

November 2023

LESD Breakfast Menu - CARSON

MON		TUES		WED		THURS		FRI	
10/30		10/31		11/1		2		3	
1/2 Bagel & Sun Butter (v) Bananas 8 oz NF or 1% White Milk	Variety Cereal (v) Apples 8 oz NF or 1% White Milk	Chicken Sausage Breakfast Bagel Strawberries 8 oz NF or 1% White Milk	Blueberry Yogurt & Granola Cup Oranges 8 oz NF or 1% White Milk	Pancake Squares + String Cheese (v) Manager's Choice: Fresh, In Season Fruit 8 oz NF or 1% White Milk					
6		7		8		9		10	
Bagel & Strawberry Cream Cheese (v) Bananas 8 oz NF or 1% White Milk	Variety Cereal (v) Apples 8 oz NF or 1% White Milk	Waffle with Strawberries + Turkey Sausage Strawberries 8 oz NF or 1% White Milk	Breakfast Wrap: Sausage, Egg & Cheese Oranges 8 oz NF or 1% White Milk	Veteran's Day Holiday *School not in session*					
13		14		15		16		17	
1/2 Bagel & Sun Butter (v) Bananas 8 oz NF or 1% White Milk	Variety Cereal (v) Apples 8 oz NF or 1% White Milk	Chicken Sausage Breakfast Bagel Strawberries 8 oz NF or 1% White Milk	Blueberry Yogurt & Granola Cup Oranges 8 oz NF or 1% White Milk	Pancake Squares + String Cheese (v) Manager's Choice: Fresh, In Season Fruit 8 oz NF or 1% White Milk					
20		21		22		23		24	
Thanksgiving Break *School not in session*		Thanksgiving Break *School not in session*		Thanksgiving Break *School not in session*		Thanksgiving Break *School not in session*		Thanksgiving Break *School not in session*	
27		28		29		30		12/1	
Bagel & Strawberry Cream Cheese (v) Bananas 8 oz NF or 1% White Milk	Variety Cereal (v) Apples 8 oz NF or 1% White Milk	Waffle with Strawberries + Turkey Sausage Strawberries 8 oz NF or 1% White Milk	Breakfast Wrap: Sausage, Egg & Cheese Oranges 8 oz NF or 1% White Milk	Variety Cereal (v) Sliced Peaches 8 oz NF or 1% White Milk					

(p) = Contains Pork

This institution is an equal opportunity provider.

November 2023

LESD Lunch Menu - CARSON

MON		TUES		WED		THURS		FRI	
10/30		10/31		11/1		2		3	
Chicken Nuggets Apples Broccoli w/ Ranch 8 oz NF or 1% White Milk	Grass Fed Beef Hamburger Bananas Baby Carrots 8 oz NF or 1% White Milk	Mandarin Orange Chicken Bowl Oranges Cucumber Slices 8 oz NF or 1% White Milk	Bean & Cheese Pupusa with Curtido Sliced Peaches Baby Carrots 8 oz NF or 1% White Milk	Cheese Pizza Slice (v) 100% Fruit Juice Corn 8 oz NF or 1% White Milk					
6		7		8		9		10	
SunButter & Jelly Sandwich + String Cheese (v) Apples Broccoli w/ Ranch 8 oz NF or 1% White Milk	Chicken Sandwich Bananas Baby Carrots 8 oz NF or 1% White Milk	Grilled Chicken & Corn + Tortilla Chips Oranges Jicama Sticks 8 oz NF or 1% White Milk	Tamale: Chicken & Red Sauce + String Cheese & Beans Sliced Peaches Cucumber Slices 8 oz NF or 1% White Milk	Veteran's Day Holiday *School not in session*					
13		14		15		16		17	
Chicken Nuggets Apples Broccoli w/ Ranch 8 oz NF or 1% White Milk	Grass Fed Beef Hamburger Bananas Baby Carrots 8 oz NF or 1% White Milk	Mandarin Orange Chicken Bowl Oranges Cucumber Slices 8 oz NF or 1% White Milk	Bean & Cheese Pupusa with Curtido Sliced Peaches Baby Carrots 8 oz NF or 1% White Milk	Cheese Pizza Slice (v) 100% Fruit Juice Corn 8 oz NF or 1% White Milk					
20		21		22		23		24	
Thanksgiving Break *School not in session*		Thanksgiving Break *School not in session*		Thanksgiving Break *School not in session*		Thanksgiving Break *School not in session*		Thanksgiving Break *School not in session*	
27		28		29		30		12/1	
SunButter & Jelly Sandwich + String Cheese (v) Apples Broccoli w/ Ranch 8 oz NF or 1% White Milk	Chicken Sandwich Bananas Baby Carrots 8 oz NF or 1% White Milk	Grilled Chicken & Corn + Tortilla Chips Oranges Jicama Sticks 8 oz NF or 1% White Milk	Tamale: Chicken & Red Sauce + String Cheese & Beans Sliced Peaches Cucumber Slices 8 oz NF or 1% White Milk	Mozzarella Breadsticks + Marinara Sauce (v) Manager's Choice: Fresh, In Season Fruit Corn 8 oz NF or 1% White Milk					

(v)= Vegetarian
(p) = Contains Pork

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