



Hand n Hand Menu October 2023

Monday

Tuesday

Wednesday

Thursday

Friday

CELEBRATING NATIONAL SCHOOL LUNCH WEEK "LEVEL UP With SCHOOL LUNCH"

2

CINNI MINI

Chicken & Waffles
Potato Wedges
Orange Yum-Yum

3

SAUSAGE BISCUIT

Beef & Cheese Nachos
Mexicali Corn
Black Bean Salsa

4

PANCAKES

Ms. Char's "Cutie" Box
Deli Meat, Cheese & Crackers
Celery Sticks
Apple Slices & Chocolate Dip

5

APPLE CINNAMON TOAST

Breaded Chicken / Cornbread
Collard Greens
Black-Eyed Peas

6

CEREAL

Vegetable Beef Soup
Triangle Grilled Cheese
Carrot Dippers
Cinnamon Rolls

9

10

11

12

13

FALL BREAK—NO SCHOOL

16

NO SCHOOL

TEACHER WORKDAY

17

CEREAL

Spaghetti & Meat Sauce
Breadstick
Roasted Broccoli

18

CHICKEN BISCUIT

BBQ Slider
Baked Beans
Creamy Coleslaw

19

MUFFINS

Popcorn Chicken
Mac & Cheese
Green Beans
Mashed Potatoes

20 FRENCH TOAST STICKS

Pizza
Whole Kernel Corn
Carrot Dippers
Treat

23

CINNI MINI

Chicken Slider
Waffle Fries
Carrot Dippers

24

SAUSAGE BISCUIT

Beef & Cheese Nachos
Mexicali Corn
Black Bean Salsa

25

PANCAKES

Ms. Char's "Cutie" Box
Deli Meat, Cheese & Crackers
Celery Sticks
Apple Slices & Chocolate Dip

26

APPLE CINNAMON TOAST

Breaded Chicken / Cornbread
Turnip Greens
Orange Yum-Yum

27

CEREAL

Mini Corn Dog
Baked Beans
Tater Tots
Treat

30

BREAKFAST PIZZA

Hamburger
Crinkle Cut Fries
Lettuce / Tomato / Pickle

31

WAFFLES

Spaghetti & Meat Sauce
Breadstick
Vegetable Medley
Halloween Treat



Assortment of Fruit and Milk served daily with breakfast and lunch.
Celebrating National School Lunch Week October 2nd—6th!



Menu subject to change

This institution is an equal opportunity provider.