

DSHAC Minutes  
October 27, 2023

1. Introductions
2. Health Services Update- Connie Harmon
3. Health Fitness Update- Pamela Thompson
4. Counseling, Psychological, and Social Services
  - a. QPR Training for Counselors in October (Beverly Martin)
  - b. CIS Gallery Walk on 10.26.23 (Mary Pizana)
  - c. Screenagers- awareness of social media and cell phone addiction- working with the organization and how to rollout to district (Kristy Chavis)
5. Social and Emotional- Kristy Chavis
  - a. AMP- Alcohol and Marijuana Program- numbers are increasing
    - i. Total referrals so far this year is 71
  - b. NHS family presentation on substance use awareness coming up on November
  - c. Fentanyl Awareness Campaign in SBISD
6. Family Engagement- Betsabeth Beyk
  - a. Parent U family Engagement- 7 so far this year.
    - i. Available on the Parent U Website so far
    - ii. Over 800 families have attended
    - iii. November 9- building bridges to middle school
    - iv. December 5- advanced academics in middle school
    - v. January- Math pathways
7. Fine Arts- Houston Hayes
  - a. Marching Band- 3 bands advanced to area competition
  - b. Plays at high school
  - c. UIL Competitions
8. Community Involvement- Mary Pizana
  - a. Reading Buddies have started on campuses
  - b. Volunteers are encouraged to fill out the application- must apply each year
  - c. 20th anniversary for Spring Board Mentoring Event- Eric Bostic- the power of showing up
  - d. The Power of 2- campaign to increase mentors
9. Physical Environment
  - a. Snapshot for UIL- determines 5A vs. 6A
  - b. MHS vs. SHS game tonight

- c. Water Polo Teams successful
- d. MHS Tennis State made it to the state finals
- e. 4 qualifiers for the state cross country meet

10. Fentanyl Awareness

- a. Marketing Campaign- info on district website
- b. Presented to administrators
- c. Kristy Chavis reviewed the presentation
  - i. Trends
  - ii. Signs of overdose
  - iii. Narcan
- d. Presentation is on district website and it is student facing

11. Paulina Avila-Martinez- Spring Branch Community Health Center

- a. Important resource in the community
- b. Provide affordable healthcare services to the underserved and uninsured communities of Spring Branch and West Houston.
- c. Slogan- Healthy Families. Healthy Community.
- d. 8 clinics
  - i. Pitner
  - ii. Hillendahl
  - iii. Wholelife Clinic on Jacquelyn Dr.
  - iv. Memorial Clinic on Frostwood
- e. Mental, dental and medical services provided
- f. Housing services
  - i. Homeless community members
  - ii. Partner agency with Coalition for the Homeless
  - iii. Youth Plus Program- youth and young adults 17-24
    - 1. Case management to build self-sufficiency
  - iv. Homeless prevention
- g. Mobile Unit services
  - i. Allow the staff to go out to the community
  - ii. Alleviates the burden of coming to the actual clinic
  - iii. Free glucose and blood pressure screenings
  - iv. Free HIV and HCV rapid testing
  - v. Referrals
- h. Accept medicaid, chip, medicare and private insurance. Will accept patients without insurance
  - i. To qualify:

1. Documentation- ID, proof of residency, proof of household composition, healthcare coverage, valid phone number
  - i. HIV program- provide early intervention
    - i. Rapid HIV testing
    - ii. Health Education
    - iii. Treatment options
  - j. Project Valet- mammogram screenings
  - k. Project Connect- tobacco cessation
  - l. Project Derm- Skin Cancer Screenings
  - m. Project 80%- Colorectal Cancer Screenings
  - n. Monthly Baby showers for OB Patients
  - o. Nutrition classes