

LUNCH MENU₁

Middle Schools, ICS, & STEM November 13th - 17th

Menu May Vary By School Site.
Our menus are aligned with the USDAs Healthier U.S.
School Challenge.



THRIVE SIDES OFFERED
DAILY WITH LUNCH
SELECTION

Garden Greens plus a variety of Fresh
& Canned Fruits & Vegetables. Locally Grown items are
offered whenever seasonally available. Low Fat or Fat Free
Milk offered with all meals.



- MONDAY** Pho (FU as in FUN!)
(v) option included 
- TUESDAY** Spice House Rice & Noodle Bowls
(v) option included
- WEDNESDAY** Fiesta Nachos
(v) option included
- THURSDAY** Spice House Rice & Noodle Bowls
(v) option included
- FRIDAY** Fiesta Nachos
(v) option included

Everyday Choices

Rainbow Chili(v)
Vegetarian Burger(v), Regular & Spicy WG
Chicken Burger, Hamburger, Cheeseburger



- MONDAY** Grilled Cheese Sandwich(v)
- TUESDAY** Turkey Hot Dog
- WEDNESDAY** BBQ Pulled Pork Sandwich
- THURSDAY** Roasted Mushroom Swiss Burger
- FRIDAY** Fishstick Po' Boy Sub(v)



Everyday Choices

*Cheese Stuffed Breadsticks with Spaghetti
Sauce(v)*
Cheese Pizza(v)
Pepperoni Pizza

- MONDAY** Sausage Pizza
- TUESDAY** Buffalo Chicken Pizza
- WEDNESDAY** Supreme Pizza
- THURSDAY** Hawaiian Pizza
- FRIDAY** Meatlover's Pizza



In a hurry? Grab Fast Takes-
But Don't Forget to Select From the Thrive Bar!

- MONDAY** Fiesta Dip Box(v)
Chef Salad
Turkey & Cheese Sub Crispy WG
Chicken Wrap
- TUESDAY** Strawberry Banana Parfait(v)
Garden Veg Salad(v)
American Sub
Chicken Caesar Wrap
- WEDNESDAY** Classic Hummus Box(v)
Crispy WG Chicken Salad
Italian Sub
Buffalo Chicken Wrap
- THURSDAY** Protein PowerUp Box
Regular(v) or Chicken Caesar Salad
Turkey & Cheese Sub
Crispy WG Chicken Wrap
- FRIDAY** Deli Bento Box
Garden Fiesta Salad(v)
(Turkey) Ham & Cheese Sub
Chicken Caesar Wrap



This Week's Features:



- MONDAY** Taco Turkey or Taco Lentil(v) Tot'chos
Roasted Seasoned Broccoli
- TUESDAY** Glazed Chicken Drumstick
Mixed Veggie
- WEDNESDAY** WG Popcorn Chicken & Potato Bowl
Vegetarian Baked Beans
- THURSDAY** WG Pasta with Meat or Lentil(v) Sauce
Roasted Broccoli & Carrots
- FRIDAY** WG Chicken & Waffles
Wedge Cut Fries

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Nutrition Information is available upon request.

