

PROTOCOL FOR ADMINISTRATION OF HOMELY REMEDIES

At ABA school clinic, we keep a stock of over the counter (OTC) medications (homely remedies) for administration to students/pupils when required. Any student who requires regular medication from the list of homely remedies will be reviewed by the School Nurse and have the medication provided for the student's sole use.

Staff taking pupils on school trips may also administer homely remedies or prescribed medication after being first-aid certified and having a short training session with the School Nurse.

The following homely remedies will be administered only after obtaining consent from parents:

Medication	Indication
Paracetamol tablets/suspension	Pain, fever
Tab Loratidine 10mg	Mild allergies, runny nose, nasal itching, watery eyes
Tab Aerius 5mg	Mild allergies
Tab Imodium 4mg	Diarrhoea
Tab Buscopan 10mg	Abdominal cramps
ORS sachets	Dehydration, dizziness
Syp Gaviscon	For indigestion

The following homely remedies are administered to students while at school. Kindly notify the school nurse if any of these medications need to be withheld for your child for any reason.

Medication	Indication
Strepsils Lozenges (Lemon and Honey)	Sore throat, cough, throat irritation or itchiness
Koflet syrup	Severe cough (dry or productive)
Strepsils/anti-bacterial throat lozenges	Sore throat/Cough

Ketoprofen gel (Fastum) Voltaren gel Deep heat ointment Deep heat spray	Soft tissue injuries for pain relief as an anti-inflammatory (For >12 years)
Systane eye lubricant	Eye irritation due to dust or dirt
Saline 5ml solution	Nasal congestion
Saline 10ml solution	Wound cleaning
Teejel paediatric teething gel	Mouth ulcers
Fenestil gel	Mosquito bites, rashes on skin, skin irritation or itchiness, sunburn

Before administering any medication, the health form of the student will be checked for allergies or restrictions. Any medication issued will be informed to the parent/guardian either via email or telephone call.

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