



NOVEMBER 2023

Jasper County Middle School Breakfast and Lunch Menus



BREAKFAST PRICES
FREE TO ALL STUDENTS
ADULT: \$2.50

LUNCH PRICES
FULL PRICE: \$2.00
REDUCED: \$0.40
ADULT: \$4.00



Featured Produce: Sweet Potatoes

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <p>The Jasper County School Nutrition Program is Committed to Helping Students Learn and Grow by Providing Quality Meals that Support Academic Success for All Students</p> | <p>Sweet Potato</p> <p>Rich in vitamins and nutrients, sweet potatoes are an excellent healthy food choice that can be prepared in a variety of ways.</p> <p><small>(per medium potato)</small></p> | <p>01 Breakfast Sausage Biscuit</p> <p>LUNCH Teriyaki Chicken or Sweet & Sour Pork over Rice Steamed Broccoli Glazed Carrots Fruit</p> | <p>02 Breakfast Breakfast Tacos</p> <p>LUNCH Beef Steak Nuggets or Pork & Gravy w/Roll Mashed Potatoes Sweet Peas Fruit</p> | <p>03 Breakfast Chicken Biscuit</p> <p>LUNCH Corn dog or BBQ Sandwich Creamy Coleslaw Baked Beans Fruit</p> |
| <p>06 Breakfast Sausage Biscuit w/Gravy</p> <p>LUNCH Chicken Noodle Soup or Tomato Soup w/Grilled Cheese Steamed Broccoli Baked Potato Fruit</p> | <p>07 Breakfast Breakfast Pizza</p> <p>LUNCH Cheeseburger or Grilled Chicken Sandwich Curly Fries Sautéed Mushrooms & Onions Fruit</p> | <p>08 Breakfast Steak Biscuit</p> <p>LUNCH Cheesy Chicken Nachos or Cheese Quesadilla Seasoned Black Beans Salsa Fruit</p> | <p>09 Breakfast Pancake Pup</p> <p>THANKSGIVING MEAL Turkey & Dressing w/Gravy Mashed Potatoes Sweet Potatoes Seasoned Green Beans Peach Cobbler</p> | |
| <p>13 Breakfast Steak Biscuit</p> <p>LUNCH Pizza (Variety of Flavors) or Chicken Ranch Wrap Sweet Potato Fries Pasta Salad Fruit</p> | <p>14 Breakfast French Toast Sticks</p> <p>LUNCH Crispy Chicken Sandwich or Grilled Cheese Lettuce/Tomato Celery Cup w/Dip Fruit</p> | <p>15 Breakfast Sausage Biscuit</p> <p>LUNCH Meaty Chili w/Cornbread or Fish Sandwich Baked Potato Steamed Broccoli Fruit</p> | <p>16 Breakfast Waffle Bar</p> <p>LUNCH Max Cheese Sticks w/Marinara Sauce or Buffalo Chicken Flatbread Tossed Salad w/Dressing Buttery Corn Fruit</p> | <p>17 Breakfast Chicken Biscuit</p> <p>LUNCH Turkey & Cheese Hoagie or PBJ Carrot Cup w/Dip Baked Chips/Pickles Fresh Fruit</p> |
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| <p>27 Breakfast Sausage Biscuit</p> <p>LUNCH Chicken Alfredo w/Breadstick or Fish Sandwich Steamed Broccoli Sweet Peas Fruit</p> | <p>28 Breakfast Pancake Pup</p> <p>LUNCH Pizza (Variety of Flavors) or PBJ Buttery Corn French Fries Fruit</p> | <p>29 Breakfast Steak Biscuit</p> <p>LUNCH Chicken Nuggets w/Roll or Grilled Cheese Mashed Potatoes Seasoned Green Beans Fruit</p> | <p>30 Breakfast French Toast Sticks</p> <p>LUNCH Beefy Chalupas or Cheese Quesadilla Refried Beans/Salsa Lettuce & Tomatoes Fruit</p> | |

National Georgia Pecan Month



Variety of Milk, Cereal, 100% Juice, Fruit, or Vegetables Offered Daily for Breakfast

MENUS SUBJECT TO CHANGE WITHOUT NOTICE

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