cheez-Its

NUTRIENT	BAG
Calories	101.2482 kcals
Total Carbohydrate	14.1748 g
Dietary Fiber	1.0125 g
Sugars	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Bag	1.000 oz Grains, 1.000 oz Non-Whole Grains (Grains)



D1001 Juice, Apple 4.23 Oz - 40ct

Category: Fruit Juice

Serves: 1 (Carton)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

PICKLIST
1 Carton of Juice, Apple 4.23 Oz - 40ct

NUTRIENT	CARTON
Calories	60 kcals
Total Carbohydrate	14 g
Dietary Fiber	0 g
Sugars	13 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Carton	0.500 cups Fruits, 0.500 cups Fruit Juice (Fruits)



D1002 Juice, Vegetable, Paradise Punch 4.23 Oz - 40ct

Category: Vegetable

Serves: 1 (Carton)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

PICKLIST
1 Carton of Juice, Vegetable, Paradise Punch 4.23 Oz - 40ct

NUTRIENT	CARTON
Calories	60 kcals
Total Carbohydrate	14 g
Dietary Fiber	0 g
Sugars	13 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Carton	0.500 cups Vegetables, 0.500 cups Other (Vegetables)



D110520 Ketchup Packets

Category: Condiments

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

PICKLIST
1 Each of Ketchup Packets

NUTRIENT	EACH
Calories	13.3333 kcals
Total Carbohydrate	4 g
Dietary Fiber	0 g
Sugars	2.6667 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	



D1300 Marinara IW

Category: Vegetable

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Soy	None	None

PICKLIST
1 Each of Marinara IW

NUTRIENT	EACH
Calories	39.9999 kcals
Total Carbohydrate	7 g
Dietary Fiber	2 g
Sugars	4 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	0.500 cups Vegetables, 0.500 cups Red/Orange (Vegetables)



D1303 Mayonnaise Packets

Category: Condiments

Serves: 1 (Package), 1 (Case)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg	None	None

PICKLIST
1 Package of Mayonnaise Packets

NUTRIENT	PACKAGE	CASE
Calories ¹	0 kals	0 kals
Total Carbohydrate ¹	0 g	0 g
Dietary Fiber ¹	0 g	0 g
Sugars ¹	0 g	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Package	
Case	



D1321 Mustard Packets

Category: Condiments

Serves: 1 (Package)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

PICKLIST
1 Package of Mustard Packets

NUTRIENT	PACKAGE
Calories	4.4 kcals
Total Carbohydrate	0.22 g
Dietary Fiber	0.11 g
Sugars	0.0512 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Package	



D150120 Oatmeal Instant Maple Brown Sugar

Category: Main Entree

Serves: 1 (Pouch)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

PICKLIST
1 Pouch of Oatmeal Instant Maple Brown Sugar

NUTRIENT	POUCH
Calories	159.9999 kcals
Total Carbohydrate	33 g
Dietary Fiber	3 g
Sugars	12 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Pouch	1.000 oz Grains, 1.000 oz Whole Grain-Rich (Grains)



D161516 Popcorn Sweet and Salty

Category: Snack

Serves: 1 (Bag - 1oz)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk, Soy, Tree Nuts	None	None

PICKLIST
1 Bag - 1oz of Popcorn Sweet and Salty

NUTRIENT	BAG - 1OZ
Calories	132.9828 kcals
Total Carbohydrate	20.4589 g
Dietary Fiber	3.0688 g
Sugars	5.1147 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Bag - 1oz	0.500 oz Grains, 0.500 oz Whole Grain-Rich (Grains)



D180100 Raisins

Category: Fruit

Serves: 1 (Bag), 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

PICKLIST
1 Bag of Raisins

NUTRIENT	BAG	EACH
Calories	119.9999 kcals	119.9999 kcals
Total Carbohydrate	29 g	29 g
Dietary Fiber	2 g	2 g
Sugars	2 g	2 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Bag	0.500 cups Fruits, 0.500 cups Whole Fruit (Fruits)
Each	0.500 cups Fruits, 0.500 cups Whole Fruit (Fruits)



D180903 Rice Krispy Treat

Category: Snack

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk, Soy	None	None

PICKLIST
1 Each of Rice Krispy Treat

NUTRIENT	EACH
Calories	159.9999 kcals
Total Carbohydrate ¹	0 g
Dietary Fiber ¹	0 g
Sugars	11 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	1.000 oz Grain Based Desserts



D190112 Salsa Cups IW - Gluten Free

Category: Vegetable

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

PICKLIST
1 Each of Salsa Cups IW - Gluten Free

NUTRIENT	EACH
Calories	20.8333 kcals
Total Carbohydrate	4.1667 g
Dietary Fiber	0.8333 g
Sugars	2.5 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	0.500 cups Vegetables, 0.500 cups Red/Orange (Vegetables)



D191526 Soy Milk Vanilla Organic

Category: Milk

Serves: 1 (Carton, 8oz)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

PICKLIST
1 Carton, 8oz of Soy Milk Vanilla Organic

NUTRIENT	CARTON, 8OZ
Calories	143.7 kcals
Total Carbohydrate	20.1 g
Dietary Fiber	0.74 g
Sugars	16.4001 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Carton, 8oz	1.000 cups Skim or Fat-Free Unflavored Milk (Milk), 1.000 cups Milk



D31804 Crackers - Educational Snacks

Category: Snack

Serves: 1 (Bag)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Milk, Soy, Wheat	None	None

PICKLIST
1 Bag of Crackers - Educational Snacks

NUTRIENT	BAG
Calories	117.3083 kcals
Total Carbohydrate	21.5065 g
Dietary Fiber	1.9552 g
Sugars	5.8654 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Bag	1.000 oz Grains, 1.000 oz Whole Grain-Rich (Grains)



D31805 Crackers - Munchie Mix

Category: Snack

Serves: 1 (Bag)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk, Wheat	None	None

PICKLIST
1 Bag of Crackers - Munchie Mix

NUTRIENT	BAG
Calories	110.0185 kcals
Total Carbohydrate ¹	0 g
Dietary Fiber ¹	0 g
Sugars	2.0003 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Bag	1.000 oz Grains, 1.000 oz Non-Whole Grains (Grains)



D3501 Cereal Honey Scooters LG

Category: Main Entree

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Wheat	None	None

PICKLIST
1 Each of Cereal Honey Scooters LG

NUTRIENT	EACH
Calories	219.9998 kcals
Total Carbohydrate	46 g
Dietary Fiber	3 g
Sugars	17 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



D3502 Cereal Marshmallow Mateys LG

Category: Main Entree

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Wheat	None	None

PICKLIST
1 Each of Cereal Marshmallow Mateys LG

NUTRIENT	EACH
Calories	209.9998 kcals
Total Carbohydrate	47 g
Dietary Fiber	3 g
Sugars	23 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



D3504 Cereal Cinnamon Toasters LG

Category: Main Entree

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Soy, Wheat	None	None

PICKLIST
1 Each of Cereal Cinnamon Toasters LG

NUTRIENT	EACH
Calories	239.9998 kcals
Total Carbohydrate	44 g
Dietary Fiber	3 g
Sugars	19 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



D41800 Dressing, Buttermilk Ranch, 12 g

Category: Condiments

Serves: 1 (Package)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Milk	None	None

PICKLIST
1 Package of Dressing, Buttermilk Ranch, 12 g

NUTRIENT	PACKAGE
Calories ¹	0 kcals
Total Carbohydrate ¹	0 g
Dietary Fiber ¹	0 g
Sugars ¹	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Package	



F020100 Bagel IW - SUB

Category: Main Entree

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Wheat	None	None

PICKLIST
1 Each of Bagel IW - SUB

NUTRIENT	EACH
Calories	216.9998 kcals
Total Carbohydrate	44.5999 g
Dietary Fiber	4.36 g
Sugars	4 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F020107 Bagel IW

Category: Main Entree

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Wheat	None	None

PICKLIST
1 Each of Bagel IW

NUTRIENT	EACH
Calories	162.9999 kcals
Total Carbohydrate	33.5 g
Dietary Fiber	3.3 g
Sugars	3 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F021805 Breakfast Bun

Category: Main Entree

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Gluten, Milk, Soy, Wheat	None	None

PICKLIST
1 Each of Breakfast Bun

NUTRIENT	EACH
Calories	269.9998 kcals
Total Carbohydrate	38 g
Dietary Fiber	3 g
Sugars	12 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F021806 Raspberry Breakfast Square WG

Category: Main Entree

Serves: 1 (Square)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Gluten, Wheat	None	None

PICKLIST
1 Each of Raspberry Breakfast Square WG

NUTRIENT	SQUARE
Calories	259.9998 kcals
Total Carbohydrate	36 g
Dietary Fiber	1 g
Sugars	20 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Square	2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F021807 Lemon Breakfast Square WG

Category: Main Entree

Serves: 1 (Square)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Gluten, Wheat	None	None

PICKLIST
1 Each of Lemon Breakfast Square WG

NUTRIENT	SQUARE
Calories	259.9998 kcals
Total Carbohydrate	36 g
Dietary Fiber	1 g
Sugars	20 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Square	2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F030809 Chimichanga, Beef and Cheese IW

Category: Main Entree

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Soy, Wheat	None	None

PICKLIST
1 Each of Chimichanga, Beef and Cheese IW

NUTRIENT	EACH
Calories	379.9997 kcals
Total Carbohydrate	43 g
Dietary Fiber	6 g
Sugars	2 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F030914 Cinnamon, Mini Cinnis

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Soy, Wheat	None	None

PICKLIST
1 Each of Cinnamon, Mini Cinnis

NUTRIENT	SERVING
Calories	239.9998 kcals
Total Carbohydrate	40 g
Dietary Fiber	3 g
Sugars	14 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F031501 Chicken Corn Dog

Category: Main Entree

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Gluten, Soy, Wheat	None	None

PICKLIST
1 Each of Chicken Corn Dog

NUTRIENT	EACH
Calories	239.9998 kcals
Total Carbohydrate	30 g
Dietary Fiber	2 g
Sugars	8 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F031821 Crumb Square WG

Category: Main Entree

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Gluten, Milk, Soy, Wheat	None	None

PICKLIST
1 Each of Crumb Square WG

NUTRIENT	EACH
Calories	283 kcal
Total Carbohydrate	47 g
Dietary Fiber	3 g
Sugars	24 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F051403 Cheese Enchilada IW - Gluten Free

Category: Main Entree

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk, Soy	None	None

PICKLIST
1 Each of Cheese Enchilada IW - Gluten Free

NUTRIENT	EACH
Calories	344.9996 kcals
Total Carbohydrate	30.8301 g
Dietary Fiber	5.0001 g
Sugars	2.02 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 0.500 cups Vegetables, 0.500 cups Red/Orange (Vegetables)

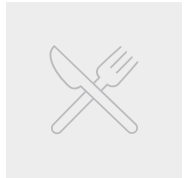


F06180514 French Toast Sticks IW

Category: Main Entree

Serves: 1 (Each - 2pc)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Gluten, Milk, Soy, Wheat	None	None

PICKLIST
1 Each - 2pc of French Toast Sticks IW

NUTRIENT	EACH - 2PC
Calories	240.1369 kcals
Total Carbohydrate	38.0217 g
Dietary Fiber	2.0011 g
Sugars	12.0068 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each - 2pc	2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F061821 Fruit, Frozen Mixed Berry - 96ct

Category: Fruit

Serves: 1 (Cup)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

PICKLIST
1 Cup of Fruit, Frozen Mixed Berry - 96ct

NUTRIENT	CUP
Calories	90.317 kcals
Total Carbohydrate	20.0704 g
Dietary Fiber	2.007 g
Sugars	16.0564 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Cup	0.500 cups Fruits, 0.500 cups Fruit Juice (Fruits)



F061822 Fruit, Frozen Peach - 96ct

Category: Fruit

Serves: 1 (Cup)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

PICKLIST
1 Cup of Fruit, Frozen Peach - 96ct

NUTRIENT	CUP
Calories	81.6466 kcals
Total Carbohydrate	19.0509 g
Dietary Fiber	1.8144 g
Sugars	17.2365 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Cup	0.500 cups Fruits, 0.500 cups Whole Fruit (Fruits)



F061823 Fruit, Frozen Strawberry Cups - 96ct

Category: Fruit

Serves: 1 (Cup)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

PICKLIST
1 Cup of Fruit, Frozen Strawberry Cups - 96ct

NUTRIENT	CUP
Calories	81.6466 kcals
Total Carbohydrate	19.0509 g
Dietary Fiber	1.8144 g
Sugars	17.2365 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Cup	0.500 cups Fruits, 0.500 cups Fruit Juice (Fruits)



F0801131 Cheese burgers, Mini Twin Pack

Category: Main Entree

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk, Wheat	None	None

PICKLIST
1 Each of Cheese burgers, Mini Twin Pack

NUTRIENT	EACH
Calories	319.9997 kcals
Total Carbohydrate	40 g
Dietary Fiber	4 g
Sugars	10 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F081501 Beef Hotdog on a WW Bun IW

Category: Main Entree

Serves: 1 (hotdog)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Wheat	None	None

PICKLIST
1 hotdog of Beef Hotdog on a WW Bun IW

NUTRIENT	HOTDOG
Calories	322.9997 kcals
Total Carbohydrate	41 g
Dietary Fiber	2 g
Sugars	6 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
hotdog	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F08150102 Turkey Hotdog Ultra WG

Category: Main Entree

Serves: 1 (hotdog)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Soy, Wheat	None	None

PICKLIST
1 hotdog of Turkey Hotdog Ultra WG

NUTRIENT	HOTDOG
Calories	259.9998 kcals
Total Carbohydrate	28 g
Dietary Fiber	2 g
Sugars	0.9999 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
hotdog	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F1210 Juice, Frozen Orange Carton - 70ct

Category: Fruit Juice

Serves: 1 (Carton)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

PICKLIST
1 Carton of Juice, Frozen Orange Carton - 70ct

NUTRIENT	CARTON
Calories	53.8357 kcals
Total Carbohydrate	12.628 g
Dietary Fiber	0.1916 g
Sugars	10.9837 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Carton	0.500 cups Fruits, 0.500 cups Fruit Juice (Fruits)



F130101 Macaroni & Cheese Bulk

Category: Main Entree

Serves: 1 (Serving 8oz), 1 (Serving 12 oz), 1 (Serving 6 oz)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Milk, Wheat	None	None

PICKLIST
2 Serving 6 ozs of Macaroni & Cheese Bulk

NUTRIENT	SERVING 8OZ	SERVING 12 OZ	SERVING 6 OZ
Calories	397.333 kcals	595.9995 kcals	347.6664 kcals
Total Carbohydrate	41.3333 g	62 g	36.1667 g
Dietary Fiber	1.3333 g	2 g	1.1667 g
Sugars	10.6667 g	16 g	9.3333 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving 8oz	2.000 oz Meats/Meat Alternates, 1.500 oz Grains, 1.500 oz Whole Grain-Rich (Grains)
Serving 12 oz	4.000 oz Meats/Meat Alternates, 2.000 oz Grain Based Desserts
Serving 6 oz	2.000 oz Meats/Meat Alternates, 1.000 oz Grains, 1.000 oz Whole Grain-Rich (Grains)



F132101 Muffin, Blueberry 3oz - Elsa

Category: Main Entree

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Milk, Soy, Wheat	None	None

PICKLIST
1 Each of Muffin, Blueberry 3oz - Elsa

NUTRIENT	EACH
Calories	269.9998 kcals
Total Carbohydrate	38 g
Dietary Fiber	3 g
Sugars	12 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F132103 Muffin, Choc Chocolate Chip 3oz - Daves

Category: Main Entree

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Milk, Soy, Wheat	None	None

PICKLIST
1 Each of Muffin, Choc Chocolate Chip 3oz - Daves

NUTRIENT	EACH
Calories	228.9998 kcals
Total Carbohydrate	39.9999 g
Dietary Fiber	3.1 g
Sugars	18.5 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F16092602 Pizza, White Garlic Squares

Category: Main Entree

Serves: 1 (Slice)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Gluten, Milk, Sesame Seeds, Tree Nuts, Wheat	None	None

PICKLIST
1 Slice of Pizza, White Garlic Squares

NUTRIENT	SLICE
Calories	430 kcals
Total Carbohydrate	48 g
Dietary Fiber	4 g
Sugars	2.0001 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Slice	2.000 oz Meats/Meat Alternates, 2.500 oz Grains, 1.250 oz Whole Grain-Rich (Grains), 1.250 oz Non-Whole Grains (Grains)



F16100 Pancakes, Confetti IW

Category: Main Entree

Serves: 1 (Bag)

HACCP Process: Process #1 (No Cook)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Milk, Soy, Wheat	None	None

PICKLIST
1 Bag of Pancakes, Confetti IW

NUTRIENT	BAG
Calories	220 kcals
Total Carbohydrate	36 g
Dietary Fiber	4 g
Sugars	11 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Bag	2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F16102 Pasta, WG Beef Rotini with Sauce

Category: Main Entree

Serves: 1 (Serving - MS 8oz), 1 (Serving - Elem 7.44oz)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Wheat	None	None

PICKLIST
1 Serving - MS 8oz of Pasta, WG Beef Rotini with Sauce

NUTRIENT	SERVING - MS 8OZ	SERVING - ELEM 7.44OZ
Calories	339.3546 kcals	315.5998 kcals
Total Carbohydrate	25.9355 g	24.12 g
Dietary Fiber	2.6451 g	2.46 g
Sugars	8.5053 g	7.9099 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving - MS 8oz	
Serving - Elem 7.44oz	2.000 oz Meats/Meat Alternates, 1.000 oz Grains, 1.000 oz Whole Grain-Rich (Grains), 0.250 cups Vegetables, 0.250 cups Red/Orange (Vegetables)



F16211621 1 Pupusa Chicken and Cheese

Category: Main Entree

Serves: 1 (Pupusa)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk	None	None

PICKLIST
1 Pupusa of Pupusa Chicken and Cheese

NUTRIENT	PUPUSA
Calories	269.9997 kcals
Total Carbohydrate	28 g
Dietary Fiber	2 g
Sugars	0.9999 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Pupusa	1.500 oz Meats/Meat Alternates, 2.250 oz Grains, 2.250 oz Whole Grain-Rich (Grains)



F16900 Pizza 16" Cheese Big Daddy

Category: Main Entree

Serves: 1 (Slice)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk, Soy, Wheat	None	None

PICKLIST
1 Slice of Pizza 16" Cheese Big Daddy

NUTRIENT	SLICE
Calories	382.8943 kcals
Total Carbohydrate	37.2258 g
Dietary Fiber	4.2543 g
Sugars	6.3815 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Slice	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 0.125 cups Vegetables, 0.125 cups Red/Orange (Vegetables)



F16901 Pizza 16" Pork Pepperoni Big Daddy

Category: Main Entree

Serves: 1 (Slice)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk, Soy, Wheat	None	None

PICKLIST
1 Slice of Pizza 16" Pork Pepperoni Big Daddy

NUTRIENT	SLICE
Calories	409.9997 kcals
Total Carbohydrate	42 g
Dietary Fiber	1.9999 g
Sugars	9 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Slice	2.000 oz Meats/Meat Alternates, 3.000 oz Grains, 3.000 oz Whole Grain-Rich (Grains), 0.125 cups Vegetables, 0.125 cups Red/Orange (Vegetables)



F16902 Pizza Galaxy Cheese IW

Category: Main Entree

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk, Soy, Wheat	None	None

PICKLIST
1 Each of Pizza Galaxy Cheese IW

NUTRIENT	EACH
Calories	280 kcal
Total Carbohydrate	26 g
Dietary Fiber	3.0001 g
Sugars	8 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 0.125 cups Vegetables, 0.125 cups Red/Orange (Vegetables)



F172100 Quesadilla Cheese WG IW

Category: Main Entree

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk, Soy, Wheat	None	None

PICKLIST
1 Each of Quesadilla Cheese WG IW

NUTRIENT	EACH
Calories ¹	0 kcals
Total Carbohydrate ¹	0 g
Dietary Fiber ¹	0 g
Sugars ¹	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	



F181514 Buns, Cinnamon Glazed

Category: Main Entree

Serves: 1 (Bun)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Gluten, Milk, Soy, Wheat	None	None

PICKLIST
1 Bun of Buns, Cinnamon Glazed

NUTRIENT	BUN
Calories	240 kcals
Total Carbohydrate	38 g
Dietary Fiber	3 g
Sugars	15 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Bun	2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F190115 BBQ Beef Rib Sandwich on WG Roll

Category: Main Entree

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Soy, Wheat	None	None

PICKLIST
1 Each of BBQ Beef Rib Sandwich on WG Roll

NUTRIENT	EACH
Calories	280.7798 kcals
Total Carbohydrate	32.4 g
Dietary Fiber	2.81 g
Sugars	7.7299 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F191000 Sandwich Breakfast Turkey and Cheese on a Hawaiian Roll

Category: Main Entree

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk, Soy, Wheat	None	None

PICKLIST
1 Each of Sandwich Breakfast Turkey and Cheese on a Hawaiian Roll

NUTRIENT	EACH
Calories	186.1598 kcals
Total Carbohydrate	27.2099 g
Dietary Fiber	1.99 g
Sugars	5.22 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	1.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F191002 Sandwich Grilled Cheese - SUB

Category: Main Entree

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk, Soy, Wheat	None	None

PICKLIST
1 Each of Sandwich Grilled Cheese - SUB

NUTRIENT	EACH
Calories	279.7497 kcals
Total Carbohydrate	31.58 g
Dietary Fiber	3 g
Sugars	6.5 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F1910020 Sandwich Grilled Cheese

Category: Main Entree

Serves: 1 (Sandwich)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Soy, Wheat	None	None

PICKLIST
1 Sandwich of Sandwich Grilled Cheese

NUTRIENT	SANDWICH
Calories	390 kals
Total Carbohydrate	41.0001 g
Dietary Fiber	3.0001 g
Sugars	3.0001 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Sandwich	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F191004 Sandwich WG Soybutter & Grape Jelly - Wowbutter - 5.13 oz -

Category: Main Entree

Serves: 1 (Sandwich)

HACCP Process: Process #1 (No Cook)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk, Soy, Wheat	None	None

PICKLIST
1 Sandwich of Sandwich WG Soybutter & Grape Jelly - Wowbutter - 5.13 oz -

NUTRIENT	SANDWICH
Calories	539.9995 kcals
Total Carbohydrate	52.9999 g
Dietary Fiber	8 g
Sugars	19 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Sandwich	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F191004 2 Soybutter & Grape Jelly - Wowbutter - 2.4oz

Category: Main Entree

Serves: 1 (Sandwich)

HACCP Process: Process #1 (No Cook)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Sesame Seeds, Soy, Wheat	None	None

PICKLIST
1 Sandwich of Soybutter & Grape Jelly - Wowbutter - 2.4oz

NUTRIENT	SANDWICH
Calories	299.9997 kcals
Total Carbohydrate	25 g
Dietary Fiber	5 g
Sugars	7 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Sandwich	1.000 oz Meats/Meat Alternates, 1.000 oz Grains, 1.000 oz Whole Grain-Rich (Grains)



F191005 Pizza Sandwich Turkey Beef Pepperoni IW

Category: Main Entree

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Milk, Soy, Wheat	None	None

PICKLIST
1 Each of Pizza Sandwich Turkey Beef Pepperoni IW

NUTRIENT	EACH
Calories	299.9998 kcals
Total Carbohydrate	31 g
Dietary Fiber	3 g
Sugars	5 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F191008 Sandwich Turkey Pastrami & Cheese on Hoagie

Category: Main Entree

Serves: 1 (patty)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Wheat	None	None

PICKLIST
1 patty of Sandwich Turkey Pastrami & Cheese on Hoagie

NUTRIENT	PATTY
Calories	319.9998 kcals
Total Carbohydrate	32 g
Dietary Fiber	2 g
Sugars	4 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
patty	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F19109 Sandwich Turkey and Cheese wedge

Category: Main Entree

Serves: 1 (Sandwich)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk, Soy, Wheat	None	None

PICKLIST
1 Sandwich of Sandwich Turkey and Cheese wedge

NUTRIENT	SANDWICH
Calories	300 kals
Total Carbohydrate	30 g
Dietary Fiber	2 g
Sugars	7 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Sandwich	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F200117 Taquito, Beef Bulk - Gluten Free

Category: Main Entree

Serves: 1 (Serving, 2 pc), 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Soy	None	None

PICKLIST
2 Eaches of Taquito, Beef Bulk - Gluten Free

NUTRIENT	SERVING, 2 PC	EACH
Calories	256.9998 kcals	128.4999 kcals
Total Carbohydrate	27.7999 g	13.9 g
Dietary Fiber	2.5 g	1.25 g
Sugars	0 g	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving, 2 pc	
Each	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F201000 Taco, Beef Stick IW

Category: Main Entree

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Gluten, Milk, Soy	None	None

PICKLIST
1 Each of Taco, Beef Stick IW

NUTRIENT	EACH
Calories	345.01 kcals
Total Carbohydrate	31.87 g
Dietary Fiber	3.85 g
Sugars	0.81 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F201500 Toast Texas - Garlic Bread - Bulk

Category: Side

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Soy, Wheat	None	None

PICKLIST
1 Each of Toast Texas - Garlic Bread - Bulk

NUTRIENT	EACH
Calories	100 kcals
Total Carbohydrate	14 g
Dietary Fiber	1 g
Sugars	1 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	1.000 oz Grains, 1.000 oz Whole Grain-Rich (Grains)



F201501 Toast Texas - Garlic Bread - IW

Category: Side

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Soy, Wheat	None	None

PICKLIST
1 Each of Toast Texas - Garlic Bread - IW

NUTRIENT	EACH
Calories	100 kcals
Total Carbohydrate	14 g
Dietary Fiber	1 g
Sugars	1 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	1.000 oz Grains, 1.000 oz Whole Grain-Rich (Grains)



F21800 Banana Bread

Category: Main Entree

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Gluten, Milk, Soy, Wheat	None	None

PICKLIST
1 Each of Bread Banana IW Integrated

NUTRIENT	EACH
Calories	348.0297 kcals
Total Carbohydrate	50.51 g
Dietary Fiber	1.48 g
Sugars	31.94 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F22100 Roll, Cinnamon

Category: Main Entree

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Milk, Soy, Wheat	None	None

PICKLIST
1 Each of Roll, Cinnamon

NUTRIENT	EACH
Calories	269.9998 kcals
Total Carbohydrate	38 g
Dietary Fiber	3 g
Sugars	12 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F22101 Burrito - Bean & Cheese Los Cabos IW

Category: Main Entree

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk, Soy, Wheat	None	None

PICKLIST
1 Each of Burrito - Bean & Cheese Los Cabos IW

NUTRIENT	EACH
Calories	320.8601 kcals
Total Carbohydrate	44.17 g
Dietary Fiber	8.17 g
Sugars	1.75 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F22103 Burrito - Egg and Cheese Wrap

Category: Main Entree

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Milk, Soy, Wheat	None	None

PICKLIST
1 Each of Burrito - Egg and Cheese Wrap

NUTRIENT	EACH
Calories	160.2699 kcals
Total Carbohydrate	16.68 g
Dietary Fiber	2.39 g
Sugars	0.49 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	1.000 oz Meats/Meat Alternates, 1.000 oz Grains, 1.000 oz Whole Grain-Rich (Grains)



F23100 Waffle - IW - Vanilla

Category: Main Entree

Serves: 1 (Each)

HACCP Process: Process #1 (No Cook)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Gluten, Milk, Wheat	None	None

PICKLIST
1 Each of Waffle - IW - Vanilla

NUTRIENT	EACH
Calories	240 kcals
Total Carbohydrate	38 g
Dietary Fiber	2 g
Sugars	13 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F23101 Waffles - IW - Mini Maple

Category: Main Entree

Serves: 1 (Bag)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Milk, Soy, Wheat	None	None

PICKLIST
1 Bag of Waffles - IW - Mini Maple

NUTRIENT	BAG
Calories	190 kcals
Total Carbohydrate	36 g
Dietary Fiber	4 g
Sugars	11 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Bag	2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F23102 Waffles - IW - Mini Cinnamon

Category: Main Entree

Serves: 1 (Bag)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Milk, Soy, Wheat	None	None

PICKLIST
1 Bag of Waffles - IW - Mini Cinnamon

NUTRIENT	BAG
Calories	190 kcals
Total Carbohydrate	35 g
Dietary Fiber	4 g
Sugars	11 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Bag	2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F23105 Waffle - Dutch

Category: Main Entree

Serves: 1 (waffle)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Milk, Soy, Wheat	None	None

PICKLIST
1 waffle of Waffle - Dutch

NUTRIENT	WAFFLE
Calories	300 kcals
Total Carbohydrate	43 g
Dietary Fiber	3 g
Sugars	12 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
waffle	2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F2500 Benefit Bar - Banana Chocolate Chunk

Category: Main Entree

Serves: 1 (Bar)

HACCP Process: Process #1 (No Cook)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Gluten, Milk, Soy, Wheat	None	None

PICKLIST
1 Bar of Benefit Bar - Banana Chocolate Chunk

#	INGREDIENTS	INSTRUCTIONS
1		Keep Refrigerated or Frozen.

NUTRIENT	BAR
Calories	280 kcals
Total Carbohydrate	48 g
Dietary Fiber	3 g
Sugars	23 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Bar	2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F2501 Benefit Bar - Oatmeal Chocolate Chunk

Category: Main Entree

Serves: 1 (Bar)

HACCP Process: Process #1 (No Cook)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Gluten, Milk, Soy, Wheat	None	None

PICKLIST
1 Bar of Benefit Bar - Oatmeal Chocolate Chunk

#	INGREDIENTS	INSTRUCTIONS
1		Keep Refrigerated or Frozen.

NOTES
Keep Refrigerated or Frozen.

NUTRIENT	BAR
Calories	290 kals
Total Carbohydrate	47 g
Dietary Fiber	3 g
Sugars	22 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Bar	2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F2501 1 Benefit Bar - French Toast

Category: Main Entree

Serves: 1 (Bar)

HACCP Process: Process #1 (No Cook)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Gluten, Milk, Soy, Wheat	None	None

PICKLIST
1 Bar of Benefit Bar - French Toast

#	INGREDIENTS	INSTRUCTIONS
1		Keep Refrigerated or Frozen.

NOTES
Keep Refrigerated or Frozen.

NUTRIENT	BAR
Calories	290 kcals
Total Carbohydrate	47 g
Dietary Fiber	3 g
Sugars	21 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Bar	2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F2502 Breakfast bar Twin Pack IW

Category: Main Entree

Serves: 1 (Twin pack)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Milk, Soy, Wheat	None	None

PICKLIST
1 Twin pack of Breakfast bar Twin Pack IW

NUTRIENT	TWIN PACK
Calories	249 kcals
Total Carbohydrate	43 g
Dietary Fiber	2.7 g
Sugars	15 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Twin pack	2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F3150 Concha

Category: Main Entree

Serves: 1 (Each)

HACCP Process: Process #1 (No Cook)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Gluten, Soy, Wheat	None	None

PICKLIST
1 Each of Concha

NUTRIENT	EACH
Calories	199.9998 kcals
Total Carbohydrate	34 g
Dietary Fiber	2 g
Sugars	8 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F3800 Bread Cheese Stick - Bosco

Category: Main Entree

Serves: 1 (X1 Elem Serving = 2 pc), 1 (1 elementary serving=2pc), 1 (1 PS serving = 1pc), 1 (1 MS Serving = 3pc)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk, Wheat	None	None

PICKLIST
1 1 elementary serving=2pc of Bread Cheese Stick - Bosco

NUTRIENT	X1 ELEM SERVING = 2 PC	1 ELEMENTARY SERVING=2PC	1 PS SERVING = 1PC	1 MS SERVING = 3PC
Calories	298.3668 kcals	298.3668 kcals	149.1834 kcals	447.5502 kcals
Total Carbohydrate	33.815 g	33.815 g	16.9075 g	50.7225 g
Dietary Fiber	3.9782 g	3.9782 g	1.9891 g	5.9674 g
Sugars	1.9891 g	1.9891 g	0.9945 g	2.9836 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
X1 Elem Serving = 2 pc	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)
1 elementary serving=2pc	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)
1 PS serving = 1pc	1.000 oz Meats/Meat Alternates, 1.000 oz Grains, 1.000 oz Whole Grain-Rich (Grains)
1 MS Serving = 3pc	3.000 oz Meats/Meat Alternates, 3.000 oz Grains, 3.000 oz Whole Grain-Rich (Grains)



F6120 Flaquito, Chile Cheese IW

Category: Main Entree

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk, Soy, Wheat	None	None

PICKLIST
1 Each of Flaquito, Chile Cheese IW

NUTRIENT	EACH
Calories	337.9997 kals
Total Carbohydrate	30.9999 g
Dietary Fiber	3 g
Sugars	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



R00008 Hummus

Category: Main Entree

Serves: 36 (Serving - 1/2 cup), 40 (Serving - 3 oz)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Sesame Seeds	None	None

PICKLIST
3 Can 10#s of Beans, Garbanzo, 3 1 Teaspoons of Garlic, Raw, 16 Ounces of Lemon Juice, 1 Jar of Sesame Tahini, 1 Jar of Spice - Cumin

#	INGREDIENTS	INSTRUCTIONS
1	1 x Gallon of Beans, Garbanzo 3 x 1 Teaspoon of Garlic, Raw 2 x Cups of Lemon Juice 2 x Cups of Sesame Tahini 1 x Cup 4 x Tablespoons of BEVERAGES,H2O,TAP,DRINKING 1 x Tablespoon 2 x Teaspoons of Spice - Cumin	

NUTRIENT	SERVING - 1/2 CUP	SERVING - 3 OZ
Calories	270.4875 kcals	243.4387 kcals
Total Carbohydrate	31.0157 g	27.9141 g
Dietary Fiber	9.4409 g	8.4968 g
Sugars	5.259 g	4.7331 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving - 1/2 cup	3.000 oz Meats/Meat Alternates
Serving - 3 oz	



Copy of 020507 Beans, Garbanzo

Category: Vegetable

Serves: 16 (Cup)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

NUTRIENT	CUP
Calories	396.893 kcols
Total Carbohydrate	64.2286 g
Dietary Fiber	18.8694 g
Sugars	11.3398 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Cup	



R03001 Cheese Mozzarella String Light

Category: Main Entree

Serves: 1 (Stick)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk	None	None

PICKLIST
1 Stick of Cheese Mozzarella String Light

NUTRIENT	STICK
Calories	60 kcals
Total Carbohydrate	1 g
Dietary Fiber	0 g
Sugars	1 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Stick	1.000 oz Meats/Meat Alternates



R13900 Milk 1%

Category: Milk

Serves: 1 (Carton)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk	Lactose Intolerant, Vegan	None

PICKLIST
1 Carton of Milk 1%

NUTRIENT	CARTON
Calories	129.9999 kcals
Total Carbohydrate	16 g
Dietary Fiber	0 g
Sugars	15.0001 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Carton	1.000 cups Low-Fat (1% or less) Unflavored Milk (Milk), 1.000 cups Milk



R13902 Milk Chocolate FF

Category: Milk

Serves: 1 (Carton)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk	Lactose Intolerant, Vegan	None

PICKLIST
1 Carton of Milk Chocolate FF

NUTRIENT	CARTON
Calories	119.9998 kcals
Total Carbohydrate	20.9999 g
Dietary Fiber	0 g
Sugars	19.0001 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Carton	1.000 cups Low-Fat (1% or less) Unflavored Milk (Milk), 1.000 cups Milk



R2502 Yogurt Vanilla LF- Producers Dairy

Category: Main Entree

Serves: 1 (Serving - 1/2 cup)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk	None	None

NUTRIENT	SERVING - 1/2 CUP
Calories ¹	0 kcals
Total Carbohydrate ¹	0 g
Dietary Fiber ¹	0 g
Sugars ¹	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving - 1/2 cup	



R3001 Cheese Mozzarella String

Category: Main Entree

Serves: 1 (Stick)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk	None	None

PICKLIST
1 Stick of Cheese Mozzarella String

NUTRIENT	STICK
Calories	90 kcals
Total Carbohydrate	0 g
Dietary Fiber	0 g
Sugars	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Stick	1.000 oz Meats/Meat Alternates



R3002 Fruit (1/2 cup)

Category: Fruit

Serves: 1 (Serving - 1/2 cup)

HACCP Process: Process #1 (No Cook)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

NUTRIENT	SERVING - 1/2 CUP
Calories	28.71 kcals
Total Carbohydrate	7.5955 g
Dietary Fiber	1.331 g
Sugars ¹	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving - 1/2 cup	0.500 cups Fruits, 0.500 cups Whole Fruit (Fruits)



R3100 Carrot, Baby IW 2.6oz

Category: Vegetable

Serves: 1 (Bag 2.6oz)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

PICKLIST
1 Bag 2.6oz of Carrot, Baby IW 2.6oz

NUTRIENT	BAG 2.6OZ
Calories	25.798 kcals
Total Carbohydrate	6.0736 g
Dietary Fiber	2.1376 g
Sugars	3.5085 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Bag 2.6oz	0.500 cups Vegetables, 0.500 cups Red/Orange (Vegetables)



REC000019 Chicken Pesto w/Pepper Jack Cheese Sandwich

Category: Main Entree

Serves: 1 (Sandwich)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Wheat	None	None

PICKLIST
945 1 Leaves of Basil, Fresh, 1 Baguette of Bread, Parisian Sourdough Baguette - Par baked, 1 Bag - 5lb of Cheese Pepper Jack, 1 Bag of Cheese Shredded Parmesan, 1 Bag - 5lb of Chicken , diced, 1 1 Teaspoon of Garlic, Raw, 1 Bottle of Olive Oil, 1 Container of Salt

#	INGREDIENTS	INSTRUCTIONS
1	4 x Ounce of Chicken , diced 2 x tsp of Nut Free Pesto 2 x Serving - 1 oz of Cheese Pepper Jack 1 x Baguette of Bread, Parisian Sourdough Baguette - Par baked	

NUTRIENT	SANDWICH
Calories	660.0753 kcals
Total Carbohydrate	42.8993 g
Dietary Fiber	4.1884 g
Sugars	0.0461 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Sandwich	4.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



REC00016 Nut Free Pesto

Category: Condiments

Serves: 2 (tsp)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

#	INGREDIENTS	INSTRUCTIONS
1	2 teaspoons8 oz of Olive Oil 1/2 teaspoon of Garlic, Raw 5 1/3 grams of Cheese Shredded Parmesan 9 1/2 grams of Basil, Fresh 1/8 x tsp of Salt	

NUTRIENT	TSP
Calories	53.0378 kcals
Total Carbohydrate	0.9496 g
Dietary Fiber	0.0942 g
Sugars	0.023 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
tsp	



REC00002 1 Beef Ravioli with Garlic Bread

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Soy, Wheat	None	None

PICKLIST
1 Can 108oz of Ravioli, Beef, 1 Each of Toast Texas - Garlic Bread - IW

#	INGREDIENTS	INSTRUCTIONS
1	1 x Serving - 1 cup of Ravioli, Beef 1 x Each of Toast Texas - Garlic Bread - IW	

NUTRIENT	SERVING
Calories	338.3343 kcals
Total Carbohydrate	41.5002 g
Dietary Fiber	4.6666 g
Sugars	6.5 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 1.000 oz Grains, 1.000 oz Whole Grain-Rich (Grains), 0.375 cups Vegetables, 0.375 cups Red/Orange (Vegetables)



F201501 Toast Texas - Garlic Bread - IW

Category: Side

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Soy, Wheat	None	None

NUTRIENT	EACH
Calories	100 kcals
Total Carbohydrate	14 g
Dietary Fiber	1 g
Sugars	1 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	



REC00003 Chicken Katsu with Rice

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk, Soy, Wheat	None	None

PICKLIST
1 Serving of Chicken Breaded Bites/Chunks, 5 1/4 Teaspoons of Ground Ginger, 1 Bottle of Ketchup - Bulk, 1 Bottle of Korean BBQ Sauce - Bulgogi - Wheat Free, 1 Bag of RICE, LONG GRAIN, BROWN, QUICK-COOKING, DRY

#	INGREDIENTS	INSTRUCTIONS
1	1 x Serving of Chicken Breaded Bites/Chunks 1 x Serving - 1/2 cup of Rice Prepared 1 x 2 oz portions of Katsu Sauce	

NUTRIENT	SERVING
Calories	366.9618 kcals
Total Carbohydrate	59.4983 g
Dietary Fiber ¹	4.1361 g
Sugars	16.153 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 3.000 oz Grains, 3.000 oz Whole Grain-Rich (Grains)



REC190121 Katsu Sauce

Category: Condiments

Serves: 1 (2 oz portions)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

#	INGREDIENTS	INSTRUCTIONS
1	1/4 x 1 Cup of Korean BBQ Sauce - Bulgogi - Wheat Free 1 teaspoon of Ketchup - Bulk 1/2 teaspoon of Ground Ginger	

NOTES
1.5 cup Korean BBQ Sauce + 2 Tbsp Ketchup + 1 Tbsp Ground Ginger = 6 (2oz) portions. Just whisk all together

NUTRIENT	2 OZ PORTIONS
Calories	14.0943 kcals
Total Carbohydrate	19.0525 g
Dietary Fiber ¹	0.4092 g
Sugars	15.153 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
2 oz portions	



100500 RICE, LONG GRAIN, BROWN, QUICK-COOKING, DRY

Category: Cereal Grains and Pasta

Serves: 1 (Bag)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

NUTRIENT	BAG
Calories	1325.8854 kcals
Total Carbohydrate	279.1338 g
Dietary Fiber	11.6306 g
Sugars	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Bag	



REC180 Rice Prepared

Category: Side

Serves: 16 (Serving - 1/2 cup)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

#	INGREDIENTS	INSTRUCTIONS
1	1 x Bag of RICE, LONG GRAIN, BROWN, QUICK-COOKING, DRY	Prepare according to packaging. Control Measures: CCP 140 °F

NUTRIENT	SERVING - 1/2 CUP
Calories	82.8678 kcals
Total Carbohydrate	17.4458 g
Dietary Fiber	0.7269 g
Sugars	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving - 1/2 cup	



REC00003 2 Chicken Adobo with Potatoes and Brown Rice

Category: Main Entree

Serves: 1 (Batch), 32 (Serving)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

PICKLIST
2 Bag - 5lbs of Chicken , diced, 1 1 Teaspoon of Garlic, Raw, 16 Potatoes of Potato, Raw, 2 Bag s of RICE, LONG GRAIN, BROWN, QUICK-COOKING, DRY, 1 Tablespoon of Sugar, brown, 8 1 Tablespoons of Vinegar - White Distilled

#	INGREDIENTS	INSTRUCTIONS
1	96 x Ounce of Chicken , diced 4 x Ounce of Vinegar - White Distilled 1 x 1 Teaspoon of Garlic, Raw 32 x Serving - 1/2 cup of Rice Prepared 16 x Potato of Potato, Raw 1/2 x Teaspoon of Pepper, black ground 1 x Tablespoon of Sugar, brown	

NUTRIENT	BATCH	SERVING
Calories	9961.9006 kcals	311.3094 kcals
Total Carbohydrate	1436.2693 g	44.8834 g
Dietary Fiber	113.4654 g	3.5458 g
Sugars	60.3545 g	1.8861 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Batch	3.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 0.250 cups Vegetables, 0.250 cups Starchy (Vegetables)
Serving	3.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 2.000 cups Vegetables, 2.000 cups Starchy (Vegetables)



100500 RICE, LONG GRAIN, BROWN, QUICK-COOKING, DRY

Category: Cereal Grains and Pasta

Serves: 2 (Bag)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

NUTRIENT	BAG
Calories	1325.8854 kcals
Total Carbohydrate	279.1338 g
Dietary Fiber	11.6306 g
Sugars	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Bag	



REC180 Rice Prepared

Category: Side

Serves: 32 (Serving - 1/2 cup)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

#	INGREDIENTS	INSTRUCTIONS
1	2 x Bag of RICE, LONG GRAIN, BROWN, QUICK-COOKING, DRY	Prepare according to packaging. Control Measures: CCP 140 °F

NUTRIENT	SERVING - 1/2 CUP
Calories	82.8678 kcals
Total Carbohydrate	17.4458 g
Dietary Fiber	0.7269 g
Sugars	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving - 1/2 cup	



REC00003 3 Chicken Street Tacos

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Wheat	None	None

PICKLIST
1 Bag - 5lb of Chicken , diced, 3 1 Tortilla, .5Gs of Tortilla, Corn White WG 4.5"

#	INGREDIENTS	INSTRUCTIONS
1	3 x Ounce of Chicken , diced 1 x 3 tortillas, 1.5G of Tortilla, Corn White WG 4.5"	

NUTRIENT	SERVING
Calories	227.9999 kcals
Total Carbohydrate	25 g
Dietary Fiber	3 g
Sugars	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	3.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



REC0001 GoGurt & Crackers

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk	None	None

PICKLIST
1 Each of Cracker Vanilla Bear, 1 1 tube of Yogurt Go-Gurt

#	INGREDIENTS	INSTRUCTIONS
1	1 x 1 tube of Yogurt Go-Gurt 1 x Each of Cracker Vanilla Bear	

NUTRIENT	SERVING
Calories	166.6933 kcals
Total Carbohydrate	27.671 g
Dietary Fiber	2 g
Sugars	11.3364 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	1.000 oz Grains, 1.000 oz Whole Grain-Rich (Grains)



REC00300 BBQ Chicken Drumstick with French Fries

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Soy	None	None

PICKLIST

1 Drumstick of Chicken, Glazed Drumsticks, 1 Serving of Potato, Fries Crinkle - Gluten Free

#	INGREDIENTS	INSTRUCTIONS
1		Prepare according to package directions. Control Measures: CCP 165°F
2	1 x Serving of Potato, Fries Crinkle - Gluten Free 92 x Gram of Chicken, Glazed Drumsticks	

NUTRIENT	SERVING
Calories	302.9106 kcals
Total Carbohydrate	19.3482 g
Dietary Fiber	0 g
Sugars	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	5.000 oz Meats/Meat Alternates, 1.000 oz Grains, 1.000 oz Whole Grain-Rich (Grains)



REC00016 Nut Free Pesto

Category: Condiments

Serves: 48 (tsp)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk	None	None

PICKLIST
22680 1 Leaves of Basil, Fresh, 1 Bag of Cheese Shredded Parmesan, 9 1 Teaspoons of Garlic, Raw, 1 Bottle of Olive Oil, 1 Container of Salt

#	INGREDIENTS	INSTRUCTIONS
1	1 x Cup of Olive Oil 3 x Tablespoons of Garlic, Raw 4 1/2 x Ounce of Cheese Shredded Parmesan 8 x Ounce of Basil, Fresh 1/4 x tsp of Salt	

NUTRIENT	TSP
Calories	53.0378 kcls
Total Carbohydrate	0.9496 g
Dietary Fiber	0.0942 g
Sugars	0.023 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
tsp	



REC00301 Breaded Chicken Drumstick with Garlic Bread

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Soy, Wheat	None	None

PICKLIST
2 Drumsticks of Chicken, Breaded Drumsticks, 1 Each of Toast Texas - Garlic Bread - Bulk

#	INGREDIENTS	INSTRUCTIONS
1	1 x Each of Toast Texas - Garlic Bread - Bulk 2 x Drumstick of Chicken, Breaded Drumsticks	

NUTRIENT	SERVING
Calories	540.0001 kcals
Total Carbohydrate	26 g
Dietary Fiber	2.9999 g
Sugars	1 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	5.000 oz Meats/Meat Alternates, 2.750 oz Grains, 2.750 oz Whole Grain-Rich (Grains)



REC00200 Bagel and Cream Cheese

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Wheat	None	None

PICKLIST
1 Each of Bagel IW - SUB, 1 Each of Cream Cheese - SUB

#	INGREDIENTS	INSTRUCTIONS
1	1 x Each of Bagel IW - SUB 1 x Each of Cream Cheese - SUB	

NUTRIENT	SERVING
Calories	306.9998 kcals
Total Carbohydrate	46.6 g
Dietary Fiber	4.36 g
Sugars	5 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	1.000 oz Meats/Meat Alternates, 3.000 oz Grains, 3.000 oz Whole Grain-Rich (Grains)



REC0002 2 Beef Torta

Category: Main Entree

Serves: 1 (Sandwich)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Wheat	None	None

PICKLIST

1 Can 10# of Beans, Refried, 1 Bag 2.5lb of Beef - Carne Azteca -Gluten Free, 1 Baguette of Bread, Parisian Sourdough Baguette - Par baked, 1 2 lb Bag of Lettuce, Romaine, 1 Can 10# of Pepper Jalapeno, 1 Pound of Tomatos, Roma

#	INGREDIENTS	INSTRUCTIONS
1	1 x Baguette of Bread, Parisian Sourdough Baguette - Par baked 1 x 2 Ounce(s) of Beef - Carne Azteca -Gluten Free 1 x 2 Ounce(s) of Beans, Refried 4 x Slice(s) of Tomatos, Roma 1/4 x Cup(s) of Lettuce, Romaine 1 x Ounce of Pepper Jalapeno	

NUTRIENT	SANDWICH
Calories	363.8361 kcal
Total Carbohydrate	55.5377 g
Dietary Fiber	6.9452 g
Sugars	2.8694 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Sandwich	4.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 0.500 cups Vegetables, 0.250 cups Red/Orange (Vegetables), 0.250 cups Dark Green (Vegetables)



REC00020 1 Turkey Hummus Mediterranean Wrap

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Sesame Seeds, Soy, Wheat	None	None

PICKLIST
1 Can 10# of Beans, Garbanzo, 1 1 Teaspoon of Garlic, Raw, 1 Ounce of Lemon Juice, 5 1 Leaves of Lettuce, Green Leaf #10, 1 Onion of Red Onion, 1 Jar of Sesame Tahini, 1 Jar of Spice - Cumin, 1 Pound of Tomatos, Roma, 1 1 Tortilla of Tortilla, Whole Wheat Flour 10", 2 Serving (s) of Turkey Ham Smked Slice

#	INGREDIENTS	INSTRUCTIONS
1	1 x Serving - 3 oz of Hummus 1 x Slice(s) of Turkey Ham Smked Slice 1 x 1 Tortilla of Tortilla, Whole Wheat Flour 10" 1 x Ounce of Lettuce, Green Leaf #10 2 x Slice(s) of Tomatos, Roma 4 x Slivered Slice(s) of Red Onion	

NUTRIENT	SERVING
Calories	504.3311 kals
Total Carbohydrate	65.8724 g
Dietary Fiber	11.6546 g
Sugars	9.0645 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	4.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 0.250 cups Vegetables, 0.125 cups Red/Orange (Vegetables), 0.125 cups Dark Green (Vegetables)



R00008 Hummus

Category: Main Entree

Serves: 1 (Serving - 3 oz)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

#	INGREDIENTS	INSTRUCTIONS
1	6 tablespoons 1 1/4 teaspoons of Beans, Garbanzo 1/8 x 1 Teaspoon of Garlic, Raw 2 1/2 teaspoons of Lemon Juice 2 1/2 teaspoons of Sesame Tahini 1/2 tablespoon of BEVERAGES,H2O,TAP,DRINKING 1/8 teaspoon of Spice - Cumin	

NUTRIENT	SERVING - 3 OZ
Calories	243.4387 kcals
Total Carbohydrate	27.9141 g
Dietary Fiber	8.4968 g
Sugars	4.7331 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving - 3 oz	



Copy of 020507 Beans, Garbanzo

Category: Vegetable

Serves: 1 (Cup)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

NUTRIENT	CUP
Calories	396.893 kcals
Total Carbohydrate	64.2286 g
Dietary Fiber	18.8694 g
Sugars	11.3398 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Cup	



REC00021 Turkey Medallions with Mash Potatoes and a Biscuit

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Gluten, Milk, Soy, Wheat	None	None

PICKLIST
1 Serving - 1 biscuit of Biscuit Split WG 2.25oz, 1 Can 50oz of Gravy, Turkey, 1 Bag - 4lb of Potatoes, Mashed Homestyle, 1 Serving - 3.6oz of Turkey Medallions

#	INGREDIENTS	INSTRUCTIONS
1	1 x Serving - 3.6oz of Turkey Medallions 1 x Serving - 1/2 cup of Potatoes, Mashed Homestyle 2 x Ounce of Gravy, Turkey 1 x Serving - 1 biscuit of Biscuit Split WG 2.25oz	

NUTRIENT	SERVING
Calories	463.7927 kcals
Total Carbohydrate	51.6207 g
Dietary Fiber	4.069 g
Sugars	4.0345 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 0.500 cups Vegetables, 0.500 cups Starchy (Vegetables)



REC001900 Cheese Ravioli with Garlic Toast

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Gluten, Milk, Soy, Wheat	None	None

PICKLIST
1 #10 Can of Marinara Sauce Enhanced Bulk, 1 serving 4pc of Pasta, Ravioli, Cheese - Discontinued, 1 Each of Toast Texas - Garlic Bread - Bulk

#	INGREDIENTS	INSTRUCTIONS
1	1 x Each of Toast Texas - Garlic Bread - Bulk 1 x Serving of Marinara Sauce Enhanced Bulk 1 x serving 4pc of Pasta, Ravioli, Cheese - Discontinued	

NUTRIENT	SERVING
Calories	425.9757 kcals
Total Carbohydrate	65.4391 g
Dietary Fiber	7.7341 g
Sugars	14.8956 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 2.500 oz Grains, 2.500 oz Whole Grain-Rich (Grains), 1.000 cups Vegetables, 1.000 cups Red/Orange (Vegetables)



REC0004 Yogurt Parfait w/Granola

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk, Soy, Tree Nuts, Wheat	None	None

PICKLIST
1 Serving - 2 oz of Granola, Bulk - SUB

#	INGREDIENTS	INSTRUCTIONS
1	1 x Serving - 1/2 cup of Yogurt Vanilla LF- Producers Dairy 2 x Ounce of Granola, Bulk - SUB 1 x Serving - 1/2 cup of Fruit (1/2 cup)	

NUTRIENT	SERVING
Calories	277.3898 kcals
Total Carbohydrate	50.3684 g
Dietary Fiber	5.3099 g
Sugars ¹	12.9313 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 0.500 cups Fruits, 0.500 cups Whole Fruit (Fruits)



R2502 Yogurt Vanilla LF- Producers Dairy

Category: Main Entree

Serves: 1 (Serving - 1/2 cup)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk	None	None

NUTRIENT	SERVING - 1/2 CUP
Calories ¹	0 kcals
Total Carbohydrate ¹	0 g
Dietary Fiber ¹	0 g
Sugars ¹	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving - 1/2 cup	



R3002 Fruit (1/2 cup)

Category: Fruit

Serves: 1 (Serving - 1/2 cup)

HACCP Process: Process #1 (No Cook)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

NUTRIENT	SERVING - 1/2 CUP
Calories	28.71 kcals
Total Carbohydrate	7.5955 g
Dietary Fiber	1.331 g
Sugars ¹	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving - 1/2 cup	



REC0005 Teriyaki Chicken & Veggie Dumplings w/Veggie Fried Rice

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Sesame Seeds, Soy, Wheat	None	None

PICKLIST
7 Dumplings of Dumplings - Chicken and Vegetable, 1 Bag of Rice - WG Vegetable Fried - Minh, 1 Bottle of Sauce, Teriyaki

#	INGREDIENTS	INSTRUCTIONS
1	1 x Serving - 1/2 cup of Rice - WG Vegetable Fried - Minh 6 x Dumpling of Dumplings - Chicken and Vegetable 1/2 x Ounce of Sauce, Teriyaki	

NOTES
Rice = 1x #8 scoops Dumpling = 6

NUTRIENT	SERVING
Calories	448.6919 kals
Total Carbohydrate	73.3829 g
Dietary Fiber ¹	4.7287 g
Sugars	8.9965 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 3.000 oz Grains, 3.000 oz Whole Grain-Rich (Grains), 0.250 cups Vegetables, 0.250 cups Other (Vegetables)



REC0005 1 Chicken & Veggie Dumplings w/Veggie Fried Rice - PS

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Sesame Seeds, Soy, Wheat	None	None

PICKLIST
4 Dumplings of Dumplings - Chicken and Vegetable, 1 Bag of Rice - WG Vegetable Fried - Minh

#	INGREDIENTS	INSTRUCTIONS
1	1/2 x Serving - 1/2 cup of Rice - WG Vegetable Fried - Minh 4 x Dumpling of Dumplings - Chicken and Vegetable	

NOTES
Rice = 1x #8 scoops Dumpling = 6

NUTRIENT	SERVING
Calories	252.8697 kals
Total Carbohydrate	39.1453 g
Dietary Fiber	2.7005 g
Sugars	3.0337 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 3.000 oz Grains, 3.000 oz Whole Grain-Rich (Grains), 0.250 cups Vegetables, 0.250 cups Other (Vegetables)



REC0006 Yogurt/Cheese/Crackers Pack

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk	None	None

PICKLIST

1 Stick of Cheese Mozzarella String, 2 Eaches of Cracker Vanilla Bear, 2 Eaches of Yogurt Vanilla 4oz Danimals NF

#	INGREDIENTS	INSTRUCTIONS
1	1 x Stick of Cheese Mozzarella String 1 x Cup of Yogurt Vanilla 4oz Danimals NF 2 x Each of Cracker Vanilla Bear	

NUTRIENT	SERVING
Calories	470.4931 kcals
Total Carbohydrate	68.0987 g
Dietary Fiber ¹	4 g
Sugars	32.0706 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



R3001 Cheese Mozzarella String

Category: Main Entree

Serves: 1 (Stick)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk	None	None

NUTRIENT	STICK
Calories	90 kcals
Total Carbohydrate	0 g
Dietary Fiber	0 g
Sugars	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Stick	



REC0006 1 Soybutter sandwich/Cheese/Crackers Pack

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Sesame Seeds, Soy, Wheat	None	None

PICKLIST
1 Stick of Cheese Mozzarella String, 2 Eaches of Cracker Vanilla Bear, 1 Sandwich of Soybutter & Grape Jelly - Wowbutter - 2.4oz

#	INGREDIENTS	INSTRUCTIONS
1	1 x Stick of Cheese Mozzarella String 2 x Each of Cracker Vanilla Bear 1 x Sandwich of Soybutter & Grape Jelly - Wowbutter - 2.4oz	

NUTRIENT	SERVING
Calories	629.9997 kcals
Total Carbohydrate	65 g
Dietary Fiber	9 g
Sugars	19 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)

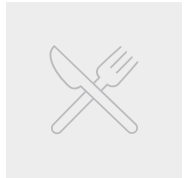


REC00051 BBQ Chicken Meatballs & Mash Potato & Biscuit

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Soy, Wheat	None	None

PICKLIST
1 Bottle - 1 gal of BBQ Sauce Bulk, 1 Biscuit of Biscuits, Honey WW, 3 Meatballs of Chicken Meatballs, 1 Bag - 4lb of Potatoes, Mashed Homestyle

#	INGREDIENTS	INSTRUCTIONS
1	1 x Serving - 3 pc of Chicken Meatballs 1 x Serving - 1/2 cup of Potatoes, Mashed Homestyle 1 x 2 Tbsp of BBQ Sauce Bulk 1 x Biscuit of Biscuits, Honey WW	

NOTES
Rice = 1x #8 scoops Dumpling = 6

NUTRIENT	SERVING
Calories	463.7033 kcals
Total Carbohydrate	42.6177 g
Dietary Fiber ¹	4.0685 g
Sugars	20.0345 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 0.500 cups Vegetables, 0.500 cups Starchy (Vegetables)



R3001 Cheese Mozzarella String

Category: Main Entree

Serves: 1 (Stick)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk	None	None

NUTRIENT	STICK
Calories	90 kcals
Total Carbohydrate	0 g
Dietary Fiber	0 g
Sugars	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Stick	



F191004 2 Soybutter & Grape Jelly - Wowbutter - 2.4oz

Category: Main Entree

Serves: 1 (Sandwich)

HACCP Process: Process #1 (No Cook)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Sesame Seeds, Soy, Wheat	None	None

NUTRIENT	SANDWICH
Calories	299.9997 kcals
Total Carbohydrate	25 g
Dietary Fiber	5 g
Sugars	7 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Sandwich	



REC0007 Turkey Nachos with Chips

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk, Soy	None	None

PICKLIST
1 Serving of Cheese Cheddar Shredded, 1 Bag of Chips Tortilla Rounds, 1 Serving - 3.44 oz of Turkey Taco Filling

#	INGREDIENTS	INSTRUCTIONS
1	1 x Serving - 1/2 cup of Beans, Pinto LS 1 x Serving - 3.44 oz of Turkey Taco Filling 1 x Serving of Cheese Cheddar Shredded 1 x Bag of Chips Tortilla Rounds	

NUTRIENT	SERVING
Calories	538.5211 kcals
Total Carbohydrate	60.385 g
Dietary Fiber	13.9946 g
Sugars	6.8905 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	3.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 1.000 cups Vegetables, 1.000 cups Beans/Peas (Vegetables)



REC00202 Beef Rotini Pasta with Garlic Toast

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Gluten, Milk, Soy, Wheat	None	None

PICKLIST
1 Serving - MS 8oz of Pasta, WG Beef Rotini with Sauce, 1 Each of Toast Texas - Garlic Bread - Bulk

#	INGREDIENTS	INSTRUCTIONS
1	1 x Each of Toast Texas - Garlic Bread - Bulk 1 x Serving - Elem 7.44oz of Pasta, WG Beef Rotini with Sauce	

NUTRIENT	SERVING
Calories	415.5998 kcals
Total Carbohydrate	38.12 g
Dietary Fiber	3.46 g
Sugars	8.9099 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 0.250 cups Vegetables, 0.250 cups Red/Orange (Vegetables)



REC0008 Chicken Alfredo Pasta

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Wheat	None	None

PICKLIST
1 5 lb Bag of Alfredo Sauce, 1 Bag of Cheese Shredded Parmesan, 1 Bag - 5lb of Chicken , diced, 1 Bag 10lb of Penne Dry Pasta

#	INGREDIENTS	INSTRUCTIONS
1	1 x Serving of Alfredo Sauce 2 x Ounce of Chicken , diced 1 x Ounce of Cheese Shredded Parmesan 1 x Serving - 1 cup of Penne Dry Pasta	

NOTES
1 bag penne + 3 bags (15 pounds) alfredo (JTM) + 10lbs of Chicken + 1/4 gallon milk = yields 90 servings 2x #8 scoop per tray for Elem 2x #6 scoop per tray for MS

NUTRIENT	SERVING
Calories	526.5944 kcals
Total Carbohydrate	53.8502 g
Dietary Fiber	4.0656 g
Sugars	2.0164 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 0.250 cups Vegetables, 0.250 cups Red/Orange (Vegetables)



REC0009 1 Chicken Tamale with Rice

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Sesame Seeds, Soy, Wheat	None	None

PICKLIST
1 Bag of Rice - WG Vegetable Fried - Minh, 1 Each of Tamale Chicken in Red Sauce

#	INGREDIENTS	INSTRUCTIONS
1	1 x Serving - 1 cup of Rice - WG Vegetable Fried - Minh 1 x Tamale(s) of Tamale Chicken in Red Sauce	

NUTRIENT	SERVING
Calories	559.9995 kcals
Total Carbohydrate	79.9999 g
Dietary Fiber	6.0001 g
Sugars	4 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	1.250 oz Meats/Meat Alternates, 2.500 oz Grains, 2.500 oz Whole Grain-Rich (Grains)



REC0009 2 Cheesy Butter Noodles

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Wheat	None	None

PICKLIST

2 1 ozs of Cheese Mozzarella Shredded Bulk, 1 Bag of Cheese Shredded Parmesan, 1 Bag 10lb of Penne Dry Pasta

#	INGREDIENTS	INSTRUCTIONS
1	1 x Ounce of Cheese Shredded Parmesan 1 x Serving - 1 cup of Penne Dry Pasta 1 x Ounce of Cheese Mozzarella Shredded Bulk 1 x Serving - .167 oz of Butter, Unsalted	

NOTES

1 bag penne + 3 bags (15 pounds) alfredo (JTM) + 10lbs of Chicken + 1/4 gallon milk = yields 90 servings

2x #8 scoop per tray for Elem

2x #6 scoop per tray for MS

NUTRIENT	SERVING
Calories	427.3432 kcals
Total Carbohydrate	47.6727 g
Dietary Fiber ¹	4 g
Sugars	3.0028 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



REC0010 Veggie Nuggets with FF and Crackers

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Soy, Wheat	None	None

PICKLIST

1 Bag of Crackers - Wheat, 1 Serving of Potato, Fries Crinkle - Gluten Free, 1 Serving of Vegetarian Nuggets, Vegan Soy Morningstar

#	INGREDIENTS	INSTRUCTIONS
1	1 x Serving of Potato, Fries Crinkle - Gluten Free 1 x Serving of Vegetarian Nuggets, Vegan Soy Morningstar 1 x Bag of Crackers - Wheat	

NUTRIENT	SERVING
Calories	459.2899 kcals
Total Carbohydrate	65.8029 g
Dietary Fiber	7 g
Sugars	6 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 0.500 cups Vegetables, 0.500 cups Starchy (Vegetables)



REC0011 Veggie Burger and Fries

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Gluten, Milk, Soy, Wheat	None	None

PICKLIST
1 Each of Buns Hamburger WG - 144ct, 1 Serving of Potato, Fries Crinkle - Gluten Free, 1 Each of Veggie Burger Patty Bulk

#	INGREDIENTS	INSTRUCTIONS
1	1 x Serving of Potato, Fries Crinkle - Gluten Free 1 x Each of Veggie Burger Patty Bulk 1 x Each of Buns Hamburger WG - 144ct	

NUTRIENT	SERVING
Calories	465.515 kcs
Total Carbohydrate	64.6064 g
Dietary Fiber	5.883 g
Sugars	5.3245 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 0.500 cups Vegetables, 0.500 cups Starchy (Vegetables)



REC0012 Hamburger with Fries

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Soy, Wheat	None	None

PICKLIST
1 Each of Beef Patty USDA, 1 Each of Buns Hamburger WG - 144ct, 1 Serving of Potato, Fries Crinkle - Gluten Free

#	INGREDIENTS	INSTRUCTIONS
1	1 x Serving of Potato, Fries Crinkle - Gluten Free 1 x Each of Buns Hamburger WG - 144ct 1 x Each of Beef Patty USDA	

NUTRIENT	SERVING
Calories	440.3883 kcals
Total Carbohydrate	59.4797 g
Dietary Fiber	2.883 g
Sugars	4.3245 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 0.500 cups Vegetables, 0.500 cups Starchy (Vegetables)



REC0013 Chicken Nuggets with FF

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk, Soy, Wheat	None	None

PICKLIST
1 Serving of Chicken Breaded Bites/Chunks, 2 Servings of Potato, Fries Crinkle - Gluten Free

#	INGREDIENTS	INSTRUCTIONS
1	4 x Ounce of Potato, Fries Crinkle - Gluten Free 1 x Serving of Chicken Breaded Bites/Chunks	

NUTRIENT	SERVING
Calories	443.432 kcals
Total Carbohydrate	52.3501 g
Dietary Fiber	3 g
Sugars	1 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 1.000 oz Grains, 1.000 oz Whole Grain-Rich (Grains), 0.500 cups Vegetables, 0.500 cups Starchy (Vegetables)

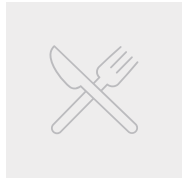


REC0016 Spicy Chicken Burger with Fries

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Soy, Wheat	None	None

PICKLIST
1 Each of Buns Hamburger WG - 144ct, 1 Each of Chicken Patty, Hot & Spicy - Sub, 1 Serving of Potato, Fries Crinkle - Gluten Free

#	INGREDIENTS	INSTRUCTIONS
1	1 x Serving of Potato, Fries Crinkle - Gluten Free 1 x Each of Buns Hamburger WG - 144ct 1 x Each of Chicken Patty, Hot & Spicy - Sub	

NUTRIENT	SERVING
Calories	525.515 kcls
Total Carbohydrate	70.6064 g
Dietary Fiber	3.883 g
Sugars	4.3245 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 0.500 cups Vegetables, 0.500 cups Starchy (Vegetables)



REC0014 Teriyaki Chicken w/Veggie Fried Rice

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Sesame Seeds, Soy, Wheat	None	None

PICKLIST
1 Bag - 5lb of Chicken , diced, 1 Bag of Rice - WG Vegetable Fried - Minh, 1 Bottle of Sauce, Teriyaki

#	INGREDIENTS	INSTRUCTIONS
1	1 x Ounce of Sauce, Teriyaki 2 x Ounce of Chicken , diced 1 x Serving - 1 cup of Rice - WG Vegetable Fried - Minh	

NOTES
Rice = 2x #8 scoops Chicken = 1 #12 scoop

NUTRIENT	SERVING
Calories	389.2489 kcals
Total Carbohydrate	65.0247 g
Dietary Fiber ¹	4.0001 g
Sugars	10.8749 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 0.250 cups Vegetables, 0.250 cups Other (Vegetables)



REC0014 1 Orange Chicken w/Veggie Fried Rice

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Gluten, Sesame Seeds, Soy, Wheat	None	None

PICKLIST
1 Serving - 3.6 oz of Chicken Mandarin Orange Jr., 1 Bag of Rice - WG Vegetable Fried - Minh

#	INGREDIENTS	INSTRUCTIONS
1	1 x Serving - 1 cup of Rice - WG Vegetable Fried - Minh 1 x Serving - 3.6 oz of Chicken Mandarin Orange Jr.	

NOTES
Rice = 2x #8 scoops Chicken = 1 #12 scoop

NUTRIENT	SERVING
Calories	419.9996 kcals
Total Carbohydrate	72.9999 g
Dietary Fiber	4.0001 g
Sugars	13 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



REC0015 Chicken Burger with Fries

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Soy, Wheat	None	None

PICKLIST
1 Each of Buns Hamburger WG - 144ct, 1 Each of Chicken Patty - Breaded - Sub, 1 Serving of Potato, Fries Crinkle - Gluten Free

#	INGREDIENTS	INSTRUCTIONS
1	1 x Serving of Potato, Fries Crinkle - Gluten Free 1 x Each of Buns Hamburger WG - 144ct 1 x Each of Chicken Patty - Breaded - Sub	

NUTRIENT	SERVING
Calories	415.515 kcs
Total Carbohydrate	70.6064 g
Dietary Fiber	5.8829 g
Sugars	4.3245 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 0.500 cups Vegetables, 0.500 cups Starchy (Vegetables)



F201500 Toast Texas - Garlic Bread - Bulk

Category: Side

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Soy, Wheat	None	None

NUTRIENT	EACH
Calories	100 kcals
Total Carbohydrate	14 g
Dietary Fiber	1 g
Sugars	1 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	



D031807 Cracker Cheez-Its

Category: Snack

Serves: 1 (Bag)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Soy, Wheat	None	None

NUTRIENT	BAG
Calories	100 kcals
Total Carbohydrate	14 g
Dietary Fiber	1 g
Sugars	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Bag	



REC0020 Chicken Caesar Salad with Crackers

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Fish, Gluten, Milk, Soy, Wheat	None	None

PICKLIST

1 Bag of Cheese Shredded Parmesan, 1 Bag - 5lb of Chicken , diced, 1 Bag of Cracker Cheez-Its, 1 Each of Dressing, Royal Caesar - 1.5oz IW - SUB, 1 2 lb Bag of Lettuce, Romaine

#	INGREDIENTS	INSTRUCTIONS
1	2 x Cup(s) of Lettuce, Romaine 3 x Ounce of Chicken , diced 1 x Ounce of Cheese Shredded Parmesan 1 x Packet of Dressing, Royal Caesar - 1.5oz IW - SUB 1 x Bag of Cracker Cheez-Its	

NUTRIENT	SERVING
Calories	582.6918 kcals
Total Carbohydrate	36.7864 g
Dietary Fiber	10.6177 g
Sugars	6.3365 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	4.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 1.000 cups Vegetables, 1.000 cups Dark Green (Vegetables)



D031807 Cracker Cheez-Its

Category: Snack

Serves: 1 (Bag)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Soy, Wheat	None	None

NUTRIENT	BAG
Calories	100 kcals
Total Carbohydrate	14 g
Dietary Fiber	1 g
Sugars	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Bag	



REC0020 1 Hummus/Chip/Carrot Pack

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk, Sesame Seeds, Soy	None	None

PICKLIST

1 Can 10# of Beans, Garbanzo, 1 Bag 2.6oz of Carrot, Baby IW 2.6oz, 1 Stick of Cheese Mozzarella String, 1 Bag of Chips Tortilla Rounds, 1 1 Teaspoon of Garlic, Raw, 1 Ounce of Lemon Juice, 1 Jar of Sesame Tahini, 1 Jar of Spice - Cumin

#	INGREDIENTS	INSTRUCTIONS
1	1 x Stick of Cheese Mozzarella String 1 x Bag of Chips Tortilla Rounds 1 x Bag 2.6oz of Carrot, Baby IW 2.6oz 1 x Serving - 1/2 cup of Hummus	

NUTRIENT	SERVING
Calories	596.2854 kcals
Total Carbohydrate	67.0893 g
Dietary Fiber	17.5784 g
Sugars	10.2676 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 0.500 cups Vegetables, 0.500 cups Red/Orange (Vegetables)



R00008 Hummus

Category: Main Entree

Serves: 1 (Serving - 1/2 cup)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

#	INGREDIENTS	INSTRUCTIONS
1	7 tablespoons 1/2 teaspoon of Beans, Garbanzo 1/8 x 1 Teaspoon of Garlic, Raw 2 3/4 teaspoons of Lemon Juice 2 3/4 teaspoons of Sesame Tahini 1 3/4 teaspoons of BEVERAGES,H2O,TAP,DRINKING 1/4 teaspoon of Spice - Cumin	

NUTRIENT	SERVING - 1/2 CUP
Calories	270.4875 kcals
Total Carbohydrate	31.0157 g
Dietary Fiber	9.4409 g
Sugars	5.259 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving - 1/2 cup	



R3001 Cheese Mozzarella String

Category: Main Entree

Serves: 1 (Stick)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk	None	None

NUTRIENT	STICK
Calories	90 kcals
Total Carbohydrate	0 g
Dietary Fiber	0 g
Sugars	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Stick	



R3100 Carrot, Baby IW 2.6oz

Category: Vegetable

Serves: 1 (Bag 2.6oz)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

NUTRIENT	BAG 2.6OZ
Calories	0.91 kCal
Total Carbohydrate	0.2142 g
Dietary Fiber	0.0754 g
Sugars	0.1238 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Bag 2.6oz	



Copy of 020507 Beans, Garbanzo

Category: Vegetable

Serves: 1 (Cup)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

NUTRIENT	CUP
Calories	396.893 kcats
Total Carbohydrate	64.2286 g
Dietary Fiber	18.8694 g
Sugars	11.3398 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Cup	



F020100 Bagel IW - SUB

Category: Main Entree

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Wheat	None	None

NUTRIENT	EACH
Calories	216.9998 kcals
Total Carbohydrate	44.5999 g
Dietary Fiber	4.36 g
Sugars	4 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	



F16102 Pasta, WG Beef Rotini with Sauce

Category: Main Entree

Serves: 1 (Serving - Elem 7.44oz)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Wheat	None	None

NUTRIENT	SERVING - ELEM 7.44OZ
Calories	315.5998 kcals
Total Carbohydrate	24.12 g
Dietary Fiber	2.46 g
Sugars	7.9099 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving - Elem 7.44oz	



F201500 Toast Texas - Garlic Bread - Bulk

Category: Side

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Soy, Wheat	None	None

NUTRIENT	EACH
Calories	100 kcals
Total Carbohydrate	14 g
Dietary Fiber	1 g
Sugars	1 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	



F16102 Pasta, WG Beef Rotini with Sauce

Category: Main Entree

Serves: 1 (Serving - Elem 7.44oz)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Wheat	None	None

NUTRIENT	SERVING - ELEM 7.44OZ
Calories	315.5998 kcals
Total Carbohydrate	24.12 g
Dietary Fiber	2.46 g
Sugars	7.9099 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving - Elem 7.44oz	



REC00202 2 Chicken Parmesan with Mash Potato

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk, Wheat	None	None

PICKLIST

3 1 Leaves of Basil, Fresh, 1 1 oz of Cheese Mozzarella Shredded Bulk, 1 Serving of Chicken Breaded Bites/Chunks, 1 #10 Can of Marinara Sauce Enhanced Bulk, 1 Bag - 4lb of Potatoes, Mashed Homestyle

#	INGREDIENTS	INSTRUCTIONS
1	1 x Serving of Chicken Breaded Bites/Chunks 1 x Serving of Marinara Sauce Enhanced Bulk 3 x 1 Leaf of Basil, Fresh 1 x 1 oz of Cheese Mozzarella Shredded Bulk 1 x Serving - 1/2 cup of Potatoes, Mashed Homestyle	

NUTRIENT	SERVING
Calories	528.255 kcols
Total Carbohydrate	52.1345 g
Dietary Fiber ¹	6.657 g
Sugars	9.3725 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 1.000 oz Grains, 1.000 oz Whole Grain-Rich (Grains), 0.750 cups Vegetables, 0.250 cups Red/Orange (Vegetables), 0.500 cups Starchy (Vegetables)



REC00202 2 1 HS Chicken Parmesan, Mash Potato & Garlic Bread

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Soy, Wheat	None	None

PICKLIST

3 1 Leaves of Basil, Fresh, 1 1 oz of Cheese Mozzarella Shredded Bulk, 1 Serving of Chicken Breaded Bites/Chunks, 1 #10 Can of Marinara Sauce Enhanced Bulk, 1 Bag - 4lb of Potatoes, Mashed Homestyle, 1 Each of Toast Texas - Garlic Bread - IW

#	INGREDIENTS	INSTRUCTIONS
1	1 x Serving of Chicken Breaded Bites/Chunks 1 x Serving of Marinara Sauce Enhanced Bulk 3 x 1 Leaf of Basil, Fresh 1 x 1 oz of Cheese Mozzarella Shredded Bulk 1 x Serving - 1/2 cup of Potatoes, Mashed Homestyle 1 x Each of Toast Texas - Garlic Bread - IW	

NUTRIENT	SERVING
Calories	628.2551 kcals
Total Carbohydrate	66.1345 g
Dietary Fiber ¹	7.657 g
Sugars	10.3725 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 1.000 oz Grains, 1.000 oz Whole Grain-Rich (Grains), 0.750 cups Vegetables, 0.250 cups Red/Orange (Vegetables), 0.500 cups Starchy (Vegetables)



F201501 Toast Texas - Garlic Bread - IW

Category: Side

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Soy, Wheat	None	None

NUTRIENT	EACH
Calories	100 kcals
Total Carbohydrate	14 g
Dietary Fiber	1 g
Sugars	1 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	

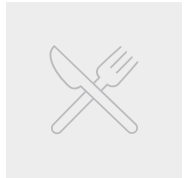


REC00202 1 Beef Rotini Pasta - Preschool

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Wheat	None	None

PICKLIST
1 Serving - MS 8oz of Pasta, WG Beef Rotini with Sauce

#	INGREDIENTS	INSTRUCTIONS
1	1 x Serving - Elem 7.44oz of Pasta, WG Beef Rotini with Sauce	

NUTRIENT	SERVING
Calories	315.5998 kcals
Total Carbohydrate	24.12 g
Dietary Fiber	2.46 g
Sugars	7.9099 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 1.000 oz Grains, 1.000 oz Whole Grain-Rich (Grains), 0.250 cups Vegetables, 0.250 cups Red/Orange (Vegetables)



REC0040 Salad ONLY - 3/4 c Veggie +1/2c fruit+ Milk

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

PICKLIST

1 Can 10# of Beans, Garbanzo, 1 Serving - 1/4 cup of Broccoli, Raw, 1 Bag of Carrots, Baby Bulk, 1 Bag - 5lb of Salad Mix, 1 Bag - 5lb of Spinach, 1 Serving - 3 tomato of Tomatos, Cherry/Grape

#	INGREDIENTS	INSTRUCTIONS
1	2 x Serving - 1/2 cup of Salad Bar/ Salad Pack 1 x Serving - 1/2 cup of Fruit (1/2 cup)	

NUTRIENT	SERVING
Calories	156.3163 kcals
Total Carbohydrate	32.9842 g
Dietary Fiber	8.1224 g
Sugars ¹	5.9643 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	0.500 cups Fruits, 0.500 cups Fruit Juice (Fruits), 1.000 cups Vegetables, 1.000 cups Red/Orange (Vegetables), 1.000 cups Reduced Fat (2% fat) Flavored Milk (Milk), 1.000 cups Milk



REC002100 Chicken with Cheese, Mash Potatoes and Gravy

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Wheat	None	None

PICKLIST
2 Servings of Cheese Cheddar Sliced USDA, 1 Serving of Chicken Breaded Bites/Chunks, 1 Can 50oz of Gravy, Turkey, 1 Bag - 4lb of Potatoes, Mashed Homestyle

#	INGREDIENTS	INSTRUCTIONS
1	1 x Serving - 1/2 cup of Potatoes, Mashed Homestyle 3 x Ounce of Gravy, Turkey 2 x Serving of Cheese Cheddar Sliced USDA 1 x Serving of Chicken Breaded Bites/Chunks	

NOTES
Put Cheese slice over the chicken.

NUTRIENT	SERVING
Calories	611.0394 kcals
Total Carbohydrate	49.6456 g
Dietary Fiber	5.0689 g
Sugars	2.0345 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	3.000 oz Meats/Meat Alternates, 1.000 oz Grains, 1.000 oz Whole Grain-Rich (Grains), 0.500 cups Vegetables, 0.500 cups Starchy (Vegetables)



REC0022 Spicy Chicken Wrap

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Milk, Soy, Wheat	None	None

PICKLIST
1 Each of Chicken Patty, Hot & Spicy - Sub, 1 Gallon of Dressing, Ranch Buttermilk Bulk, 1 2 lb Bag of Lettuce, Romaine, 1 Pound of Tomatos, Roma, 1 1 Tortilla of Tortilla, Whole Wheat Flour 10" - SUB

#	INGREDIENTS	INSTRUCTIONS
1	1 x 1 Tortilla of Tortilla, Whole Wheat Flour 10" - SUB 1 x Each of Chicken Patty, Hot & Spicy - Sub 1/2 x Cup(s) of Lettuce, Romaine 2 x Slice(s) of Tomatos, Roma 1 x Ounce of Dressing, Ranch Buttermilk Bulk	

NUTRIENT	SERVING
Calories	598.3384 kcals
Total Carbohydrate	52.131 g
Dietary Fiber	6.4013 g
Sugars	1.7172 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	3.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 1.000 cups Vegetables, 1.000 cups Dark Green (Vegetables)



D41803 Dressing, Ranch Buttermilk Bulk

Category: Condiments

Serves: 1 (Ounce)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Milk	None	None

NUTRIENT	OUNCE
Calories	131.6227 kcals
Total Carbohydrate	1.0125 g
Dietary Fiber	0 g
Sugars	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Ounce	



REC00203 Burrito Turkey, Egg, Cheese, Tater Tot Breakfast

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Milk, Soy, Wheat	None	None

PICKLIST

1 Serving of Cheese Cheddar Shredded, 1 Each of Egg Patty 3.5" Bulk, 1 Bag of Potato, Tater Tots RS, 1 1 Tortilla of Tortilla, Whole Wheat Flour 10" - SUB, 1 Serving - 3.44 oz of Turkey Taco Filling

#	INGREDIENTS	INSTRUCTIONS
1	1 x Serving - 8pc / 1/2 cup of Potato, Tater Tots RS 2 x Ounce of Turkey Taco Filling 1 x 1 Tortilla of Tortilla, Whole Wheat Flour 10" - SUB 1 x Ounce of Cheese Cheddar Shredded 1 x Each of Egg Patty 3.5" Bulk	

NUTRIENT	SERVING
Calories	528.8449 kcals
Total Carbohydrate	55.5071 g
Dietary Fiber	4.12 g
Sugars	4.4826 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	3.250 oz Meats/Meat Alternates, 1.000 oz Grains, 1.000 oz Whole Grain-Rich (Grains), 0.500 cups Vegetables, 0.500 cups Starchy (Vegetables)

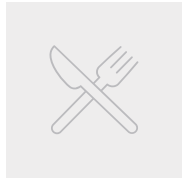


REC0024 Egg, Cheese, Tater Tot Breakfast Burrito

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Milk, Soy, Wheat	None	None

PICKLIST

1 Serving of Cheese Cheddar Shredded, 1 Each of Egg Patty 3.5" Bulk, 1 Bag of Potato, Tater Tots RS, 1 #10 Can of Salsa Bulk, 1 1 Tortilla of Tortilla, Whole Wheat Flour 10" - SUB

#	INGREDIENTS	INSTRUCTIONS
1	1 x Serving - 8pc / 1/2 cup of Potato, Tater Tots RS 1 x 1 Tortilla of Tortilla, Whole Wheat Flour 10" - SUB 1 x Ounce of Cheese Cheddar Shredded 1 x Each of Egg Patty 3.5" Bulk 1 x Ounce of Salsa Bulk	

NUTRIENT	SERVING
Calories	441.76 kcals
Total Carbohydrate	53.9186 g
Dietary Fiber	5.0976 g
Sugars	3.0976 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 1.000 oz Grains, 1.000 oz Whole Grain-Rich (Grains), 0.500 cups Vegetables, 0.500 cups Starchy (Vegetables)



REC0024 1 Turkey Taco Salad with Chips

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk, Soy	None	None

PICKLIST
2 Servings of Cheese Cheddar Shredded, 1 Bag of Chips Tortilla Rounds, 1 2 lb Bag of Lettuce, Romaine, 1 #10 Can of Salsa Bulk, 1 Container of Sour Cream, 1 Serving - 3.44 oz of Turkey Taco Filling

#	INGREDIENTS	INSTRUCTIONS
1	2 x Cup(s) of Lettuce, Romaine 3 x Ounce of Turkey Taco Filling 1 x Ounce of Beans, Pinto LS 2 x Ounce of Cheese Cheddar Shredded 2 x Ounce of Corn, Canned, Drained 2 x Ounce of Sour Cream 2 x Ounce of Salsa Bulk 1 x Bag of Chips Tortilla Rounds	

NUTRIENT	SERVING
Calories	703.5538 kcals
Total Carbohydrate	72.5239 g
Dietary Fiber	20.9368 g
Sugars	16.1543 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	3.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 1.750 cups Vegetables, 0.250 cups Red/Orange (Vegetables), 1.000 cups Dark Green (Vegetables), 0.250 cups Beans/Peas (Vegetables), 0.250 cups Other (Vegetables)

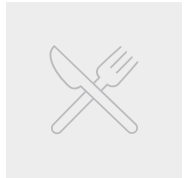


REC0025 1 Chinese Chicken Salad with Chips

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Soy	None	None

PICKLIST
1 Bag of Carrots, Baby Bulk, 1 Bag - 5lb of Chicken , diced, 1 Bag of Chips Tortilla Rounds, 1 Each of Dressing Asian Sesame IW, 1 2 lb Bag of Lettuce, Romaine

#	INGREDIENTS	INSTRUCTIONS
1	2 x Cup(s) of Lettuce, Romaine 3 x Ounce of Chicken , diced 1 x Bag of Chips Tortilla Rounds 1 x Packet of Dressing Asian Sesame IW 1 x Ounce of Carrots, Baby Bulk	

NUTRIENT	SERVING
Calories	601.2171 kcals
Total Carbohydrate	47.3041 g
Dietary Fiber	15.8414 g
Sugars	8.7266 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	4.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 1.000 cups Vegetables, 1.000 cups Dark Green (Vegetables)



REC00201 Baked Potato with Cheddar Cheese and Tortilla Chips

Category: Main Entree

Serves: 1 (Potato)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk, Soy	None	None

PICKLIST

3 Servings of Cheese Cheddar Sliced USDA, 1 Bag of Chips Tortilla Rounds, 1 Potato of Potato, Raw

#	INGREDIENTS	INSTRUCTIONS
1	1 x Potato of Potato, Raw 3 x Serving of Cheese Cheddar Sliced USDA 1 x Bag of Chips Tortilla Rounds	

NOTES

Bake for 40 minutes in the baked potato setting in steamer. Let cool, cut and put sliced cheese into slit in potato. Wrap and serve with sour cream.

NUTRIENT	POTATO
Calories	720.6553 kcals
Total Carbohydrate	87.0007 g
Dietary Fiber	11.6132 g
Sugars	4.5107 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Potato	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 1.000 cups Vegetables, 1.000 cups Starchy (Vegetables)



REC00302 California Wrap

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Milk, Soy, Wheat	None	None

PICKLIST

1 Bag - 5lb of Chicken , diced, 1 Gallon of Dressing, Ranch Buttermilk Bulk, 1 2 lb Bag of Lettuce, Romaine, 1 Onion of Red Onion, 1 Pound of Tomatos, Roma, 1 Bag of Tortilla, Spinach (50ct), 1 Bag of Turkey Bacon

#	INGREDIENTS	INSTRUCTIONS
1	1 x Cup(s) of Lettuce, Romaine 1 x Piece(s) of Turkey Bacon 4 x Slivered Slice(s) of Red Onion 3 x Ounce of Chicken , diced 1 x Ounce of Dressing, Ranch Buttermilk Bulk 2 x Slice(s) of Tomatos, Roma 1 x Tortilla(s) of Tortilla, Spinach (50ct)	

NOTES

Chicken/ranch mix = 1 over scooped #8

NUTRIENT	SERVING
Calories	634.8856 kcals
Total Carbohydrate	68.1256 g
Dietary Fiber	7.9954 g
Sugars	4.7322 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	4.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 1.000 cups Vegetables, 1.000 cups Dark Green (Vegetables)



F201500 Toast Texas - Garlic Bread - Bulk

Category: Side

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Soy, Wheat	None	None

NUTRIENT	EACH
Calories	100 kcals
Total Carbohydrate	14 g
Dietary Fiber	1 g
Sugars	1 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	



D41803 Dressing, Ranch Buttermilk Bulk

Category: Condiments

Serves: 1 (Ounce)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Milk	None	None

NUTRIENT	OUNCE
Calories	131.6227 kcals
Total Carbohydrate	1.0125 g
Dietary Fiber	0 g
Sugars	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Ounce	



190101 Salad Bar/ Salad Pack

Category: Vegetable

Serves: 2 (Serving - 1/2 cup)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

#	INGREDIENTS	INSTRUCTIONS
1	5/8 x Serving - 1/4 cup of Salad Mix 5/8 x Serving - 1/4 cup of Spinach 5/8 x Serving - 1/4 cup of Carrots, Baby Bulk 5/8 x Serving - 1/4 cup of Broccoli, Raw 5/8 x Serving - 3 tomatoes of Tomatos, Cherry/Grape 5/8 x Serving - 1/4 cup of Corn, Canned, Drained 5/8 x Serving - 1/4 cup of Beans, Garbanzo	

NUTRIENT	SERVING - 1/2 CUP
Calories	63.8031 kcals
Total Carbohydrate	12.6943 g
Dietary Fiber	3.3957 g
Sugars	2.9821 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving - 1/2 cup	



Copy of 020507 Beans, Garbanzo

Category: Vegetable

Serves: 1 (Serving - 1/4 cup)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

NUTRIENT	SERVING - 1/4 CUP
Calories	87.5 kcals
Total Carbohydrate	14.16 g
Dietary Fiber	4.16 g
Sugars	2.5 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving - 1/4 cup	



R3002 Fruit (1/2 cup)

Category: Fruit

Serves: 1 (Serving - 1/2 cup)

HACCP Process: Process #1 (No Cook)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

NUTRIENT	SERVING - 1/2 CUP
Calories	28.71 kcals
Total Carbohydrate	7.5955 g
Dietary Fiber	1.331 g
Sugars ¹	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving - 1/2 cup	



REC020919 Biscuit With Turkey Sausage Gravy

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Milk, Soy, Wheat	None	None

PICKLIST
1 Serving - 1 biscuit of Biscuit Split WG 2.25oz, 1 Bag of Gravy, White Vegan Country Gravy, 1 Serving of Sausage Turkey Link - Gluten Free

#	INGREDIENTS	INSTRUCTIONS
1	1 x Serving - 1 biscuit of Biscuit Split WG 2.25oz 1/2 x Serving of Sausage Turkey Link - Gluten Free 1 x Ounce of Gravy, White Vegan Country Gravy	

NUTRIENT	SERVING
Calories	293.9997 kcals
Total Carbohydrate	29.5 g
Dietary Fiber	2 g
Sugars	3 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	1.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



REC02190114 Breakfast Sandwich - Egg/Cheese on English Muffin

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Egg, Milk, Soy, Wheat	None	None

PICKLIST
1 Loaf of Cheese American Processed, 1 Each of Egg Patty 3.5" Bulk, 1 Muffin of English Muffin - Do not buy

#	INGREDIENTS	INSTRUCTIONS
1	1 x Muffin of English Muffin - Do not buy 1 x Each of Egg Patty 3.5" Bulk 1 x Ounce of Cheese American Processed	

NUTRIENT	SERVING
Calories	309.9999 kcals
Total Carbohydrate	27 g
Dietary Fiber ¹	2 g
Sugars	3 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	1.000 oz Meats/Meat Alternates, 3.000 oz Grains, 3.000 oz Whole Grain-Rich (Grains)



REC02190114 2 Breakfast Sandwich - Turkey Sausage/Cheese on English Muffin

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Soy, Wheat	None	None

PICKLIST
1 Loaf of Cheese American Processed, 1 Muffin of English Muffin 3.5", 1 Patty of Turkey Sausage Patty

#	INGREDIENTS	INSTRUCTIONS
1	1 x Ounce of Cheese American Processed 1 x Muffin of English Muffin 3.5" 1 x Patty of Turkey Sausage Patty	

NUTRIENT	SERVING
Calories	301.1999 kcals
Total Carbohydrate	26 g
Dietary Fiber ¹	2 g
Sugars	2 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	1.500 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



REC030809 Turkey Chili with Cheese and Chips

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk, Soy	None	None

PICKLIST
1 Serving of Cheese Cheddar Shredded, 1 Bag of Chips Tortilla Rounds

#	INGREDIENTS	INSTRUCTIONS
1	1 x Bag of Chips Tortilla Rounds 1 x Ounce of Cheese Cheddar Shredded	

NUTRIENT	SERVING
Calories	241.1843 kcals
Total Carbohydrate	30.2835 g
Dietary Fiber	6 g
Sugars	1.5 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 0.600 cups Vegetables, 0.100 cups Red/Orange (Vegetables), 0.500 cups Beans/Peas (Vegetables)



REC03080902 Chicken Fajita Tacos (2)

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Wheat	None	None

PICKLIST

1 Bag - 5lb of Chicken , diced, 1 Serving 1/2 cup of Peppers and Onions, 8 1 Tortilla, .5Gs of Tortilla, Corn White WG 4.5" - SUB

#	INGREDIENTS	INSTRUCTIONS
1	4 x 1 Tortilla, .5G and 72 x Gram of Tortilla, Corn White WG 4.5" - SUB 3 x Ounce of Chicken , diced 1 x 2 ounces of Peppers and Onions	

NUTRIENT	SERVING
Calories ¹	427.9999 kcals
Total Carbohydrate ¹	66.6667 g
Dietary Fiber ¹	8.0001 g
Sugars ¹	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 0.250 cups Vegetables, 0.250 cups Red/Orange (Vegetables)



REC060110 Chicken Fajita Tacos with Spanish Rice

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Wheat	None	None

PICKLIST
1 Bag - 5lb of Chicken , diced, 1 Serving 1/2 cup of Peppers and Onions, 1 Bag of RICE, LONG GRAIN, BROWN, QUICK-COOKING, DRY, 1 #10 Can of Salsa Bulk, 8 1 Tortilla, .5Gs of Tortilla, Corn White WG 4.5" - SUB

#	INGREDIENTS	INSTRUCTIONS
1	1 x Serving of Chicken Fajita Tacos (2) 1 x 1/2 cup serving of Spanish Rice	

NOTES
Rice = 2x #8 scoops Chicken = 1 #12 scoop

NUTRIENT	SERVING
Calories ¹	582.0128 kcals
Total Carbohydrate ¹	98.8846 g
Dietary Fiber ¹	11.1347 g
Sugars ¹	1.9552 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	3.000 oz Meats/Meat Alternates, 4.000 oz Grains, 4.000 oz Whole Grain-Rich (Grains), 0.375 cups Vegetables, 0.125 cups Red/Orange (Vegetables), 0.250 cups Other (Vegetables)



100500 RICE, LONG GRAIN, BROWN, QUICK-COOKING, DRY

Category: Cereal Grains and Pasta

Serves: 1 (Cup)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

NUTRIENT	CUP
Calories	268.9231 kcals
Total Carbohydrate	56.6154 g
Dietary Fiber	2.359 g
Sugars	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Cup	



REC03080902 Chicken Fajita Tacos (2)

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

#	INGREDIENTS	INSTRUCTIONS
1	4 x 1 Tortilla, .5G and 72 x Gram of Tortilla, Corn White WG 4.5" - SUB 3 x Ounce of Chicken , diced 1 x 2 ounces of Peppers and Onions	

NUTRIENT	SERVING
Calories ¹	427.9999 kcals
Total Carbohydrate ¹	66.6667 g
Dietary Fiber ¹	8.0001 g
Sugars ¹	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	



REC18090305 Spanish Rice

Category: Main Entree

Serves: 1 (1/2 cup serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

#	INGREDIENTS	INSTRUCTIONS
1	1/2 x Cup of RICE, LONG GRAIN, BROWN, QUICK-COOKING, DRY 1/4 x Cup of Salsa Bulk	

NOTES
Rice = 2x #8 scoops Chicken = 1 #12 scoop

NUTRIENT	1/2 CUP SERVING
Calories	154.0129 kcals
Total Carbohydrate	32.218 g
Dietary Fiber	3.1347 g
Sugars	1.9552 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
1/2 cup serving	



REC060919 Fish Tacos with Cajun Slaw

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Fish, Wheat	None	None

PICKLIST
1 Pound of Fish Sticks, AK pollock, 8 1 Tortilla, .5Gs of Tortilla, Corn White WG 4.5" - SUB

#	INGREDIENTS	INSTRUCTIONS
1	1 x Serving 2 MMA, 1G of Fish Sticks, AK pollock 4 x 1 Tortilla, .5G and 72 x Gram of Tortilla, Corn White WG 4.5" - SUB	

NUTRIENT	SERVING
Calories	529.9998 kcals
Total Carbohydrate	88.6667 g
Dietary Fiber	8.0001 g
Sugars	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 3.000 oz Grains, 3.000 oz Whole Grain-Rich (Grains), 0.600 cups Vegetables, 0.100 cups Red/Orange (Vegetables), 0.500 cups Beans/Peas (Vegetables)



REC06180514 French Toast

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Soy, Wheat	None	None

PICKLIST
1 Serving of French Toast Sticks Bulk (3pc svg)

#	INGREDIENTS	INSTRUCTIONS
1		Cook in oven to manufacturer specifications.
2		Use defrosted meat and drain water.
3		On an open tortilla, place cooked tater tots in a line down the center of the tortilla, place sliced egg patty next, then shredded cheddar cheese, then turkey taco meat.
4	1 x Serving of French Toast Sticks Bulk (3pc svg)	

NUTRIENT	SERVING
Calories	269.9997 kcals
Total Carbohydrate	40 g
Dietary Fiber	4 g
Sugars	7.9999 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



REC120119 Lasagna with Garlic Bread

Category: Main Entree

Serves: 1 (Serving - Elementary)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Soy, Wheat	None	None

PICKLIST
1 Each - 1pc of Lasagna Rollup WG, 1 Each of Toast Texas - Garlic Bread - IW

#	INGREDIENTS	INSTRUCTIONS
1	1 x Each - 1pc of Lasagna Rollup WG 1 x Each of Toast Texas - Garlic Bread - IW	

NUTRIENT	SERVING - ELEMENTARY
Calories	338.2223 kcats
Total Carbohydrate	42.7852 g
Dietary Fiber	2.9851 g
Sugars	5.9629 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving - Elementary	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 0.250 cups Vegetables, 0.250 cups Red/Orange (Vegetables)

F201501 Toast Texas - Garlic Bread - IW

Category: Side
Serves: 1 (Each)
HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Soy, Wheat	None	None

NUTRIENT	EACH
Calories	100 kcals
Total Carbohydrate	14 g
Dietary Fiber	1 g
Sugars	1 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	



REC16092626 Hawaiian Pizza

Category: Main Entree

Serves: 1 (Slice)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk, Soy, Wheat	None	None

PICKLIST
1 Can 10# of Pineapple chunks, 1 Slice of Pizza 16" Cheese Big Daddy, 1 Serving (s) of Turkey Ham Smked Slice

#	INGREDIENTS	INSTRUCTIONS
1	1 x Slice of Pizza 16" Cheese Big Daddy 3/4 x Ounce of Turkey Ham Smked Slice 1 x Ounce of Pineapple chunks	

NUTRIENT	SLICE
Calories	418.6211 kcals
Total Carbohydrate	41.0864 g
Dietary Fiber	4.4244 g
Sugars	9.8452 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Slice	2.500 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



F16900 Pizza 16" Cheese Big Daddy

Category: Main Entree

Serves: 1 (Slice)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk, Soy, Wheat	None	None

NUTRIENT	SLICE
Calories	360.0001 kcals
Total Carbohydrate	35 g
Dietary Fiber	4 g
Sugars	6 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Slice	



REC16151811 Pork Philly Cheese Sandwich

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Soy, Wheat	None	None

PICKLIST
1 Bag - 5lb of Cheese Pepper Jack, 1 Hoagie of Hoagie 6" - Sub, 1 Serving 1/2 cup of Peppers and Onions, 1 Bag - 5lb of Pork, Pulled USDA

#	INGREDIENTS	INSTRUCTIONS
1	1 x Hoagie of Hoagie 6" - Sub 2 x Serving - 2 oz of Pork, Pulled USDA 1 x 2 ounces of Peppers and Onions 3 x Serving - 1 oz of Cheese Pepper Jack	

NUTRIENT	SERVING
Calories ¹	663.9995 kcals
Total Carbohydrate ¹	39 g
Dietary Fiber ¹	4 g
Sugars ¹	4 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 3.000 oz Grains, 3.000 oz Whole Grain-Rich (Grains), 0.600 cups Vegetables, 0.100 cups Red/Orange (Vegetables), 0.500 cups Beans/Peas (Vegetables)



REC180 Rice Prepared

Category: Side

Serves: 10 (Serving - 6 oz), 8 (Serving - 1 cup), 16 (Serving - 1/2 cup)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

PICKLIST
1 Bag of RICE, LONG GRAIN, BROWN, QUICK-COOKING, DRY

#	INGREDIENTS	INSTRUCTIONS
1	1 x Bag of RICE, LONG GRAIN, BROWN, QUICK-COOKING, DRY	Prepare according to packaging. Control Measures: CCP 140 °F

NUTRIENT	SERVING - 6 OZ	SERVING - 1 CUP	SERVING - 1/2 CUP
Calories	132.5885 kcals	165.7356 kcals	82.8678 kcals
Total Carbohydrate	27.9134 g	34.8917 g	17.4458 g
Dietary Fiber	1.1631 g	1.4539 g	0.7269 g
Sugars	0 g	0 g	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving - 6 oz	
Serving - 1 cup	2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)
Serving - 1/2 cup	1.000 oz Grains, 1.000 oz Whole Grain-Rich (Grains)



100500 RICE, LONG GRAIN, BROWN, QUICK-COOKING, DRY

Category: Cereal Grains and Pasta

Serves: 1 (Bag)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

NUTRIENT	BAG
Calories	1325.8854 kcals
Total Carbohydrate	279.1338 g
Dietary Fiber	11.6306 g
Sugars	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Bag	



REC18090305 Spanish Rice

Category: Main Entree

Serves: 1 (1/2 cup serving), 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

PICKLIST
1 Bag of RICE, LONG GRAIN, BROWN, QUICK-COOKING, DRY, 1 #10 Can of Salsa Bulk

#	INGREDIENTS	INSTRUCTIONS
1	1/2 x Cup of RICE, LONG GRAIN, BROWN, QUICK-COOKING, DRY 1/4 x Cup of Salsa Bulk	

NOTES
Rice = 2x #8 scoops Chicken = 1 #12 scoop

NUTRIENT	1/2 CUP SERVING	SERVING
Calories	154.0129 kcals	154.0129 kcals
Total Carbohydrate	32.218 g	32.218 g
Dietary Fiber	3.1347 g	3.1347 g
Sugars	1.9552 g	1.9552 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
1/2 cup serving	
Serving	2.000 oz Meats/Meat Alternates, 3.000 oz Grains, 3.000 oz Whole Grain-Rich (Grains), 0.250 cups Vegetables, 0.250 cups Other (Vegetables)



100500 RICE, LONG GRAIN, BROWN, QUICK-COOKING, DRY

Category: Cereal Grains and Pasta

Serves: 1 (Cup)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

NUTRIENT	CUP
Calories	268.9231 kcals
Total Carbohydrate	56.6154 g
Dietary Fiber	2.359 g
Sugars	0 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Cup	



Copy of 020507 Beans, Garbanzo

Category: Vegetable

Serves: 1 (Serving - 1/4 cup)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

NUTRIENT	SERVING - 1/4 CUP
Calories	87.5 kcals
Total Carbohydrate	14.16 g
Dietary Fiber	4.16 g
Sugars	2.5 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving - 1/4 cup	



REC190103 Beef Bahn Mi Sandwich

Category: Main Entree

Serves: 1 (Sandwich)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Soy, Wheat	None	None

PICKLIST
1 Each of Beef Patty USDA, 1 Bag of Cabbage Mix / Coleslaw Mix, 3 Slices of Cucumber, 1 Hoagie of Hoagie 6" - Sub, 1 Bottle of Sauce, Teriyaki, 2 1 Tablespoons of Vinegar - White Distilled

#	INGREDIENTS	INSTRUCTIONS
1	1 x Hoagie of Hoagie 6" - Sub 3 x Slice of Cucumber 1 x Ounce of Vinegar - White Distilled 1 x Serving - 1/2 cup of Cabbage Mix / Coleslaw Mix 1 x Each of Beef Patty USDA 1 x 1 of Sauce, Teriyaki	

NUTRIENT	SANDWICH
Calories	389.0543 kcal
Total Carbohydrate	54.2738 g
Dietary Fiber ¹	5.8427 g
Sugars	15.1095 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Sandwich	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 0.750 cups Vegetables, 0.250 cups Red/Orange (Vegetables), 0.250 cups Starchy (Vegetables), 0.250 cups Additional (Vegetables)



REC190103 1 1 Veggie Garlic Cream Cheese Sandwich on a Parisian Baguette

Category: Main Entree

Serves: 1 (Sandwich)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Wheat	None	None

PICKLIST
1 Baguette of Bread, Parisian Sourdough Baguette - Par baked, 2 Eaches of Cream Cheese IW, 8 Slices of Cucumber, 1 1 Leaf of Lettuce, Green Leaf #10, 1 Pound of Tomatos, Roma

#	INGREDIENTS	INSTRUCTIONS
1	2 x Ounce of Cream Cheese IW 8 x Slice of Cucumber 1 x Baguette of Bread, Parisian Sourdough Baguette - Par baked 1 x 1 Leaf of Lettuce, Green Leaf #10 4 x Slice(s) of Tomatos, Roma	

NUTRIENT	SANDWICH
Calories	408.3754 kcals
Total Carbohydrate	51.9416 g
Dietary Fiber	5.2077 g
Sugars	6.4879 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Sandwich	2.000 oz Meats/Meat Alternates, 2.750 oz Grains, 2.750 oz Whole Grain-Rich (Grains), 0.750 cups Vegetables, 0.250 cups Red/Orange (Vegetables), 0.500 cups Dark Green (Vegetables)



REC190103 1 1 1 BBQ Chicken Sandwich on a Parisian Baguette

Category: Main Entree

Serves: 1 (Sandwich)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Wheat	None	None

PICKLIST
1 Bottle - 1 gal of BBQ Sauce Bulk, 1 Baguette of Bread, Parisian Sourdough Baguette - Par baked, 1 Bag - 5lb of Chicken , diced

#	INGREDIENTS	INSTRUCTIONS
1	1 x Baguette of Bread, Parisian Sourdough Baguette - Par baked 4 x Ounce of Chicken , diced 1 x Ounce of BBQ Sauce Bulk	

NUTRIENT	SANDWICH
Calories	387.6341 kcals
Total Carbohydrate	40.5324 g
Dietary Fiber ¹	4 g
Sugars	12.2592 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Sandwich	4.000 oz Meats/Meat Alternates, 2.750 oz Grains, 2.750 oz Whole Grain-Rich (Grains)



REC190103 1 1 2 Chicken Bruschetta Sandwich on a Parisian Baguette

Category: Main Entree

Serves: 1 (Sandwich)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Wheat	None	None

PICKLIST

1 Baguette of Bread, Parisian Sourdough Baguette - Par baked, 2 Eaches of Cream Cheese IW, 8 Slices of Cucumber, 1 1 Leaf of Lettuce, Green Leaf #10, 1 Pound of Tomatos, Roma

#	INGREDIENTS	INSTRUCTIONS
1	2 x Ounce of Cream Cheese IW 8 x Slice of Cucumber 1 x Baguette of Bread, Parisian Sourdough Baguette - Par baked 1 x 1 Leaf of Lettuce, Green Leaf #10 4 x Slice(s) of Tomatos, Roma	

NUTRIENT	SANDWICH
Calories	408.3754 kcals
Total Carbohydrate	51.9416 g
Dietary Fiber	5.2077 g
Sugars	6.4879 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Sandwich	4.000 oz Meats/Meat Alternates, 2.750 oz Grains, 2.750 oz Whole Grain-Rich (Grains), 0.500 cups Vegetables, 0.250 cups Red/Orange (Vegetables), 0.250 cups Dark Green (Vegetables)



REC190121 Katsu Sauce

Category: Condiments

Serves: 6 (2 oz portions)

HACCP Process: None

Batch Instructions:

Repeat this recipe 6 times to make 6 of 6 servings.



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Soy	None	None

PICKLIST
30 1/4 Teaspoons of Ground Ginger, 1 Bottle of Ketchup - Bulk, 1 Bottle of Korean BBQ Sauce - Bulgogi - Wheat Free

#	INGREDIENTS	INSTRUCTIONS
1	1 1/2 x 1 Cup of Korean BBQ Sauce - Bulgogi - Wheat Free 2 x Tablespoons of Ketchup - Bulk 1 x Tablespoon of Ground Ginger	

NOTES
1.5 cup Korean BBQ Sauce + 2 Tbsp Ketchup + 1 Tbsp Ground Ginger = 6 (2oz) portions. Just whisk all together

NUTRIENT	2 OZ PORTIONS
Calories	14.0943 kcals
Total Carbohydrate	19.0525 g
Dietary Fiber ¹	0.4092 g
Sugars	15.153 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
2 oz portions	



REC-200 Smoked Turkey & Cheese Sandwich

Category: Main Entree

Serves: 1 (Sandwich)

HACCP Process: Process #1 (No Cook)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Soy, Wheat	None	None

PICKLIST

1 Each of Buns Hamburger WG - 144ct, 1 Loaf of Cheese American Processed, 3 Serving (s)s of Turkey Ham Smked Slice

#	INGREDIENTS	INSTRUCTIONS
1	3 x Serving (s) of Turkey Ham Smked Slice	Thaw day before service in cooler
2	1 x Each of Buns Hamburger WG - 144ct 1 x Serving - 1 oz of Cheese American Processed	Day of service assemble sandwiches with bun layered with 3 slices of turkey and 1 slice of cheese

NOTES

1 pkg of turkey ham yields 40 sandwiches

NUTRIENT	SANDWICH
Calories	462.8687 kcals
Total Carbohydrate	46.7788 g
Dietary Fiber ¹	2.883 g
Sugars	8.3121 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Sandwich	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



REC26 Veggie Nachos with Chips

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Milk	None	None

PICKLIST

1 Serving of Cheese Cheddar Shredded, 1 Case of Crumbles Fiesta/Mexican Meatless, 1 #10 Can of Salsa Bulk

#	INGREDIENTS	INSTRUCTIONS
1	1 x Serving - 1/2 cup of Beans, Pinto LS 1 x Ounce of Cheese Cheddar Shredded 1/2 x Cup of Prepared Crumbles Fiesta/Mexican Meatless	

NUTRIENT	SERVING
Calories	248.1075 kcals
Total Carbohydrate	28.792 g
Dietary Fiber	11.5192 g
Sugars	2.3043 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains), 0.500 cups Vegetables, 0.500 cups Starchy (Vegetables)



REC-20 Prepared Crumbles Fiesta/Mexican Meatless

Category: Side

Serves: 8 (Cup)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
None	None	None

#	INGREDIENTS	INSTRUCTIONS
1	1 x Package of Crumbles Fiesta/Mexican Meatless 1 x Quart of BEVERAGES,H2O,TAP,DRINKING 2 x Cups of Salsa Bulk	

NUTRIENT	CUP
Calories	172.3729 kcals
Total Carbohydrate	9.0044 g
Dietary Fiber	7.0492 g
Sugars	1.9552 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Cup	



REC00100 Alfredo Pasta Bulk

Category: Main Entree

Serves: 160 (1 Cup Serving)

HACCP Process: Process #2 (Same Day Service)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Milk, Wheat	None	None

PICKLIST
7 5 lb Bags of Alfredo Sauce, 3 Bag 10lbs of Penne Dry Pasta

#	INGREDIENTS	INSTRUCTIONS
1	20 x Pound of Penne Dry Pasta 4 x Gallons of BEVERAGES,H2O,TAP,DRINKING	Boil water and add pasta. Cook according to package directions. Drain and Cool with ice. Control Measures: CCP 140 °F
2	6 x 5 lb Bag of Alfredo Sauce	1. Thaw sauce in refrigerator 4 days before using. 2. Add 1 case of alfredo sauce to 1 case cooked pasta. Control Measures: Cold Holding

NUTRIENT	1 CUP SERVING
Calories	341.1966 kcals
Total Carbohydrate	48.1803 g
Dietary Fiber	4.0656 g
Sugars	2.0164 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
1 Cup Serving	1.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



REC301 Assorted Cereal

Category: Main Entree

Serves: 3 (Each)

HACCP Process: Process #1 (No Cook)



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Soy, Wheat	None	None

PICKLIST
1 Each of Cereal Cinnamon Toasters LG, 1 Each of Cereal Honey Scooters LG, 1 Each of Cereal Marshmallow Mateys LG

#	INGREDIENTS	INSTRUCTIONS
1	1 x Each of Cereal Cinnamon Toasters LG 1 x Each of Cereal Honey Scooters LG 1 x Each of Cereal Marshmallow Mateys LG	.

NUTRIENT	EACH
Calories	223.3331 kcals
Total Carbohydrate	45.6666 g
Dietary Fiber	3 g
Sugars	19.6667 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)



D3501 Cereal Honey Scooters LG

Category: Main Entree

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Wheat	None	None

NUTRIENT	EACH
Calories	219.9998 kcals
Total Carbohydrate	46 g
Dietary Fiber	3 g
Sugars	17 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	



D3502 Cereal Marshmallow Mateys LG

Category: Main Entree

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Wheat	None	None

NUTRIENT	EACH
Calories	209.9998 kcals
Total Carbohydrate	47 g
Dietary Fiber	3 g
Sugars	23 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	



D3504 Cereal Cinnamon Toasters LG

Category: Main Entree

Serves: 1 (Each)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Soy, Wheat	None	None

NUTRIENT	EACH
Calories	239.9998 kcals
Total Carbohydrate	44 g
Dietary Fiber	3 g
Sugars	19 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Each	



REC809040 Chicken and Chees Enchilada Bake

Category: Main Entree

Serves: 1 (Serving)

HACCP Process: None



ALLERGENS	DIETARY RESTRICTIONS	RELIGIOUS RESTRICTIONS
Gluten, Wheat	None	None

PICKLIST
2 1 ozs of Cheese Mozzarella Shredded Bulk, 1 Bag - 5lb of Chicken , diced, 3 1 Tortilla, .5Gs of Tortilla, Corn White WG 4.5"

#	INGREDIENTS	INSTRUCTIONS
1	2 x Ounce of Chicken , diced 2 x 1 oz of Cheese Mozzarella Shredded Bulk 1 x 3 tortillas, 1.5G of Tortilla, Corn White WG 4.5"	

NUTRIENT	SERVING
Calories	369.7807 kcals
Total Carbohydrate	26.9753 g
Dietary Fiber ¹	3 g
Sugars	1.9753 g

¹ Nutrient components missing

SERVING SIZE	MEAL CONTRIBUTION
Serving	2.000 oz Meats/Meat Alternates, 2.000 oz Grains, 2.000 oz Whole Grain-Rich (Grains)