

LUNCH MENU₂

Middle Schools, ICS, & STEM November 20th - 24th

Menu May Vary By School Site.
Our menus are aligned with the USDAs Healthier U.S.
School Challenge.



THRIVE SIDES OFFERED
DAILY WITH LUNCH
SELECTION

Garden Greens plus a variety of Fresh
& Canned Fruits & Vegetables. Locally Grown items are
offered whenever seasonally available. Low Fat or Fat Free
Milk offered with all meals.



MONDAY Pho (FU as in FUN!)
(v) option included



TUESDAY Spice House Rice & Noodle Bowls
(v) option included

WEDNESDAY Half Day
No School

THURSDAY
No School

FRIDAY



Everyday Choices

*Cheese Stuffed Breadsticks with Spaghetti
Sauce(v)
Cheese Pizza(v)
Pepperoni Pizza*

MONDAY Sausage Pizza

TUESDAY Buffalo Chicken Pizza

WEDNESDAY Half Day

THURSDAY No School

FRIDAY No School

Everyday Choices

*Rainbow Chili(v)
Vegetarian Burger(v), Regular & Spicy WG
Chicken Burger, Hamburger, Cheeseburger*



MONDAY Grilled Cheese Sandwich(v)

TUESDAY Turkey Hot Dog

WEDNESDAY Half Day

THURSDAY No School

FRIDAY No School



In a hurry? Grab Fast Takes-
But Don't Forget to Select From the Thrive Bar!

MONDAY Fiesta Dip Box(v)
Chef Salad
Turkey & Cheese Sub Crispy WG
Chicken Wrap

TUESDAY Strawberry Banana Parfait(v)
Garden Veg Salad(v)
American Sub
Chicken Caesar Wrap

WEDNESDAY Half Day

THURSDAY No School

FRIDAY No School



This Week's Features:



MONDAY WG Cheese Lasagna Rollup(v)
Roasted Broccoli & Carrots

TUESDAY Pancakes & Turkey Sausage Patties
Baked Cinnamon Apples

WEDNESDAY Half Day

No School

THURSDAY No School

FRIDAY

*To file a complaint of discrimination,
write U.S. Department of Agriculture,
Director, Office of Adjudication and
Compliance, 1400 Independence Ave-
nue, SW, Washington, DC 20250-9410
or call (800) 795-3272 (voice) or (202)
720-6382 (TTY). USDA is an equal
opportunity provider and employer.*

Nutrition Information is available upon request.

