

FAMILY RESOURCE CENTER NEWSLETTER

Brenda Cowan & Veterans Park Elementary Schools

DID YOU KNOW?

Here are some quick and easy ways you can support children and families at your school through the FRC!

- Check out the Amazon Wishlist to provide needed supplies--check it out here:

https://www.amazon.com/hz/wishlist/lz/NMNBE7RIF7WE?ref_=wl_share



- Donate new or gently used Parenting Books to be used in our Parent Lending Library!



Holiday Gift Assistance

The Family Resource Center will be receiving information regarding Holiday Gift Assistance programs in the coming weeks. If you are interested in receiving this information, please reach out to Mrs. Love in the Family Resource Center at nicole.love@fayette.kyschools.us. Please watch Dojo and Schoolwide newsletters, as information on Holiday Programs may be shared there, as well!

Contact Information & Schedule

Brenda Cowan: Tuesday / Thursday / AM Friday

Veterans Park: Monday / Wednesday / PM Friday

Center Hours: 7:15 am - 2:45 pm

The FRC remains open during the summer break.

EMAIL:

NICOLE.LOVE@FAYETTE.KYSCHOOLS.US

FRC ADVISORY COUNCIL

The FRC Advisory Council meets every other month, and all are welcome to attend!

The next meeting is:

Wednesday, November 15th
3:00 pm
(virtual- contact Mrs. Love for the meeting link!)

BOLETÍN DEL CENTRO DE RECURSOS FAMILIARES

Escuelas primarias Brenda Cowan y Veterans Park

Información de contacto
y horarios

¿SABÍAS?

¡Aquí hay algunas maneras rápidas y fáciles en las que puede apoyar a los niños y las familias en su escuela a través del FRC!

Consulte la lista de deseos de Amazon para obtener los suministros necesarios; comprébelo aquí:

https://www.amazon.com/hz/wishlist/ls/NMNBE7RIF7WE?ref_=wl_share

¡Done libros para padres nuevos o en buen estado para usarlos en nuestra biblioteca de préstamo para padres!



Brenda Cowan: martes /
jueves / viernes AM

Parque de Veteranos:
Lunes / Miércoles /
Viernes PM

Horario del centro: 7:15
am - 2:45 pm

El FRC permanece
abierto durante las
vacaciones de verano.

CORREO ELECTRÓNICO:
NICOLE.LOVE@FAYETTE.KY
SCHOOLS.US

CONSEJO ASESOR DEL FRC

¡El Consejo Asesor del FRC se reúne cada dos meses y todos son bienvenidos a asistir!

La próxima reunión es:

Miércoles 15 de noviembre
3:00 pm (virtual: ¡comuníquese
con la Sra. Love para obtener
el enlace de la reunión!)

Asistencia con regalos navideños

El Centro de recursos familiares recibirá información sobre los programas de asistencia con obsequios navideños en las próximas semanas. Si está interesado en recibir esta información, comuníquese con la Sra. Love en el Centro de recursos familiares en nicole.love@fayette.kyschools.us.

¡Mire los boletines informativos de Dojo y de toda la escuela, ya que allí también se puede compartir información sobre los programas de vacaciones!

RESOURCES OF THE MONTH



First Steps is a statewide early intervention system that provides services to children with developmental delays or a particular medical condition known to cause a developmental delay, from birth to age three and their families. State and federal funds help support First Steps.

WHAT IS PROVIDED?

Bluegrass First Steps provides a wide variety of services and supports depending upon the needs of the child. Eligibility for services is determined through a process of child and family assessment.

Services Offered

- Speech Therapist
- Physical Therapist
- Occupational Therapist
- Developmental Interventionist
- Behavior Interventionist
- Nutritionist
- Deaf and Hard of Hearing Teacher
- Visually Impaired Teacher
- Psychologist
- Audiology



Some Developmental Concerns

- One-year-old who is not crawling or cruising furniture
- Two-year-old who does not have 50 words and not using two word phrases
- Child who does not play with toys appropriately
- Child suspected to be on the autism spectrum or has an autism spectrum disorder diagnosis

If you are concerned a child under the age of three is not meeting developmental milestones, you can make an online referral <https://www.kytots.org/tots/referralportal.aspx> or call Bluegrass First Steps at

WHO CAN REFER?

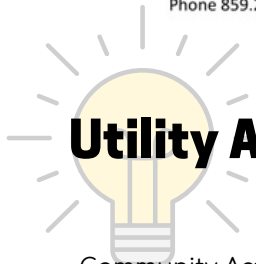
ANYONE can refer! From parents and relatives to daycare providers and physicians, anyone can start the First Steps process for a child. If you know a child that may benefit from early intervention services, or for any questions, please contact us at the number below.

WHAT IS THE COST?

All families are assessed for their ability to pay. Families may access Medicaid, private insurance, or pay a participation fee, based on household size and income.

Bluegrass First Steps | 343 Waller Avenue Suite 201 | Lexington, KY 40504

Phone 859.271.9448 or 1.800.454.2764 | Fax 859.272.6893



Utility Assistance Options:

| | |
|---------------------------------|----------|
| Community Action Council | 233-4600 |
| Lexington Rescue Mission | 381-9610 |
| Centenary United Methodist | 296-2800 |
| Catholic Social Services | 253-3339 |
| Adult Services | 258-3810 |
| Sunshine Ministries | 259-2777 |
| Southern Acres Christian Church | 272-7022 |
| Maxwell Presbyterian Church | 255-1074 |
| Nathaniel Mission | 255-0062 |
| Waypoint | 977-7388 |



FoodChain's Hot Meal Handout

Monday, Wednesday, Friday 5:30pm-7:00pm

Distribución de comida gratis

lunes, miércoles, viernes 5:30pm-7:00pm

FOLLOW, LIKE, SHARE   

@FOODCHAINLEX

EVERY MONDAY, WEDNESDAY, AND FRIDAY FOODCHAIN DISTRIBUTES FREE MEALS TO ANYONE IN THE COMMUNITY. THESE MEALS PRIORITIZE FRESH, LOCALLY GROWN INGREDIENTS THAT EMPOWER OUR COMMUNITY. IF YOU OR SOMEONE YOU KNOW IS NEED OF A MEAL, COME TO FOODCHAIN FOR A NOURISHING MEAL. MEALS AND EXTRA ITEMS ARE DISTRIBUTED FROM 5:30PM-7:00PM. NO DOCUMENTATION NECESSARY, JUST BRING YOURSELF!

501 W SIXTH ST
LEXINGTON, 40508
[HTTPS://FOODCHAINLEX.ORG/](https://FOODCHAINLEX.ORG/)



LPL AFTER SCHOOL IS A FREE AFTERSCHOOL DROP-IN PROGRAM AT THE NORTHSIDE AND VILLAGE BRANCHES FOR KIDS AGED 5-12 AND A CAREGIVER THAT TAKES PLACE 4 PM - 6 PM MONDAY THROUGH FRIDAY. JOIN US FOR SNACKS, STEAM AND ENRICHMENT ACTIVITIES, AND HOMEWORK HELP FROM ONE OF OUR VOLUNTEERS. NO NEED FOR CHILDREN AND CAREGIVERS TO REGISTER - JUST SHOW UP! ACTIVITIES PROVIDED COURTESY OF CHI ST. JOSEPH HEALTH. SNACKS WILL BE PROVIDED TO YOUTH AGE 18 AND YOUNGER COURTESY OF GOD'S PANTRY.

[HTTPS://LEXPUBLIB.ORG/STUDENTS-AND-EDUCATORS](https://LEXPUBLIB.ORG/STUDENTS-AND-EDUCATORS)

ON SATURDAYS, SNACKS WITH ENRICHMENT ACTIVITES ARE OFFERED FROM 3PM-5PM

RECURSOS DEL MES



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Phone 859.271.9448 or 1.800.454.2764 | Fax 859.272.6893



Opciones de asistencia de servicios públicos:

| | |
|----------------------------------|----------|
| | 233-4600 |
| Consejo de Acción Comunitaria | 381-9610 |
| Centenario de la Misión de | 296-2800 |
| Rescate de Lexington Servicios | 253-3339 |
| Sociales Católicos Metodistas | 258-3810 |
| Unidos Servicios para Adultos | 259-2777 |
| Ministerios Sunshine Iglesia | 272-7022 |
| Cristiana Southern Acres Iglesia | 255-1074 |
| Presbiteriana Maxwell Misión | 255-0062 |
| Nathaniel Waypoint | 977-7388 |

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FOLLOW, LIKE, SHARE

@FOODCHAINLEX

TODOS LOS LUNES, MIÉRCOLES Y VIERNES, FOODCHAIN DISTRIBUYE COMIDAS GRATUITAS A CUALQUIER PERSONA DE LA COMUNIDAD. ESTAS COMIDAS PRIORIZAN INGREDIENTES FRESCOS CULTIVADOS LOCALMENTE QUE EMPODERAN A NUESTRA COMUNIDAD. SI USTED O ALGUIEN QUE CONOCE NECESITA UNA COMIDA, VENGA A FOODCHAIN PARA DISFRUTAR DE UNA COMIDA NUTRITIVA. LAS COMIDAS Y ARTÍCULOS ADICIONALES SE DISTRIBUYEN DE 5:30 P. M. A 7:00 P. M. NO SE NECESITA DOCUMENTACIÓN, ¡SOLO TRÁIGALA USTED MISMO!

501 W SEXTO ST LEXINGTON, 40508
[HTTPS://FOODCHAINLEX.ORG/](https://foodchainlex.org/)



LPL AFTER SCHOOL ES UN PROGRAMA GRATUITO SIN CITA PREVIA EN LAS SUCURSALES DE NORTHSIDE Y VILLAGE PARA NIÑOS DE 5 A 12 AÑOS Y UN CUIDADOR QUE SE LLEVA A CABO DE 4 P. M. A 6 P. M. DE LUNES A VIERNES. ÚNASE A NOSOTROS PARA DISFRUTAR DE REFRIGERIOS, ACTIVIDADES STEAM Y DE ENRIQUECIMIENTO, Y AYUDA CON LA TAREA DE UNO DE NUESTROS VOLUNTARIOS. NO ES NECESARIO QUE LOS NIÑOS NI LOS CUIDADORES SE REGISTREN: ¡SIMPLEMENTE PRESENTESE! ACTIVIDADES PROPORCIONADAS POR CORTESÍA DE CHI ST. JOSEPH HEALTH. SE PROPORCIONARÁN REFRIGERIOS A JÓVENES DE 18 AÑOS Y MENORES, CORTESÍA DE GOD'S PANTRY.

[HTTPS://LEXPUBLIB.ORG/ESTUDIANTES-Y-EDUCADORES](https://lexpublib.org/estudiantes-y-educadores)

LOS SÁBADOS SE OFRECEN REFRIGERIOS CON ACTIVIDADES DE ENRIQUECIMIENTO DE 3:00 P. M. A 5:00 P. M.