Wingate University: Human Services Major Map	FIRST YEAR	SECOND YEAR	THIRD YEAR	FOURTH YEAR
Courses	 Take SOC 101, MATH 209 and PSYC 101 Make progress toward other General Education Course requirements 	 Take HS 330, PSYC 206, PSYC 250, SOC Elective and PSYC Elective Explore a minor or double major 	 Take HS 321, HS 323, SOC Elective and PSYC Elective Finish remaining General Education courses 	 Take HS 411,SOC Elective, PSYC Elective, and HS 497 (Exit Exam) Make sure you have met all requirements for graduation
Opportunities	 Explore clubs and service organizations on campus Join the Human Services Club Meet with your Faculty Advisor 	 Consider becoming a Peer Mentor for Gateway 101 Explore on-campus job opportunities Consider leadership roles in clubs and organizations 	 Pursue a paid or volunteer experience related to your interests Do an internship for course credit Explore service learning courses 	 Pursue a leadership role in a club or organization Explore campus experiences you may want to participate in before you graduate
Research	 Talk with Human Services faculty about opportunities to participate in research projects. 	 Check out the W'Engage seminar offerings Consider submitting a paper to the Wellspring Research Symposium Contact the International Programs Office for study abroad options 	 Partner with a faculty member and apply for a Reeves Summer Research Grant Consider signing up for a W'International course 	 Conduct your own research in HS 415 Attend the National Org. for Human Services Conference
Exploration	 Connect with upper class students in Gateway 101 about their career or graduate school plans Take the FOCUS2 Inventory offered through Career Services & attened Lyceums 	• Attend Lyceums	 Meet with your Faculty Advisor to discuss career or graduate school options Attend Lyceums offered by Career services Start preparing for the GRE or other tests you may need to take 	 Develop a personal statement, cover letter, and resume with Career Services Take GRE or other entrance exams Secure letters of recommendation