## WHAT IS FOOD INSECURITY?



# Hunger & Poverty

• According to Feeding America, more than 34 million people, including 9 million children, in the United States are food insecure.

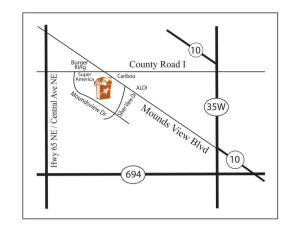
# **FOOD INSECURITY IN MINNESOTA**

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# **IN OUR COMMUNITIES**

The Ralph Reeder Food Shelf and Community Resource Center continues to see many new families who are struggling to make ends meet. We continue to focus on ways to provide a wide variety of nutritious foods and connections to other resources to the people who need it most, as often as they need it, through curbside pickups, in-person shopping and home deliveries.

Each month, we serve nearly 3500 adults, seniors and children and distributed nearly one million pounds of food and other basic needs last year. The majority of the individuals served are children.



RALPH REEDER FOOD SHELF 2544 MOUNDS VIEW BLVD. MOUNDS VIEW, MN 55112 651-621-6280

#### **DONATION DROP OFF HOURS**

Monday through Friday 9-Noon or by appointment.

All donations are tax deductible. Federal ID 41-6008084

#### FOR MORE INFORMATION OR TO DONATE ONLINE: WWW.RALPHREEDERFOODSHELF.ORG



www.facebook.com/ralphreederfoodshelf



COMMUNITY EDUCATION Mounds View Public Schools

together



COMMUNITY EDUCATION Mounds View Public Schools



working together

TO HELP OUR NEIGHBORS IN NEED

# **OUR MISSION**

To provide food and resources to our neighbors in need in a manner that upholds their dignity while they work towards greater independence.

# WHO WE ARE

The Ralph Reeder Food Shelf was established in 1982 and is a Community Education Program of the Mounds View Public School District.

# **WHO WE SERVE**

The Ralph Reeder Food Shelf welcomes anyone who comes to us in need of food and/or navigating low income resources, services and programs.





# WAYS YOU CAN HELP DONATE MONEY

Donations will be used to address a variety of needs related to food insecurity, including:

- Purchasing food and other essentials for food shelf participants.
- Providing food services to children through weekend snackpacks, smartsnacks and summer food boxes.
- Helping Mounds View Public School families who are struggling to pay school meal account balances.
- Offering need-based scholarships for enrichment and supplemental learning opportunities.

#### **DONATE FOOD**

We appreciate all non-perishable foods, garden produce, hygiene, baby and cleaning supplies.

## VOLUNTEER

Regular, on-call and event opportunities are often available both on and off-site. If you are interested, please click on the volunteer tab at www.ralphreederfoodshelf.org to learn more and to fill out a volunteer interest form.

### **SPREAD THE WORD**

Help educate others about hunger in our community.

together we can make a difference!

# **Programs and Services**

## **DAILY MARKET**

Client choice shopping model allows participants to choose their own groceries; receiving a week's worth of non-perishable foods, meats, milk, dairy, fresh produce, bakery, hygiene items and cleaning supplies.

## MOBILE FOOD DISTRIBUTIONS

We "drive away hunger" by bringing food to the people that need it most through home deliveries and farmer's markets.

#### **SCHOOLTRITION**

Our youth programs are designed to help feed healthy minds and bodies because every child deserves the opportunity to grow and thrive, in school and in life. Services include weekend snackpacks, smartsnacks, summer food boxes, school meal assistance, and need-based scholarships for enrichment and supplemental learning opportunities.

## SENIOR OUTREACH

Outreach programs include on-site Nutrition Assistance Program for Seniors (NAPS), Meals on Wheels Supplemental Care Boxes and pop-up markets at low income senior housing complexes.

## SEASONAL AND HOLIDAY PROGRAMS

Offerings include the Good Neighbor Back to School Project, Thanksgiving for All Program and Operation Joy Toy Shop.

## **RESOURCES AND ADVOCACY**

Connecting individuals and families to additional resources and programs to help get them back on their feet is an important part of our mission.