

# Parma School Dist. #137

## HIGH SCHOOL/ EW MIDDLE SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
		Nov - 1 FINGER STEAKS MASHED POTATOES BROCCOLI COUNTRY GRAVY WHOLE GRAIN ROLL GRAPES STRAWBERRIES FROZE BOXED BUFFALO CHICK BROCCOLI PORK & BEANS MILK	Nov - 2 CHICKEN PATTY SANDW PORK & BEANS APPLE SAUCE ORANGES CARROTS KETCHUP LASAGNA ROLL UP, W/ S SALAD PEPPERCORN RANCH BREAD STICK MILK	Nov - 3
Nov - 6 BEEF & BEAN BURRITO CHICKEN RICE CORN BLUEBERRIES BOXED POPCORN CHIC CARROTS CELERY STICKS MILK	Nov - 7 PIZZA RIPPERS SALAD PEPPERCORN RANCH PEACHES PINEAPPLE CHICKEN DRUMSTICK POTATOE GEMS COLESLAW WHOLE GRAIN ROLL MILK	Nov - 8 BREADED PORK PATTIE MASHED POTATOES BROWN GRAVY BROCCOLI WHOLE GRAIN ROLL MIXED BERRIES CUPS CINNAMON APPLESAUC BOXED CALZONE BROCCOLI PORK & BEANS MILK	Nov - 9 ORANGE CHICKEN STIR FRY VEGTABLES EGG ROLL MANDARIN ORANGES PINEAPPLE MANDARIN SAUCE CORN DOG KETCHUP MUSTARD CARROTS CORN MILK	Nov - 10
Nov - 13 CHICKEN STRIPS POTATO CARROTS BROCCOLI WHOLE GRAIN ROLL FRESH STRAWBERRIES RIB-B-Q KETCHUP CARROTS & JICAMA CU MILK	Nov - 14 NACHOS BEEF CORN ORANGES PEARS, DICED;EXLTSYP BOXED HAM & CHEESE CARROTS CELERY STICKS MILK	Nov - 15 ROASTED TURKEY MASHED POTATOES CHICKEN GRAVY WHOLE GRAIN ROLL CAPRI MIXED VEGETABL APPLE PUMPKIN CAKE, PARMA MILK	Nov - 16 HAMBURGER PORK & BEANS CARROTS APPLE KETCHUP MUSTARD PICKLES CHICKEN PATTY KETCHUP CELERY STICKS MILK	Nov - 17
Nov - 20 NO SCHOOL TODAY	Nov - 21 NO SCHOOL TODAY	Nov - 22 NO SCHOOL TODAY	Nov - 23 NO SCHOOL TODAY	Nov - 24
Nov - 27 MINI CORN DOGS PORK & BEANS PEAS & CARROTS APPLE SAUCE PEARS, DICED LT SYRP, KETCHUP MUSTARD SPICY CHICKEN SANDWI KETCHUP CARROTS CELERY STICKS MILK	Nov - 28 PIZZA RIPPERS SALAD PEPPERCORN RANCH PEACHES PINEAPPLE MEATBALL SUB CARROTS & JICAMA CU MILK	Nov - 29 COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY BROCCOLI WHOLE GRAIN ROLL STRAWBERRIES FROZE CHICKEN RANCH WRAP BROCCOLI PORK & BEANS MILK	Nov - 30 CHICKEN NUGGET SCALLOPED POTATOES GREEN BEANS CANNED APPLES PEACHES WHOLE GRAIN ROLL KETCHUP CHICKEN ENCHILADA CHICKEN RICE CARROTS & JICAMA CU SALSA MILK	

"This Institution is an equal opportunity provider"

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**