



NOVEMBER 2023

Jasper County High School

Breakfast and Lunch Menus



BREAKFAST PRICES
FREE TO ALL STUDENTS
ADULT: \$2.50

LUNCH PRICES
FULL PRICE: \$2.00
REDUCED: \$0.40
ADULT: \$4.00



Featured Produce: Sweet Potatoes

Monday	Tuesday	Wednesday	Thursday	Friday
<p>The Jasper County School Nutrition Program is Committed to Helping Students Learn and Grow by Providing Quality Meals that Support Academic Success for All Students</p>	<p>Sweet Potato</p> <p>Rich in vitamins and nutrients, sweet potatoes are an excellent healthy food choice that can be prepared in a variety of ways.</p>	<p>01 Breakfast Steak Biscuit</p> <p>LUNCH Teriyaki Chicken or Sweet & Sour Meatballs w/Roll Seasoned Pinto Beans Fried Okra Pineapple Tidbits Applesauce cup</p>	<p>02 Breakfast French Toast</p> <p>LUNCH Chicken Nuggets w/Roll (reg or spicy) or PBJ Sandwich Steamed Broccoli Sweet Potatoes Sliced Peaches Fresh Apple</p>	<p>03 Breakfast Chicken Biscuit</p> <p>LUNCH Grilled Chicken Sandwich or Fish Sandwich Waffle Fries Carrot Cup w/Ranch Creamy Cole Slaw Variety Of Fresh fruit</p>
<p>06 Breakfast Sausage Biscuit</p> <p>LUNCH Buffalo Chicken Wrap or Meatball Sub Steamed Broccoli Sweet Potatoes Pineapple Tidbits Sidekicks</p>	<p>07 Breakfast Cini Mini Bun</p> <p>LUNCH Corndog or BBQ Chicken w/Roll Homestyle Baked Beans Creamy Coleslaw Applesauce Cup Sliced Pears</p>	<p>08 Breakfast Steak Biscuit</p> <p>LUNCH Max Cheese Sticks or PBJ Sandwich Marinara Sauce Buttery Corn Tropical fruit Mandarin Oranges</p>	<p>09 Breakfast Donut Variety</p> <p>THANKSGIVING LUNCH Turkey & Dressing w/Roll or PBJ Sandwich Creamy Mashed Potatoes Seasoned Green Beans Fresh Apple Fresh Orange Pecan Tart</p>	
<p>13 Breakfast Sausage Biscuit</p> <p>LUNCH Pizza (Variety of flavors) or PBJ Sandwich Buttery Corn Steamed Broccoli Pineapple Tidbits Sliced Peaches</p>	<p>14 Breakfast Pancake Pup</p> <p>LUNCH Grilled Chicken Sandwich or Hot Dog w/WG Bun Homestyle Baked Beans Sweet Potatoes Applesauce Cup Fresh Orange</p>	<p>15 Breakfast Steak Biscuit</p> <p>LUNCH Beef or Chicken Tacos or PBJ Sandwich Chunky Salsa Refried Beans Sliced Pears Sidekicks</p>	<p>16 Breakfast Cini Mini Bun</p> <p>LUNCH Creamy Tomato Basil Soup w/ Grilled Cheese Sandwich or Fish Sticks w/Hushpuppies Tater Tots Carrot/Celery Cup w/ranch Tropical fruit Mandarin Oranges</p>	<p>17 Breakfast Chicken Biscuit</p> <p>LUNCH Crispy Chicken Filet Sandwich (reg or spicy) or PBJ Sandwich Waffle Fries Sliced Cucumbers/Cherry Tomatoes Lettuce/Sliced Tomato Variety Of Fresh fruit</p>
<p>27 Breakfast Sausage Biscuit</p> <p>LUNCH County Fried Steak Nuggets or Teriyaki Chicken w/Roll Steamed Broccoli Sweet Potatoes Pineapple Tidbits Sliced Peaches</p>	<p>28 Breakfast Variety of Waffles</p> <p>LUNCH Max Cheese Sticks or PBJ Sandwich Marinara Sauce Buttery Corn Mandarin Oranges Applesauce cup</p>	<p>29 Breakfast Steak Biscuit</p> <p>LUNCH Cheeseburger or Hot Dog Curly Fries Homestyle Baked Beans Sliced Pears Sidekicks</p>	<p>30 Breakfast French Toast</p> <p>LUNCH Buffalo Chicken Wrap or Meatball Sub Seasoned Green Beans Carrot Cup w/Ranch Rosy Applesauce Tropical fruit</p>	

National Georgia Pecan Month



Variety of Milk, Cereal, 100% Juice, Fruit, or Vegetables Offered Daily for Breakfast

MENUS SUBJECT TO CHANGE WITHOUT NOTICE

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