



# Trinity West PTA

## MONTHLY NEWSLETTER

### NOVEMBER 2023



## School Snapshot

By Principal Michelle Ostrosky

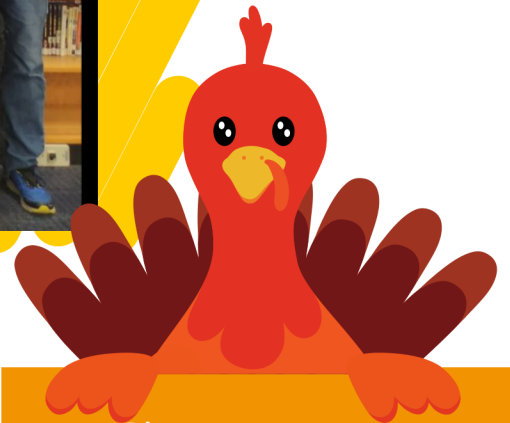
### Looking Back in October...

October was a busy month! The month was started off by celebrating Pink Week and Fire Prevention. The students loved meeting with the North Franklin VFD and learning all about fire prevention. Trunk or Treat was a huge success, not to mention a beautiful night! We had over 400 trick-or-treaters participate this year along with their families. Mrs. Merich's classes from the high school came to read stories they created to our primary students. Red Ribbon Week was celebrated in many ways across the grade levels throughout the last full week. The end to the many activities in October - our school Halloween parade and classroom parties!

### Looking Ahead in November...

Trinity West staff and students will be partnering with the Washington Humane Society to help support all the animals who will not have a home for the holidays. We will be asking grade levels for specific donations from November 13th – December 15th. Look for more information to come home the first week of November.

As always, if you have any questions or concerns, please feel free to contact me! Have a wonderful month - it's hard to believe it's November already!!



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## Keeping Kids Healthy By Nurse Amanda

School is a place where kids learn and grow, develop social skills, and become more independent. It can also be a place where they pick up germs and illnesses. Helping kids establish important habits at home and school can keep them healthy throughout the school year.

- Handwashing is one of the most important ways to prevent illness. Teach kids how to wash their hands (warm water and soap for at least 20 seconds) and when to wash their hands (after using the restroom and blowing their nose and always before eating).
- Establishing good sleep habits is also important to keeping kids healthy. Lack of sleep can lead to illness, poor concentration, obesity, depression, and injuries.
- Exercise and limiting screen time can help kids sleep better and is associated with fewer illnesses and better overall health.
- Eating healthy meals and snacks provides kids with the nutrients that they need to stay healthy.

## Shining a Light on Autism

Thanksgiving can be difficult for many people on the autism spectrum. Many children with autism live with food aversions and selectivity, making the thanksgiving holiday even more challenging to navigate. The sensory overload of a large family gathering, the pressure of small talk, and the need to conform to social norms can also be overwhelming.

## WHAT'S FOR DINNER?

**Thanksgiving is about spending time with loved ones, being thankful, and eating a ton of good food! Here is a list of favorite food items from some of your Trinity West Staff!**

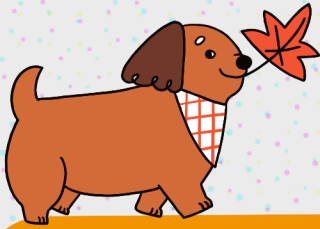
Mrs. Ostrosky- Dry Dressing  
Ms. Kline- The Dessert!  
Mrs. Scott, Mrs. Compus, Mrs. O'Neil, Mrs. Paluda, Mrs. Richmond,  
Mrs. Graham, Mrs. Patrick, Mrs. Bloemker, Mrs. Lowden, Mrs.  
Koskoski, Mr. Daviduk, Mrs. Batson, Mrs. Walker and Mrs.  
Fazenbaker- Stuffing  
Mr. Hughes and Officer Barry- Turkey  
Mrs. Wilttrout- Cranberry Sauce  
Mrs. McClellan and Ms. Hoobler- Sweet Potatoes  
Mrs. Kirkpatrick-Moser, Mrs. Spisso and Mrs. Chopp- Pumpkin Pie  
Mr. (Bob) Reese- Ham  
Mr. Zurisko- Sweet Potato Casserole  
Mrs. Haught- Homemade Noodles  
Mrs. Smith- Corn Casserole, Green Bean Casserole  
Ms. Beonka & Ms. Kay- Mashed Potatoes and Sweet Potatoes  
Ms. Wise- Noodles and Stuffing  
Ms. Andrews- Turkey and Stuffing  
Mrs. Layhue- Mashed Potatoes







# Trinity West PTA NEWSLETTER



## PTA UPDATE

Thank you to everyone who helped with our October fundraisers and events. October was a very busy month for the PTA! First grade had a party for winning the Penny War, we hosted fire prevention week (where the kids enjoyed special guest firefighters and giveaways), held our annual Trunk-or-Treat fundraiser, and coordinated Red Ribbon and Pink spirit weeks (to raise drug prevention and breast cancer awareness respectively) - PHEW! Our fundraisers were extremely successful, which means more student rewards and fun events for our kiddos! As we look to November, we are excited to host our Veteran's Day assembly, kick-off a new spirit wear store through Bee Graphix, and roll out our holiday fundraisers with Sarris and Wagner's Greenhouse.



Our first schoolwide PBIS reward will be on November 30th. Barn Hill Reserve will be here with many animals to share with the students. More information to come later in November!!

## ALL ABOUT PBIS

We're off and running with our program at Trinity West! Kids are showing they can Be Safe, Be Ready, and Be Kind in our buildings! And our hope is that they will continue to do so outside of our buildings too! Encourage your student(s) to display those qualities at the grocery store, at a relative's house, and even in your own home! Most kids love to work toward rewards- even if that reward is just verbal praises!





# Trinity West PTA NEWSLETTER



## Trunk or Treat

Our annual Trunk-or-Treat fundraising event was a HUGE success! We had a better-than-ever spook house, a bigger inflatable zone, a trackless train, games, concessions (we sold out of cotton candy!), face painting, and what parents hopefully felt was a smoother ticketing process.

Many thanks to our volunteers and trunk providers! We couldn't have done it without you! Congrats to our trunk winner, the Vranek family, for their jaws themed trunk!

Thank you again to our sponsors: The Cheerful Balloon, Detail Delivered, Angelo's Restaurant, Studio Seven, Impiccini Bus Company, Brush Pro Painting, and Hilderbrand Contracting.







# Trinity West PTA NEWSLETTER



Mrs. Buri has been sharing the plethora of items we have in our lost and found on Class Dojo. Some items have made it back to their home, but many have not. If your child is missing coats, sweatshirts, lunchboxes, etc. please have them check the lost and found!

## Lost & Found

## COUNSELOR'S CORNER

By Mrs. Gallagher

As November comes, it brings in the season of Thanksgiving and thankfulness, also kindness! Monday, November 13th is World Kindness Day! In honor of that day- encourage your student to participate! It is also a PBIS expectation- Be Kind (see the PBIS section)!

Some examples could be: using kind words, doing something nice for a peer, using manners (excuse me, thank you, please, good morning), holding the door for someone, etc.

Remember: You are the best example for your student, so the more you show these to your family and others, the more your child(ren) will too!



## TEACHER SPOTLIGHT Hannah Kline

Hi Hiller Nation! My name is Hannah Kline and I am the Physical Education teacher at Trinity West and Trinity South. If I am not at school, you can find me coaching Monessen Varsity Girls Basketball. I also coach my niece and nephew in basketball and baseball. I love going to the gym, playing softball, golfing and lifting weights.

I have two puppies Fin and Stella that I get to meet at home. I am so happy to be a Hiller!



## SURVEY SAYS

We surveyed 63 First Grade students and asked them:

"Which would you prefer to eat on Thanksgiving Day?"

a) Turkey; b) Chicken Nuggets; c) Pizza

1st Place: Turkey (24 votes)

2nd Place: Pizza (23 votes)

3rd Place: Chicken Nuggets (16 votes)







# November



## CALENDAR

**MONDAY** **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**



**NEW**  
Spirit  
Store



6

7

13

14



**15**  
**CHIPOTLE**  
Dine to Donate  
4:00-8:00PM

Holiday  
Fundraisers Due



16

17



Trinity Spirit  
Day

1

Holiday

Fundraisers Kick  
Off



2

Wear Black &  
Gold



3

Trinity Spirit  
Day



6

7

8

Bracelet &  
Necklace Sale  
During Lunch  
Proceeds benefit  
PA VetPets



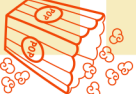
9

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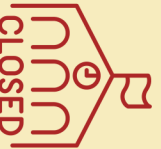


10

Popcorn Sale



27



No School

THANKSGIVING BREAK

28

29

Makeup Picture  
Day



30



Chick-fil-A  
Receipts Due

**20** PTA Meeting  
at 4:00PM



School Store  
K & 5th Grade

21



School Store  
1st & 4th Grade

22

2 Hour Early  
Dismissal



School Store  
2nd & 3rd Grade

23



THANKSGIVING BREAK

24



Be in the know!  
Check out  
our PTA Website

