

# CODE OF CONDUCT

## Post Falls School District Middle Level Code of Conduct

Participating in extracurricular activities is both an honor and a responsibility. Participating students are recognized for their achievements as representatives of their school and its ideals. Good physical conditioning and sound attitudes are integral to participation in Post Falls School District's middle level athletic programs.

It is a privilege to participate in extracurricular activities. This privilege is extended to all, provided students are willing to assume certain responsibilities. A student participant must be a credit to oneself, the school, and the community. It is expected all student participants will exceed minimum standards of conduct.

Participants are encouraged to refrain from the use of certain substances for his/her health and physical/psychological well-being. A secondary objective is to ensure the student properly represents himself/herself, his/her family, and the school. Additionally, the physical fitness of the participating student to perform to the best of his/her ability should be maintained. The mental well-being and development of self-esteem in the young individual are also of paramount importance.

Participating students' conduct in and out of school reflect upon both the school and our community. Participating students should not create a disruptive influence on the discipline, good order, moral or educational environment in the school.

Participants who fail to abide by this activity code are subject to disciplinary action as prescribed by the code. As recognized representatives of their schools, members of Post Falls School District's middle level teams and activities must demonstrate the character and behavior outlined in this code. Students are expected to adhere to the code at all times while they are participants of a middle level school team. School officials will monitor the behavior of students involved in activities at all times as well. The code will be in effect at the beginning of the first practice of a sport season through the last day of the season, including any post-season awards day.

## Code Rules

### 1. Academic Progress

- A. A student-athlete who has a failing class grade during any weekly progress check is ineligible to play in competitions until they change the failing grade into a passing grade. Student-athletes and coaches will develop a plan to improve their grades to become eligible to play in competitions. Student-athletes may continue to practice during this time, as long as they are making adequate progress towards their academic goals. Failure to conscientiously work at changing a failing class grade into a passing grade will constitute the student-athlete's decision to no longer participate in the sport in which they are involved.

### 2. School Attendance

- A. A student-athlete must be in attendance the full day of an event in order to participate in the event. A **pre-excused** absence, presented to the athletic director at least 24 hours in advance of the absence, may be excused at the discretion of the athletic director. If a contest is on a Saturday, the student-athlete must have attended class for a full day on the Friday before the Saturday event.
- B. Students who are suspended from school for one period or more, whether the suspension is in-school or out-of-school, may not be allowed to participate in a co-curricular event on the day of the suspension.
- C. A student-athlete who is truant to any class (truancy means more than 10 minutes late to any class without written permission from a parent or guardian, presented to school administration, and cleared by a school administrator) may not be allowed to participate in a co-curricular activity on the day they are truant.

### 3. Athletic Participation Information

Items needed from students **PRIOR** to first practice for the sport they are turning out for:

- A. **ASB Sticker** (Current cost: \$10)
- B. **Participation Fee** (Current cost: \$25 per year—capped at \$50 for any one family per year)
- C. **"Middle Level Activities Code"** (Statement signed and dated by both a parent and the students—no cost involved)
- D. **"Medical Procedure Form"** (Filled out completely by parent--there is no cost to filling out this form. **However**, it is School District policy that all students participating in athletics **must** be covered by insurance. Should a family not have insurance, a policy which will cover the student is available, at a reasonable cost, through an independent insurance company. School secretaries have forms for this insurance)
- E. **"Idaho School Activities Association Idaho Health Examination and Consent Form"** (This is a form that students must take to a doctor and have a physical exam performed. The doctor must report the results of the exam on **this form**. A doctor's physical exam must be done every other year while in middle school. The physical must be performed after July 15<sup>th</sup> of the year it is to be in effect. Therefore, if a student is an incoming 7<sup>th</sup> grader, and they had a physical during their 6<sup>th</sup> grade year, (or if a student is an incoming 8<sup>th</sup> grader and they had a doctor's physical exam their 7<sup>th</sup> grade year) **and** that physical is on file with their middle school, they do not need a physical their 7<sup>th</sup> grade year (or 8<sup>th</sup> grade year if the physical was done during their 7<sup>th</sup> grade year). **But**, during the year a student does not need a "doctor's physical exam" performed, the student and their parent do need to fill out and sign an **INTERIM PHYSICAL QUESTIONNAIRE** form)

**REMEMBER:** All of the above paperwork and fees must be on file **PRIOR** to a student participating in their first practice at RCMs.  
**ALL FORMS ARE AVAILABLE IN THE MIDDLE SCHOOL OFFICE.**

## ATHLETIC CODE OF CONDUCT: Rules and Consequences

**Note: If school rules are violated, other disciplinary action may be taken. If laws are broken, law enforcement may be involved. Coaches may apply their own sanctions which go beyond the sanctions of the athletic code.**

VIOLATION	FIRST OFFENSE	SECOND OFFENSE	THIRD OFFENSE	FOURTH OFFENSE
<p><b>Category A</b></p> <p>Possession, consumption, or sale of tobacco, alcohol, steroids, drugs, look-a-like drugs, drug paraphernalia, vaping material, or e-cigarettes</p> <p>Any criminal activity that the student is charged/ticketed or arrested for by a law enforcement official</p> <p>Offenses that are subject to long term suspension as defined by Post Falls School District Policy 504.9c</p> <p>Fighting which results in school disciplinary action</p>	<p>Meeting with coaches and Adminin to develop plan to still allow participation. (Plan takes effect upon returning from other consequences)</p> <p>Parent notification</p>	<p>Dismissed from current sport for the remainder of the season</p> <p>Parent notification</p>	<p>Dismissed from all middle school athletics for the remainder of the school year</p> <p>Parent notification</p>	

<p><b>Category B</b></p> <p>(Note: Depending on the severity, any of the following violations can be moved to a "Category A" level of disciplinary action at the discretion of school administration)</p> <p>Theft at school or at a school function</p> <p>Vandalism of school property or property of others while at school or a school function</p> <p>Harassment/Bullying</p> <p>Insubordination</p> <p>Academic or other dishonesty</p> <p>Other: A suspension from school will be a violation of the athletic code and will be handled as a category B offense</p>	<p>Meeting with coaches and Admin to develop plan to still allow participation. (Plan takes effect upon returning from other consequences)</p> <p>Parent notification</p>	<p>7 calendar days suspension, from date of infraction, from current sport. 3 days of practice required upon return to the team prior to playing in a game</p> <p>Parent notification</p>	<p>Dismissed from current sports for the remainder of the season</p> <p>Parent notification</p>	<p>Dismissed from all middle school sports for the remainder of the year</p> <p>Parent notification</p>
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**MIDDLE SCHOOL ACTIVITIES CODE**  
**CONSENT, ELIGIBILITY, AND ACKNOWLEDGEMENT: SIGNATURE PAGE**  
(To be returned to the athletic director **PRIOR** to athletic participation)

**1. CONSENT:**

THE UNDERSIGNED STUDENT AND STUDENT'S PARENTS OR GUARDIANS HEREBY CONSENT TO THE UNDERSIGNED STUDENT PARTICIPATING IN THE INTERSCHOLASTIC ATHLETIC AND ACTIVITIES PROGRAM AT A POST FALLS SCHOOL DISTRICT MIDDLE SCHOOL. THIS CONSENT INCLUDES TRAVEL TO AND FROM ATHLETIC AND ACTIVITIES CONTESTS AND PRACTICE SESSIONS. THE UNDERSIGNED DO FURTHER CONSENT TO TREATMENT DEEMED NECESSARY BY PHYSICIANS DESIGNATED BY SCHOOL AUTHORITIES FOR ANY ILLNESS OR INJURY OCCURRING WHILE STUDENT IS PARTICIPATING IN ANY SPORT OR ACTIVITY.

**2. ELIGIBILITY:**

THE UNDERSIGNED STUDENT'S PARTICIPATION IN INTERSCHOLASTIC ATHLETICS AND ACTIVITIES FOR A POST FALLS MIDDLE SCHOOL IS ENTIRELY VOLUNTARY ON SAID STUDENT'S PART, AND WITH THE UNDERSTANDING THAT THE STUDENT HAS NOT VIOLATED ANY OF THE ELIGIBILITY RULES.

**3. ACKNOWLEDGEMENT:**

THE UNDERSIGNED STUDENT AND STUDENT'S PARENTS OR GUARDIANS ACKNOWLEDGE THAT THEY HAVE RECEIVED, READ AND UNDERSTAND THE RIVER CITY MIDDLE SCHOOLS' INTERSCHOLASTIC ACTIVITIES CODE OF CONDUCT AND DO ACCEPT AND CONSENT TO THE PROVISIONS CONTAINED THEREIN. \*\*

DATE \_\_\_\_\_ \*\*  
(SIGNATURE OF PARENT OR GUARDIAN)

DATE \_\_\_\_\_ \*\*  
(SIGNATURE OF STUDENT)

**\*\*This form must be signed by both the Parent or Guardian and participating Student\*\***

