



**Jericho  
Public  
Schools**



# November 2023

## Jericho Elementary School

### LUNCH MENU

#### Daily Lunch Offerings

- Hummus w/pita & fresh veggies
- Yogurt Parfait w/ granola & fruit
- Cheese, Turkey, Ham or Tuna Sandwich
- Sunbutter & Jelly Sandwich
- Grilled Cheese
- Bagel w/String Cheese & Yogurt
- Chef Salad served with WG flatbread

**Student Lunch \$3.15  
Adult \$5.50**

All Lunches  
Must Include  
Choice of:  
Fruits and/or  
Vegetable  
And May  
Include:  
1% Low-Fat  
Milk

**Powering  
potential.**

MON	TUES	WED	THURS	FRI
		<b>Brunch For Lunch</b> WG Dutch Waffle Egg Patties Cucumber Coins Strawberries <sup>1</sup>	<b>Cookie Monster's Birthday</b> <sup>2</sup> Chicken Bites with WG Pretzel Rod Steamed Green Beans Honeydew Melon	Homemade Cheese or Pepperoni Pizza(P) <sup>3</sup> Romaine Caesar Salad Orange Wedges
Hamburger(B), <sup>6</sup> Cheeseburger(B), or Veggie Burger (V) Baked Tater Tots Apple Slices	<b>National Nachos Day</b> Chicken or Bean(V) Nachos (Tostitos w/ seasoned diced chicken, cheese & salsa) Black Beans Cantaloupe	<b>Brunch For Lunch</b> <sup>8</sup> Cinnamon French Toast Sticks Chicken Sausage Patties Roasted Broccoli Orange Wedges	Homemade Cheese or Pepperoni Pizza(P) <sup>9</sup> Romaine Caesar Salad Red Delicious Apple	Schools Closed <sup>10</sup>
Grilled 3 Cheese Sandwich <sup>13</sup> (cheddar,american&swiss) Tomato Soup Apple Slices	General Tso's <sup>14</sup> Chicken (breaded chicken with sauce) Fluffy Brown Rice Steamed Broccoli Orange Wedges	<b>Brunch For Lunch</b> <sup>15</sup> WG Pancakes Egg Patties Red Pepper Strips Honeydew Melon	Meatball(B) Hero with melted mozzarella Roasted Cauliflower Watermelon <sup>16</sup>	Homemade Cheese or Vegetable Pizza(red peppers & broccoli) <sup>17</sup> Garbanzo Bean Salad Fresh Pear
<b>Brunch For Lunch</b> <sup>20</sup> WG Dutch Waffle served with 2 cheese sticks Sweet Corn Apple Slices	Beef(B) or Bean(V) <sup>21</sup> Soft Tacos (seasoned ground beef or beans & shredded cheddar) Black Beans Cantaloupe	Homemade Mac & Cheese with WG Pretzel Rod <sup>22</sup> Baby Carrots Watermelon	Schools Closed <sup>23</sup>	Schools Closed <sup>24</sup>
Crispy Chicken Patty <sup>27</sup> or Veggie Burger (V) on WG Bun Sweet Corn Applesauce	<b>National French Toast Day</b> <sup>8</sup> French Toast Bites served w/ Vanilla Yogurt Dipping Sauce Baked Tater Tots Orange Wedges	<b>Waffley Wednesday</b> Chocolate Eggo Waffles Chicken Sausage Patties Roasted Zucchini Strawberries	Penne Pasta with <sup>30</sup> Homemade Meat(B) Sauce or Marinara(V) with WG Pretzel Rod Red Pepper Slices Fresh Pear	

**Menus are subject to change.**

#### Available Daily:

Assorted Fruits/Vegetables Apples, Oranges, Pears,  
Baby Carrots and Celery Sticks,  
Assorted Drinks:100% Apple Juice,100% Tropical Punch,  
1% White Milk, Fat-Free White Milk & Fat Free Choc Milk  
Items with a (P) contain pork. Items with a (B) contain beef  
Items with a (V) are vegetarian  
WG denotes Whole Grain rich products

**aramark**  
STUDENT  
NUTRITION

This institution is an equal opportunity provider.