

LUNCH MENU₅

Middle Schools, ICS, & STEM November 6th - 10th

Menu May Vary By School Site.
Our menus are aligned with the USDA's Healthier U.S.
School Challenge.



THRIVE SIDES OFFERED
DAILY WITH LUNCH
SELECTION

Garden Greens plus a variety of Fresh
& Canned Fruits & Vegetables. Locally Grown items are
offered whenever seasonally available. Low Fat or Fat Free
Milk offered with all meals.



- MONDAY** Pho (FU as in FUN!)
(v) option included 
- TUESDAY** Spice House Rice & Noodle Bowls
(v) option included
- WEDNESDAY** Fiesta Nachos
(v) option included
- THURSDAY** Spice House Rice & Noodle Bowls
(v) option included
- FRIDAY** No School

Everyday Choices

Rainbow Chili(v)
Vegetarian Burger(v), Regular & Spicy WG
Chicken Burger, Hamburger, Cheeseburger



- MONDAY** Grilled Cheese Sandwich(v)
- TUESDAY** Turkey Hot Dog
- WEDNESDAY** BBQ Pulled Pork Sandwich
- THURSDAY** Roasted Mushroom Swiss Burger
- FRIDAY** No School



Everyday Choices

*Cheese Stuffed Breadsticks with Spaghetti
Sauce(v)*
Cheese Pizza(v)
Pepperoni Pizza

- MONDAY** Sausage Pizza
- TUESDAY** Buffalo Chicken Pizza
- WEDNESDAY** Supreme Pizza
- THURSDAY** Hawaiian Pizza
- FRIDAY** No School



In a hurry? Grab Fast Takes-
But Don't Forget to Select From the Thrive Bar!

- MONDAY** Fiesta Dip Box(v)
Chef Salad
Turkey & Cheese Sub
Crispy WG Chicken Wrap
- TUESDAY** Strawberry Banana Parfait(v)
Garden Veg Salad(v)
American Sub
Chicken Caesar Wrap
- WEDNESDAY** Classic Hummus Box(v)
Crispy WG Chicken Salad
Italian Sub
Buffalo Chicken Wrap
- THURSDAY** Protein PowerUp Box
Regular(v) or Chicken Caesar
Salad
Turkey & cheese Sub
Crispy WG Chicken Wrap
- FRIDAY** No School



This Week's Features:



- MONDAY** Bean & Cheese Burrito(v) with Salsa
Aztec Corn & Black Beans
- TUESDAY** Chicken Alfredo Pasta
Mixed Vegetables
- WEDNESDAY** **Big City Bites:** Philly Cheesesteak SubwWedge Fries
- THURSDAY** Turkey & Gravy Over Mashed Potatoes
Vegetarian Baked Beans
- FRIDAY** No School

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Nutrition Information is available upon request.