

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

**TUESDAY, Nov 21st**

**freshpick**  
for better health

**1**

**LUNCH**  
Sweet/Sour WG Chicken & Rice  
Turkey Hot Dog  
Chef Salad w/Rolls  
Sandwich of the Day(v)  
Cheese(v) or Pepperoni Pizza

**2**

**LUNCH**  
Turkey or Lentil(v) Nachos  
Cheesy Breadsticks w/Sauce(v)  
Crispy WG Chicken Wrap  
Pinwheel Party Box  
Cheese(v) or Pepperoni Pizza

**3**

**LUNCH**  
WG Fishsticks & Wedge Chips  
Caesar(v) or Chicken Caesar Salad w/Rolls  
American Sandwich  
Cheese(v) or Pepperoni Pizza

Menu Subject to Change Without Notice

**6**

**LUNCH**  
WG Chicken & Waffles  
**Bean & Cheese Nachos(v)**  
Protein PowerUp Box  
Cheese(v) or Pepperoni Pizza

**7**

**LUNCH**  
WG Macaroni & Chicken Alfredo  
WG Chicken Burger  
Greek Salad w/Rolls  
Sandwich of the Day(v)  
Cheese(v) or Pepperoni Pizza

**8**

**LUNCH**  
"Big City Bites"  
Philly Style Cheesesteak Sub w/Wedge Fries  
WG Pretzel w/Cheese Sauce  
Chef Salad w/Rolls  
Turkey & Cheese Sandwich  
Cheese(v) or Pepperoni Pizza

**9**

**LUNCH**  
Turkey Gravy w/Mash Potatoes & Rolls  
WG Chicken Corn Dog  
American Sandwich  
Strawberry Banana Parfait(v)  
Cheese(v) or Pepperoni Pizza

**10**

**NO SCHOOL**

NF White & Chocolate Milk offered Until 1% Lowfat Cartons are Available

**13**

**LUNCH**  
Turkey or Lentil(v) Tot'chos w/Rolls  
Burger Selection(v)  
Italian Stacker Box  
Cheese(v) or Pepperoni Pizza

**14**

**LUNCH**  
Glazed Chicken Drumstick w/Rolls  
WG French Toast Sticks & Turkey Sausage Patties  
Chef Salad w/Rolls  
Sandwich of the Day(v)  
Cheese(v) or Pepperoni Pizza

**15**

**LUNCH**  
WG Chicken & Potatoes w/Gravy & Roll  
Turkey Hot Dog  
(Turkey) Ham & Cheese Sandwich  
Blueberry Patch Parfait  
Cheese(v) or Pepperoni Pizza  
**Everyone's Birthday Cookie!**

**16**

**LUNCH**  
WG Spaghetti w/ Meat or Lentil(v) Sauce  
WG Chicken Burger  
Caesar(v) or Chicken Caesar Salad w/Rolls  
Turkey & Cheese Sandwich  
Cheese(v) or Pepperoni Pizza

**17**

**LUNCH**  
WG Chicken & Waffles  
Grilled Cheese Sandwich(v)  
Crispy WG Chicken Wrap  
Cheese(v) or Pepperoni Pizza

100% Apple Juice Offered on Tuesdays & Thursdays

**20**

**LUNCH**  
Cheese WG Lasagna Rollup w/Roll(v)  
Teriyaki WG Chicken & Rice  
Turkey & Cheese Sandwich  
EZ Pepperoni Pizza Box  
Cheese(v) or Pepperoni Pizza

**21**

**LUNCH**  
WG Pancakes & Turkey Sausage Patties  
WG Pretzel w/Cheese Sauce(v)  
Fruit & Yo' To Go Box(v)  
Cheese(v) or Pepperoni Pizza  
**Lucky Tray Day!**

**22**

**HALF - DAY**

**Pre Order On-Line**

**SACK LUNCHES**

**THANKSGIVING**

(v) = Meatless Option WG - Whole Grain

**27**

**LUNCH**  
Cheesy Breadsticks w/Sauce(v)  
BBQ Beef Riblet  
(Turkey) Ham & Cheese Sandwich  
Fruit & Yo' To Go Box(v)  
Cheese(v) or Pepperoni Pizza

**28**

**LUNCH**  
Bean & Cheese Nachos(v)  
Burger Selection(v)  
Deli Stackables Box  
Cheese(v) or Pepperoni Pizza

**29**

**LUNCH**  
Orange WG Chicken & Rice  
WG Chicken Corn Dog  
Fiesta Salad  
Sandwich of the Day(v)  
Cheese(v) or Pepperoni Pizza

**30**

**LUNCH**  
WG Macaroni & Cheese  
WG Chicken Burger  
Garden Salad w/Rols(v)  
Just Peachy Parfait(v)  
Cheese(v) or Pepperoni Pizza

**LUNCH**  
Cheese Omelet w/Pinwheel(v)  
Grilled Cheese Sandwich(v)  
Turkey & Cheese Sandwich  
Cheese(v) or Pepperoni Pizza

Offer May Vary By School

This institution is an equal opportunity provider.