



TCCHS Menu

October 2023

Monday

Tuesday

Wednesday

Thursday

Friday

CELEBRATING NATIONAL SCHOOL LUNCH WEEK "LEVEL UP With SCHOOL LUNCH"

2 SAUSAGE BISCUIT / HASHBROWN MUFFINS
Chicken Alfredo / Breadstick
BBQ Sandwich
Roasted Broccoli
Sweet Potato Fries
Coleslaw

3 PANCAKE PUP / POPTARTS
Beef & Cheese Nachos
Lettuce/ Tomato / Salsa
Mexicali Corn
Cuban Black Beans & Rice
Chicken Sandwich / Waffle Fries
Lettuce / Tomato / Pickles

4 CHICKEN BISCUIT / CEREAL
Breaded Chicken / Cornbread
Hamburger / French Fries
Mac & Cheese
Collard Greens
Black-Eyed Peas
Lettuce / Tomato / Pickle

5 HAM & CHEESE CROISSANT DONUTS
Chicken Tenders
Side of Buffalo Sauce
Texas Toast
French Fries
Carrot & Celery Sticks

6 BREAKFAST PIZZA / CEREAL
Vegetable Soup / Grilled Cheese
Corn Dogs
Side Winders
Broccoli Salad
Veggie Cup
Cinnamon Rolls

9

10

11

12

13

FALL BREAK—NO SCHOOL

16

**NO SCHOOL
TEACHER WORKDAY**

17 BREAKFAST PIZZA / MUFFINS
Meatball Sub / Tots
Country Fried Chicken w/ Gravy
Homemade Rolls
Mashed Potatoes
Green Beans
Veggie Cups

18 APPLE CINNAMON TOAST POPTARTS
Hoagie Subs / Baked Chips
Baked Spaghetti / Breadstick
Roasted Broccoli
Veggie Cups
Lettuce / Tomato / Pickle

19 CHICKEN BISCUIT MINI PANCAKES
General Tso's Chicken / Rice
Vegetable Spring Roll
Stir-Fry Vegetables
Cheeseburger / French Fries
Lettuce/ Tomato / Pickle
Baked Beans

20 BREAKFAST IN A CUP
Boneless Wings / Texas Toast
Side of Buffalo Sauce
Side Winders
Whole Kernel Corn
Carrot & Celery Sticks
Broccoli Salad
Treat

23

**MUFFINS
SAUSAGE BISCUIT / HASHBROWN**
Chicken Alfredo / Breadstick
BBQ Sandwich
Vegetable Medley
Sweet Potato Fries
Coleslaw

24 PANCAKE PUP / POPTARTS
Beef & Cheese Nachos
Lettuce/ Tomato / Salsa
Mexicali Corn
Refried Beans
Chicken Sandwich / Waffle Fries
Lettuce / Tomato / Pickles

25 CINNI MINIS / CEREAL
Breaded Chicken / Cornbread
Hamburger / French Fries
Mac & Cheese
Collard Greens
Black-Eyed Peas
Lettuce / Tomato / Pickle
Broccoli Salad

**26 DONUTS
HAM & CHEESE CROISSANT**
Chicken Tenders
Side of Buffalo Sauce
Texas Toast
French Fries
Carrot & Celery Sticks

**27 BREAKFAST IN A CUP
Brunch for Lunch**
French Toast Sticks / Sausage
Yogurt
Hashbrown Patty
Baked Sweet Potatoes & Apples
Mini Corn Dogs & Side Winders
Carrot Dippers
Treat

30

BREAKFAST PIZZA / MUFFINS
BBQ Plate
Hot Dog / Chips
Texas Toast
Mac & Cheese
Baked Beans
Coleslaw

31 SAUSAGE BISCUIT / CEREAL
Hamburger Steak w/ Gravy / Roll
Green Beans
Mashed Potatoes
Chicken Bacon Ranch Sandwich
Tater Tots / Broccoli Salad
Lettuce / Tomato
Halloween Treat



Assorted Smart Mouth Pizzas available daily.

Salad Bar and Salad Shakers available daily.

**Assortment of Fruit and Milk served daily with breakfast and lunch.
Celebrating National School Lunch Week October 2nd—6th!**



****Menu subject to change****

This institution is an equal opportunity provider.