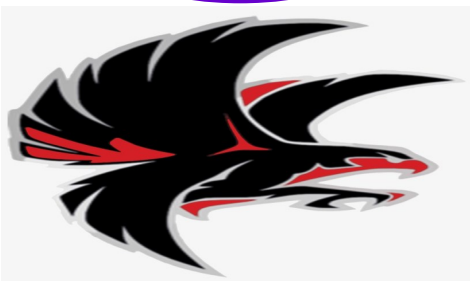


HIGH SCHOOL LUNCH



Lunch Pricing

Milk Only: \$0.50
 Student Lunch: \$3.75
 Staff Lunch: \$4.50

4 DIFFERENT LINES AVAILABLE DAILY!

2 oz. Meat / Meat Alternate
 2 oz. Whole Grains
 8 oz. Milk
 1/2 c. Fruit
 1 c. Vegetables
 Offered with every lunch

ALL REDUCED STATUS STUDENTS RECEIVE FREE LUNCH THIS YEAR!

OUR FANTASTIC FRUIT TRAY AND RAINBOW VEGGIE TRAY AVAILABLE EVERY DAY WITH LUNCH



Mon	Tue	Wed	Thu	Fri
		1 POPCORN CHICKEN OVEN BAKED FRIES GREEN BEANS ASSORTED FRUIT	2 NACHOS! SEASONED BEEF WITH CREAMY CHEESE SAUCE TORTILLA CHIPS SEASONED RICE LETTUCE & TOMATO ASSORTED FRUIT	3 HOUSE MADE PIZZA SPINACH SALAD WITH BLACK BEANS ASSORTED FRUIT
6 BRUNCH FRENCH TOAST STICKS TURKEY SAUSAGE HASH BROWN POTATOS ASSORTED FRUIT	7 PROFESSIONAL DEVELOPMENT NO SCHOOL!	8 CHICKEN NUGGETS TATER TOT POTATOS GARLIC KNOT SPINACH SALAD WITH BLACK BEANS ASSORTED FRUIT	9 CHICKEN CAESAR WRAPS ASSPRTED CHIPS CAULIFLOWER WITH HUMMUS ASSORTED FRUIT	10 VETERANS DAY OBSERVED NO SCHOOL!
13 MIKES CHEESE BITES MARINARA SAUCE GARLIC KNOT DILL ROASTED CARROTS ASSORTED FRUIT	14 HOUSE MADE MACARONI & CHEESE GARLIC KNOT STEAMED BROCCOLI ASSORTED FRUIT	15 BREADED CHICKEN SANDWICH OVEN ROASTED POTATOS ASSORTED FRUIT	16 CHEESEBURGER ON A WHEAT ROLL ONION RINGS HOUSE MADE COLE SLAW ASSORTED FRUIT	17 HOUSE MADE PIZZA SPINACH SALAD WITH BLACK BEANS ASSORTED FRUIT
20 MOZZARELLA STICKS MARINARA SAUCE GARLIC KNOT ROASTED GREEN BEANS ASSORTED FRUIT	21 ROAST TURKEY DINNER! ROAST TURKEY WITH MASHED POTATOS & GRAVY MINI CORN MUFFIN CRANBERRY SAUCE ROASTED BROCCOLI ASSORTED FRUIT	22 THANKSGIVING RECESS	23 THANKSGIVING RECESS	24 THANKSGIVING RECESS
27 GRILLED CHEESE ONION RINGS CINNAMON CARROTS ASSORTED FRUIT	28 PASTA & MEATSAUCE GARLIC KNOT ROMAINE MIXED SALAD ASSORTED FRUIT	29 MADARIN ORANGE CHICKEN FRIED RICE DINNER ROLL ROASTED CAULIFLOWER ASSORTED FRUIT	30 HAM GRINDERS WITH PROVALONE CHEESE, LETTUCE & TOMATO HOUSE MADE PASTA SALAD CAPE COD CHIPS ASSORTED FRUIT	