

Lunch Menu

North Merrick Elementary Schools

November 2023

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES

WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday


or

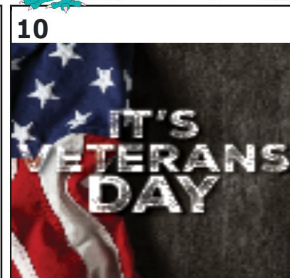
6 Mozzarella Sticks 
Marinara Sauce Dip
Or Chicken Nuggets
Sauteed Zucchini
Cherry Tomatoes
Fresh Red Delicious
Apple
Diced Pear Cup

**SCHOOL
CLOSED
TODAY**



8 Sausage and Egg
Sandwich
or Chicken Nuggets
Steamed Carrots
Grape Tomatoes
Fresh Orange
Strawberries

9 Homemade Pasta &
Meatballs 
or Chicken Nuggets
Steamed Broccoli
Cucumber Coins
Fresh Green Grapes
Fresh Pear



13 Grilled Cheese
Sandwich 
Chicken Nuggets
Crispy Potato Puffs
Celery
Fresh Red Delicious
Apple
Watermelon Slices

14 Crispy Chicken
Sandwich
Spicy Chicken Sandwich
Chicken Nuggets
Whole Wheat Dinner
Roll
Roasted Broccoli
Fresh Baby Carrots
Fresh Strawberries
Sliced Oranges





15 Fluffy Whole Grain
Waffles 
With Syrup
Chicken Nuggets
or Crispy Potato Puffs
Steamed Carrots
Fresh Red Delicious
Apple
Diced Pear Cup

16 Nachos Grande
or Chicken Nuggets
Whole Wheat Dinner
Roll
Sweet Potato Fries
Cucumber Coins
Sliced Oranges
Fresh Red Delicious
Apple

17 Classic Cheese Pizza 
or Pepperoni Pizza
Side Garden Salad
Sauteed Spinach
Fresh Pear
Fresh Grapes



20 Homemade Mac &
Cheese  
Whole Wheat Dinner
Roll
or Chicken Nuggets
Roasted Broccoli
Carrot Sticks
Watermelon Slices
Fresh Strawberries

21 Crispy Chicken
Drumstick
or Chicken Nuggets
Green Bean Salad
Fresh Baby Carrots
Fresh Orange
Sliced Apples



22 Fluffy Whole Grain
Waffles 
With Syrup
Chicken Nuggets
Steamed Carrots
Watermelon Slices
Fresh Orange



**SCHOOL
CLOSED
TODAY**


27 Cheesy Stuffed Bread
Sticks 
Marinara Sauce Dip
or Chicken Nuggets
Steamed Zucchini
Celery
Fresh Pear
Sliced Apples

28 Cinnamon French Toast

With Syrup
or Chicken Nuggets
Crispy Potato Puffs
Fresh Red Delicious
Apple
Celery
Diced Pear Cup



29 Crispy Tacos 
Sour Cream
Mild Salsa
or Chicken Nuggets
Carrot Sticks
Fiesta Corn
Fresh NY Local Apple
Watermelon Slices

30 Fluffy Whole Grain
Waffles 
With Syrup
Chicken Nuggets
Crispy Potato Puffs
Celery
Fresh Red Delicious
Apple
Watermelon Slices

Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

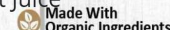
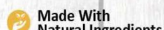
**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Adult Lunch \$5.50 + Tax

Lunch served with choice of grains, meat/meat alternative assorted fruit choices and milk



Daily Offerings

Chicken Nuggets with Dinner Roll

Yogurt Lunch with Roll and Cheese Stick

Bagel Lunch with Butter or Cream Cheese & Cheese Sticks

Cheese Sandwich

Fresh Fruit and Vegetables

FF Chocolate or White and 1 % Milk

Assorted 100 % Fruit Juice